



WILLOWS
HIGH SCHOOL



Use Google Translate
to change to your preferred
language.

BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO

Weekly Newsletter – 02.05.2025

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Helo!

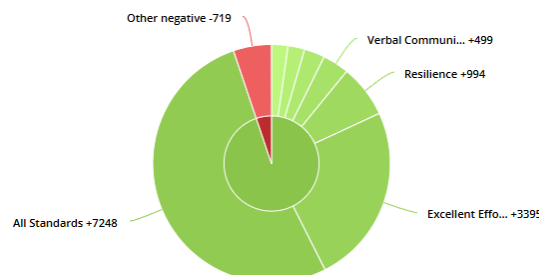
Belong, Believe, Achieve:

This week our pupils from Years 7, 8 & 9 have been working through the National Tests in Numeracy and Literacy. Our pupils have been engaging in sporting competitions and taking part in a workshop from a visiting West End star. Our assemblies this week have been provided by Mr. Lo Celso, who has been looking at our routines at Willows, explaining why we have them and why they are so important.

Merits: 28.04.2025-02.05.2025.

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners.

Willows High School Conduct Overview
28/04/2025 - 02/05/2025



Year Group	Total	Excellent Effort	Merit Champions
Year 7	2590	7Socrates	Ariel Okoh
Year 8	2778	8Mozart	Korede Okpako/Ethan Higgins
Year 9	2951	9Hepworth	Kelvin Imade
Year 10	2776	10Curie	San Karim
Year 11	2057	11Edwards	Falah Alajmi

Dates for your Diary:

- 7th May – PACE Project, Cardiff University of Medicine.
- 7th May-- Year 11 Colour Run.
- 8th May – GCSE Maths Numeracy.
- 8th May – PR Gang Cowshed.
- 8th May – Urdu Speaking Exam.
- 8th May – Turkish Speaking Exam.
- 9th May – GCSE Drama
- 9th May – Russian Speaking Exam.
- 12th May – GCSE English Lit Unit 1 (am)
- 12th May – GCSE Persian Speaking exam
- 12th May – GCSE Computer Studies (pm)
- 12th May – Steel Signing Event
- 13th May – GCSE Geography Unit 1 (am), GCSE Science (pm)
- 14th May – EAL Llandaff Treasure Trail



Our Valued Partners

cowshed



VOCO | St. David's
Cardiff



ARUP

Taylor
Wimpey



School News:

Gardening Workshop

Pupils attended a garden workshop at 'Global Gardens' before the Easter holidays. The garden session included seed sowing, bed preparation and planting out seedlings, culinary and medicinal herbs, crop rotation and families, organic approaches to gardening and composting.

The pupils returned this week to cook using fresh ingredients from the allotment, they cooked fresh fruit crumble and a pizza in the wood fire pizza oven whilst having fun in the sun!



Academic Vocabulary Bees

The end of term saw outstanding performances from our Year 10 and Year 7 class teams in their termly Vocabulary Bees. It was closely fought on both counts but in the end 10DW and 7DB were victorious! Bendigedig to all.

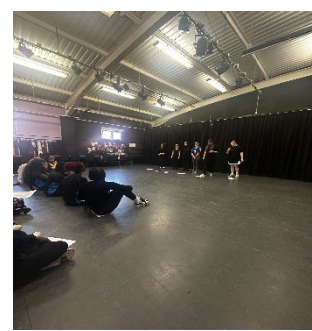
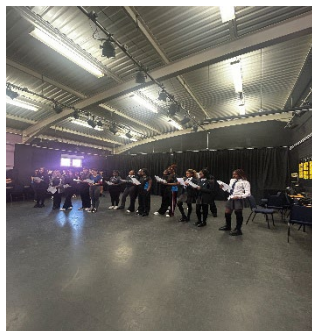


Six The Musical Workshop

Pupils had a fantastic opportunity in Performing Arts this week. West End Star Amelia Atherton lead singing, acting and dancing workshops where pupils learned routines and songs from the hit West End Show Six.

The talent we have in this school is outstanding and we definitely have potential for future stars of the West End.

A huge thank you to Amelia for taking the time to come and meet our pupils, there was also the opportunity to ask her questions about the industry and get an insight and top tips for auditions. It was a fantastic day, enjoyed by both pupils and staff.



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May the Fourth Be with You! – Star Wars Day in the Resource Base

The pupils in our Specialist Resource Base celebrated *Star Wars Day* with a galaxy full of fun! We played exciting themed games like Top Trumps and a memory game, and we even built our very own starfighters out of LEGO.

Some of us relaxed with mindfulness colouring featuring our favourite characters, while others enjoyed watching parts of the Star Wars films.

To top it all off, we had a surprise visit from Darth Vader and Princess Leia themselves! The children were thrilled to meet these iconic characters from a galaxy far, far away.

It was a day filled with imagination, laughter and plenty of Star Wars magic — the Force was definitely with us!



Football



season whatever happens.

Our Year 9 boys travelled to Cardiff West High School on Wednesday for a football match. This was their final game in preparation for the CVSFA Plate final in 2 weeks' time. It was absolutely scorching, credit to both teams for playing in such tough conditions. Willows ran out winners in a tight game 2:1 thanks to goals from Jayden Inyang and Dan Osipovs. A very exciting 2 weeks ahead for this team, after clinching the league title they will contest the cup final to see if they can complete the double. A truly fantastic

CVSFA Cup Finals
Tuesday 13th May
@Cardiff West CHS, Penalty Road, Cardiff, CF5 5XP

Year 9 Plate 3:15pm ko	WILLOWS 	CANTONIAN
Year 10 5pm ko	ST CYRES 	STANWELL
Year 8 6:45pm ko	BRO MORGANNWG 	WHITCHURCH

£4 adult entry, £1 U18 entry
www.cardiffandvalesfa.cymru

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VOCO St. David's Cardiff



ARUP

Taylor Wimpey



JOHN LEWIS & PARTNERS



Year 11 Enrichment Sessions – Revision Skills:

Since September, Year 11 have received Enrichment lessons to help build their revision skills. Pupils have been taught a variety of techniques such as:

- Mind Mapping
- Flash cards and the Leitner System
- Revision with Friends
- Carousel Homework
- Just a Minute
- Cornell Notes

There are links to videos explaining all of the above to parents on our school website. Pupils in Year 11 should now be considering upping the amount of revision they are completing to **two hours per evening**. All pupils have access to revision time-table templates and can ask for more whenever they need them.

Week: _____	The secret to getting ahead is getting started		Do something today that your future self will thank you for		There is no elevator to success, you have to take the stairs		The expert in anything was once the beginner		To change your life you need to change your priorities	
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Revision Timetable		
07:00										
08:00										
09:00										
10:00										
11:00										
12:00										
13:00										
14:00										
15:00										
16:00										
17:00										
18:00										

The pupils are aware of the potential barriers to their concentration such as busy households or too much time on technology. Please discuss this with your child and support them so that they can revise effectively at this important time in their lives. Some ideas for parents may be:

- Locking the pupils' phone / gaming device for an agreed amount of time each night.
- Testing the pupils out loud after they have revised a topic
- Limiting the time that they go out with friends on week nights.
- Encouraging them to stay focused and show you their revision notes after each revision session



Pupils have also been informed of a variety of in school support such as our school library, after school revision sessions and the availability of free resources.

A number of pupils have admitted that their greatest barrier is themselves as they are easily distracted, lose motivation or don't persevere when the work is difficult. As well as the work we are doing in school on this, it would benefit our pupils if you could talk to your child about this and try to come up with motivational techniques to keep them focused.



We believe in our pupils and want everyone to succeed. If you need any help with this or have any questions, please e-mail Kelly.bubbins@willows.cardiff.sch.uk

Our Valued Partners



Shwmae! Why not practice your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced.

The first table contains basic terms and phrases. The second table contains extended terminology and language patterns, for the more advanced learner. Send any queries or questions to

willowswelsh@willows.cardiff.sch.uk

Welsh Terms of the Week Week Thirteen

Welsh	Phonetic	English
Shwmae?	Shoo-my	How's things?
Bore-da	Bor-eh-dah	Good morning
Prynhawn-da	Prun-hawn-dah	Good afternoon
Hwyl-fawr	Hoil-vow-r	Good-bye
Diolch	Dee-ol-ch	Thank-you

willowswelsh@willows.cardiff.sch.uk



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The Willows Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal of the day £3.40	Spinach ricotta tortellini in a mushroom cream sauce Garlic bread	Chicken Kiev served with cheesy vegetables mashed potatoes	Hunter chicken served with herb rice	Katsu chicken	Fish and chips Salmon fishcake (every other week)
Vegetarian option	Spinach ricotta tortellini in a mushroom cream sauce Garlic bread	Cheese, leek and potato pie served with cheesy vegetables mashed potatoes	Red pesto and roasted veg pasta	Veggie katsu	Vegetable and macaroni cheese bake
Sides of the day	Diced squash / salad Courgettes Onions, peppers and mushrooms	Green beans / salad potatoes / carrots onions / butternut squash	Rice Boiled potatoes Peas / salad	Noodles Stir fry mix Beansprouts / salad	Mushy peas Chips Beans / salad
Dessert	Toffee muffin with custard	Fruit jelly	Trifle	Rhubarb crumble with custard	Brownie
Hot and cold snacks	Cheeseburger £1.75 or Cheese burrito £3.00	Calzone £1.75 or Katsu curry wrap £3.00	Hotdog £2.60 or Veggie hotdog £2.60	Cheese and onion panini £1.75 or Minted lamb wrap £3.00	Cheesy chips and beans £2.75 or Chicken burger £2.75
	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80 Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80 Yogurt £0.90 / Fruit £0.50	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80 Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80 Yogurt £0.90 / Fruit £0.50	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80 Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80 Yogurt £0.90 / Fruit £0.50	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80 Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80 Yogurt £0.90 / Fruit £0.50	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80 Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80 Yogurt £0.90 / Fruit £0.50

New Canteen Menu!

The Catering Team have developed a new canteen menu for this term. We are grateful for the input from our pupils in the development of the new dishes and welcome any feedback.

Facilities to hire after school



Please contact our Estates Manager if you would be interested in hiring our Learning Lounge or Theatre after school hours – Cyril.royer1@willows.cardiff.sch.uk

The Learning Lounge is colourful and bright space, with a tea/coffee making utilities, comfy seating, as well as more private areas to sit. We also have a larger area from which adult education and skills building classes and groups are run.

The Theatre has a large stage and seating area which can be used for performances or other activities.



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E Platform Learning

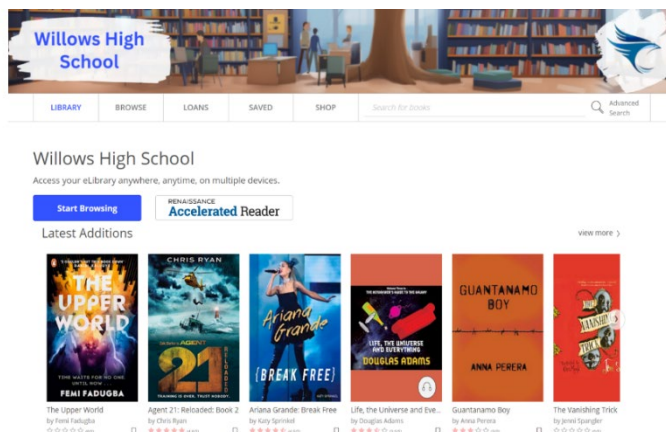
We are pleased to confirm that our subscription for E-Platform is now live. All pupils have been provided with an account and login details. A letter confirming these details will also be sent out shortly.

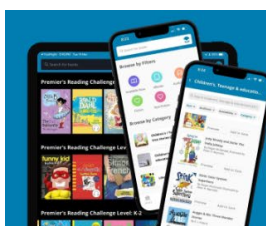
E-Platform is an online library where our pupils can choose and read books of their choice in line with their reading age. It is a great addition to our school and allows pupils to read anytime and anywhere.

The E-books can be accessed via the E-platform app, which can be downloaded via the QR code below. Alternatively, use the following website:



<https://willowshighschool.eplatform.co/>
To use please use setup code 5452. Your username will be the same as your STAR test, password is *book*. All pupils have been provided with these details but please ask your English or J7 teacher will have these details if you are unsure.

STAR tests for this term have also been completed for KS3 and results will be shared shortly. As a reminder, we ask that all pupils read for a minimum of 20 minutes a day. This will have a huge impact on their literacy levels and ensure success in school and beyond. If you have any concerns about your child's reading, please do not hesitate to contact their English or Journey 7 teacher.






Access your eLibrary anywhere, anytime,
on multiple devices



SCAN TO LAUNCH APP



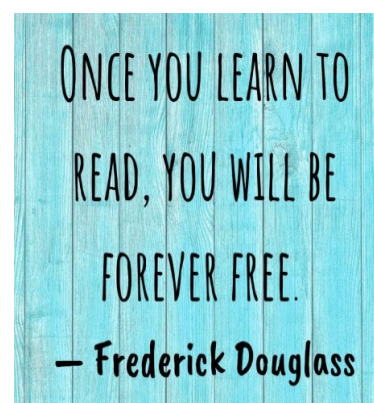
Or add using your setup code **5452**

Readers of the Week

A massive well done to our Readers of the week! These are pupils who have been consistently reading on our e-book platform as well as making the most of our school library! Please come and see Ms Nelms for your golden tickets!





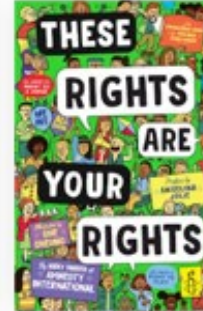

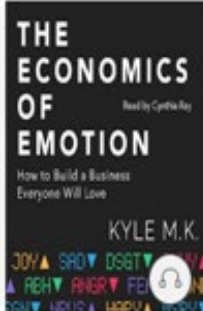





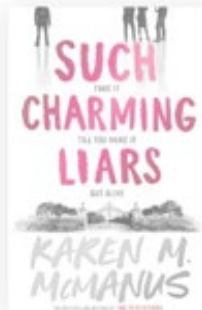
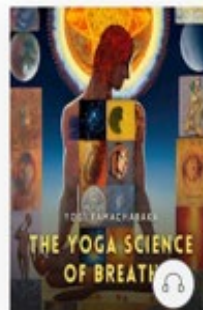
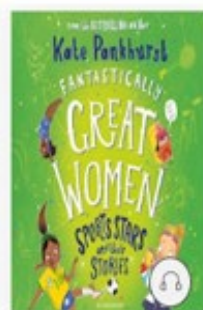
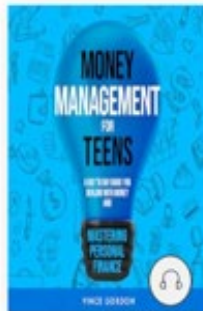

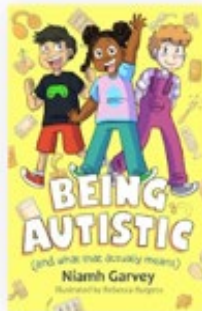


1. 7AT – Poppy Hollywood, 7DB-Emmanuel Imade
2. 8MO -Teja Bertulyte, 8MO Malakai Carter
3. 9HP –Amelia Leonard, 9HP Ishaan Shine.

It is really important that you continue to read at home. We ask that all pupils read for a minimum of 20 minutes a night (please give them a reading merit when they do so!). These 20 minutes can make a huge difference in terms of progressing in all areas. Pupils have access to the library after school as well as every two weeks as part of their English lessons as well as the E-platform which can be used 24/7, information above.



Our Valued Partners

New Releases on E-Platform.

 <p>Percy Jackson and the ... by Rick Riordan ★★★★☆ (3.5/5)</p>	 <p>Lola Reyes Is So Not Wo... by Cindy L. Rodriguez ★★★★☆ (3.5/5)</p>	 <p>Cobweb by Michael Morpurgo ★★★★☆ (3.5/5)</p>	 <p>Making Plans That Stick... by Josh Brazier ★★★★☆ (3.5/5)</p>	 <p>These Rights are Your R... by Amnesty International ★★★★☆ (3.5/5)</p>
 <p>Small Acts by Kate Gordon ★★★★☆ (3.5/5)</p>	 <p>The Economics of Emoti... by M.K., Kyle ★★★★☆ (3.5/5)</p>	 <p>By Chance Alone: The Y... by Max Eisen ★★★★☆ (3.5/5)</p>	 <p>Seriously HAPPY: 10 life... by Aldridge, Ben ★★★★☆ (3.5/5)</p>	 <p>Sleep Better to Thrive: ... by FRCP, Dr Sui H. Wong MD ★★★★☆ (3.5/5)</p>
 <p>Such Charming Liars by McManus, Karen M. ★★★★☆ (3.5/5)</p>	 <p>The Grandest Game by Jennifer Lynn Barnes ★★★★☆ (4.1/5)</p>	 <p>Such Charming Liars: T... by Karen M. McManus ★★★★☆ (4.4/5)</p>	 <p>The Yoga Science of Bre... by Ramacharaka, Yogi ★★★★☆ (3.5/5)</p>	 <p>Fantastically Great Wo... by Pankhurst, Kate ★★★★☆ (4.3/5)</p>
 <p>Money Management fo... by Gordon, Vince ★★★★☆ (3.5/5)</p>	 <p>The Wrong Shoes: The v... by Percival, Tom ★★★★☆ (3.8/5)</p>	 <p>Being Autistic (And Wha... by Niamh Garvey ★★★★☆ (3.2/5)</p>	 <p>You Can Do Anything: F... by Jonnie Peacock ★★★★☆ (3.5/5)</p>	 <p>The Fridge Has Somethi... by John Wood ★★★★☆ (4.3/5)</p>

Our Valued Partners

Period Standard Award

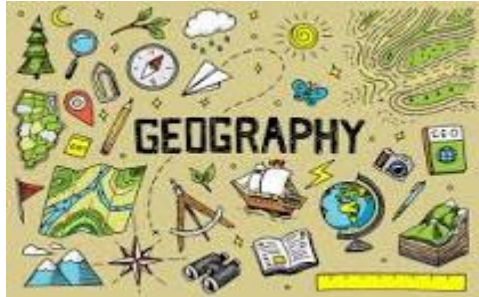
We are pleased to announce that we have recently been accredited with Merit in the 'Period Standard' and we are now on the pathway to achieving Distinction. This week, all of our Year 8 girls have been provided with a free set of 'period pants' (worth up to £80.00) and talked through how to use / wash them. We are proud to promote more environmentally friendly approaches.

If pupils in any other year group would like these, then please ask them to ask their Welfare Officer, Mrs. Bubbins or any member of staff they'd prefer to ask.



Geography Revision

Mr. Gill will be running a Year 10 and Year 11 Geography revision session every Thursday from 15.10pm-16.10pm until the end of the school year.



Adult Learning Classes

If you are interested in any upcoming courses or have any suggestions for courses that you would like us to look into running at Willows, please contact our Family Community Engagement Officer Karen Hunt using:

karen.hunt@willows.cardiff.sch.uk



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School Essentials Grant

Registering as eligible for free school meals with your Local Authority unlocks access to the School Essentials Grant. It also means schools get more funding. With the introduction of free school meals for primary pupils, many parents/carers do not realise that schools will lose out unless they continue to register as eligible. Even if you don't need the grant, registering here: <https://www.gov.wales/get-help-school-costs> will mean schools get additional funding.



School Prospectus/Parent handbook (2024-2025)

Our document containing all of the information you'll need for this year is available to view and download on our website [here](#). If you'd like to get your hands on a paper copy, they are available at the school Reception.



Uniform Recycling

We kindly ask if you have any pre-loved uniform to donate them to our Uniform Recycling Centre, please drop them to reception, they will be greatly appreciated!

Supporting Your Child During Exams

Please find a link below which may help you if your child is in Year 10 or Year 11 and has upcoming examinations, it is a Parent Workshop video around supporting your child during exam season. it is roughly 40 minutes and was created by the School In-Reach team, based within the Cardiff and Vale University Health Board.

<https://www.youtube.com/watch?v=CrulgiNZXHg>



Our Valued Partners

Attendance

Contact Details - Willows High School

To Report an Absence:

Year 8, Year 9 and the first half of Year 11 – (Surname - A to Khan)

Contact Donna Whitney using Classcharts (see How to report an absence in Classcharts)

Year 7, Year 10 and second half of Year 11 – (Surname - Khanal to Z)

Contact Amber Short using Classcharts (see How to report an absence in Classcharts)

Please do not use the old mobile numbers, email or reception.



Attendance Draw Winners (week ending 11th April 2025)



Fantastic Friday Weekly Draw - £50 of Amazon vouchers

Winner: Kamil Rana

Fast Pass Weekly Draw – go to the front of the canteen queue for a week with a friend

Year 7 winners: Abdulmonem Albarhou, Dylan Lake

Year 8 winners: Yara Magidub, Sakina Maqbool, Ethan Okonkwo

Year 9 winners: Zylan Abduli, Eliza Doubler.

Year 10 winners: Sumaya Abdillahi, Leen Al-Najjar.

Year 11 winners: Kayden Allen, Abdirahman Mohamed..

Attend Like a Champion!

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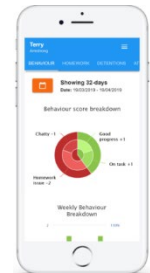
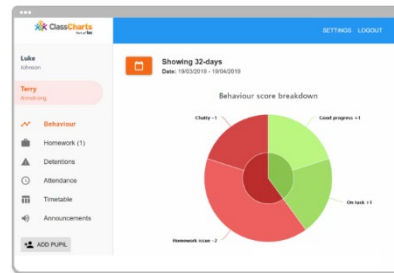


Class Charts

What is Class Charts?

Class Charts is an app that can be downloaded to your phone. You can use it to:

- keep track of your child's behaviour
- view attendance records
- access your child's weekly timetable
- be informed of and track detentions
- award your child merits for completing their home reading tasks
- view announcements from school.



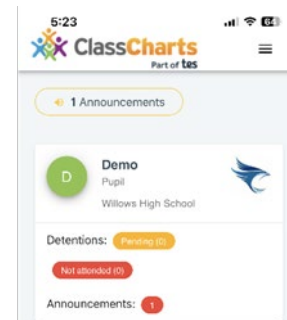
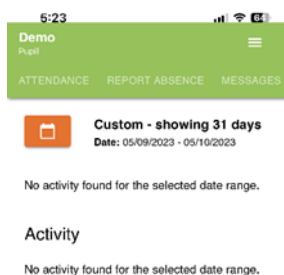
We would like all parents to sign up to Class Charts, as we are also going to be using this as the main way of sending all messages to you. Likewise, from after half term this will also be the main way that you can report your child's absence to us.

Thank you to all parents who have signed up to Class Charts this year and to those of you who continue to use it.

Please let your child's Head of Year know if you need a login code.

How to report an absence on Class Charts

1. Click on your Class Charts app and click on your child's name.

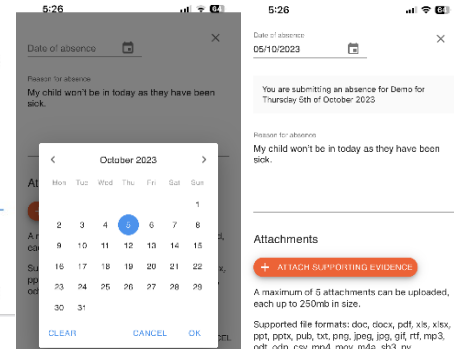
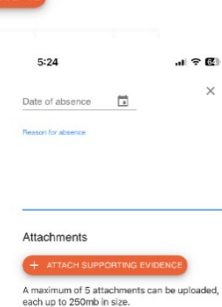


2. Scroll across the green band at the top and click 'report absence'.

3. Click on 'report new absence'



4. Tap the calendar for the date, type in the reason and attach any pictures of medical evidence, such as letters, emails or texts from the doctors, dentist or hospital



5. Click submit...it's as easy as that!

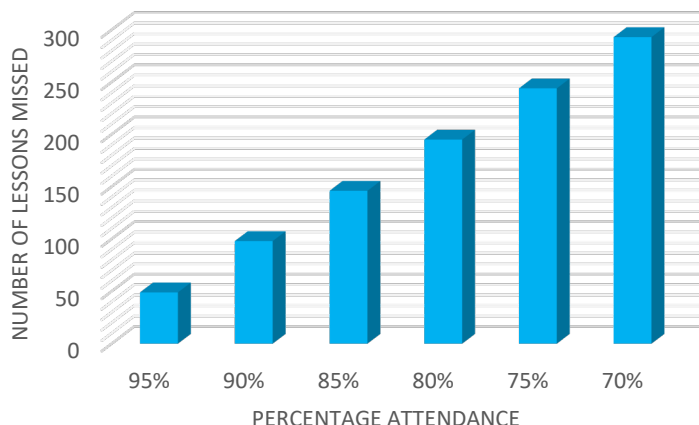
Please contact your child's Head of Year if you have any problems logging on and they will be happy to guide you through the process.

Our Valued Partners

Important information about attendance to school

In an exam, if you got 90% of the questions correct, you would probably think that this is a very good result.

Number of lessons Missed



Unfortunately, this doesn't translate to your child's attendance.

90% attendance for the school year means that your child has **missed 98 lessons**. How are they going to make that time back?

Even **95% attendance** which is the Welsh Government's threshold for good attendance means your child would have **missed 49 lessons** over the school year. This is a lot of work for your child to miss.

The chart above shows how quickly the number of lessons your child misses

increases as their attendance drops.

The greatest gift that we can give your child is an amazing set of examination results at the end of Year 11. To provide the best possible conditions for this to happen, your child needs to have as high an attendance percentage as possible.

Pupils are in school for 190 days of the year, **they are not in school for 175 days of the year.**

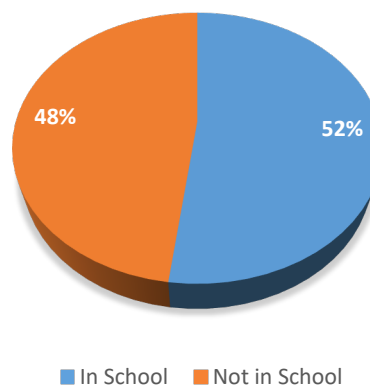
We believe that this is plenty of time for the majority of appointments to be made out of school hours.

Please consider your child's education before making appointments during the school day, and if you have no option, please consider how they are going to catch up on the work they have missed and report the absence every day through Classcharts.

Every pupil who is not in school is a potential safeguarding concern if we have not been notified by you.

We would be grateful if families would take the information above on board and we look forward to your support.

Days in School / Not in School



■ In School ■ Not in School

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Important Information for All Parents and Guardians

Please be aware that **Fixed Penalty Notices** are now being issued by Cardiff Council again.

If your child has more than 5 days of unauthorised absence since September 2022 or takes an unauthorised holiday, then you are at risk of a Fixed Penalty Notice Fine being issued.

Fines are **£60** at first, then rising to **£120** - if the fine is still not paid then you will be summoned to court and the fine and costs will rise again. **Please note these fines do not go away.** Please make sure to read any correspondence carefully.

To avoid being fined, please ensure that your child attends school every day - if there is a valid reason for absence, please contact the Attendance Team giving evidence where possible.



Lateness to School: Fixed Penalty Notices

Fixed Penalty Notices are already being requested for **poor attendance** and for **term-time holidays**.



After the Easter holidays we will be looking to request Fixed Penalty Notice fines for **lateness to school**. We ask that you speak to your child and discuss the importance of **arriving at school on-time for 9:00am line-up every day**. Your child is missing hours of education if they are consistently late to school.

If your child is regularly late to school then a request for a Fixed Penalty Notice fine will be actioned to the Education Welfare Service. The fine for this is £60, rising to £120, leading to a court summons & increased fines imposed. We **do not** want to have to request this – we would much rather your child be in school on time.

If your child is late to school because of an appointment then please provide evidence to the Attendance Team in the form of an appointment card or letter, etc.

Please help your child to arrive at school in good time. The main gates close at 9am – after this time your child is considered to be late and will need to sign in through Late Gates in the Learning Lounge, and then main reception.

Thank you for your support in this matter.

Willows Words



Did you know that accuracy with writing is worth 50% of the marks on the GCSE English writing tasks? It's also written into the marking schemes for most subjects. You can help your child by quizzing them on the spelling of our Willows Words; these are words that have been found to be commonly misspelled at GCSE. Every week, we'll publish a selection for you to quiz and repeat them in a loop to ensure that the learning is embedded.

1. conscience
2. environment
3. government
4. graffiti
4. occasion
5. privilege
6. restaurant
7. rhythm
8. truly
9. writing

Our Valued Partners

Uniform Reminder to Parents

Unfortunately, we are seeing a rise in the number of pupils who are attending school wearing the incorrect uniform, especially on days when they have P.E.

We would appreciate the support of families to ensure that pupils come to school appropriately dressed. On the right is the information in our Parent Handbook which sets out clearly the expectation for our pupils at Willows.

We have uniform for a reason, it is to act as a leveller for pupils. Everyone wears the same, so no-one can feel disadvantaged by those who might want to come into school wearing the latest brands and expensive labels. It is also there to ensure that the clothes that are worn are appropriate to the age of your child, not too revealing and suitable for walking around in throughout the day.

Pupils will be sent home to change if they are wearing inappropriate clothing, this will be the school's decision.

We would appreciate if you would discuss this with your child and take steps to ensure that they are appropriately dressed for school when they leave your house in the morning.

The school will make parents aware if there is any change to the school uniform due to increases in temperature, please do not send your child in P.E. kit if the weather is warm.

Crocs are definitely not part of the school uniform! Our Parent Handbook can be accessed on our website or by clicking the link below:

<https://indd.adobe.com/view/1dbf54a5-38cf-494f-9166-50b358b2e824>

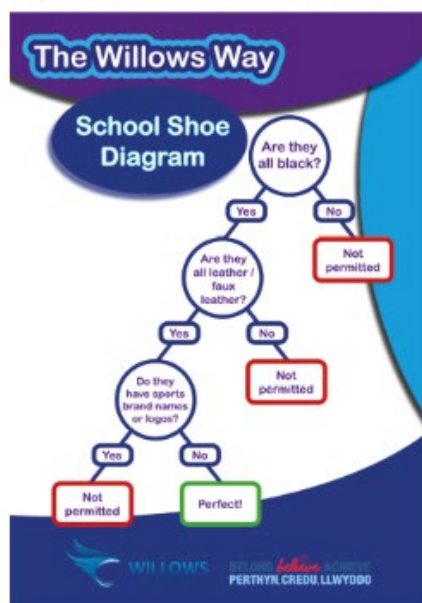
If you are intending to buy new P.E. for next year, please remember that it is the Mid-Layer that is the compulsory item and must be worn. If you want to wear the old P.E. tops, they must be worn under the Mid-Layer.

P.E. Kit:

School P.E. midlayer top, plain black sport shorts, plain black tracksuit trousers or plain black sports leggings.
No jeggings, tight fitting trousers, jeans, jean like trousers or low rise trousers.
No hoodies

Currently if your child has P.E. they should wear their P.E. kit to school for that day.
If you are concerned about the cold weather, pupils may wear their blazer as an extra layer of clothing.

Acceptable shoes flow diagram:



Uniform will be checked during the first line-up of the morning.

Pupils who are not wearing correct uniform will be sent home to either change or collect a part of their uniform that was missing



Hair:
No extreme styles / non natural colours.

Shoes:
Black leather or faux leather shoes or ankle boots only.
No canvas, no trainers, no logos.

Black to go with the uniform.
Leather to be weather resistant.

Our Valued Partners

Mobile phone use in school FAQs

What will happen if my child is using their phone on the school premises or during the school day?

Staff will request that pupils hand their device(s) in, these will be stored in a secure place, in a padded envelope and will be clearly labelled ready for collection at the end of the same day. In an attempt to discourage use of electronic devices we will operate an escalated approach:

- Initial offences - Device handed-in, pupil can collect at the end of the same day, Parent/Carer informed.
- Repeated offences – Device handed-in, parent/carers must collect.
- Continued offences – Device handed-in, parent/carers must collect. Parent/carers to attend a meeting.

In the event of an exceptional circumstance, your child's Head of Year should be made aware and an individual solution will be applied.

Can my child bring their phone/electronic device to school?

Yes of course, we ask that they are switched off and out of sight during the school day and when on the school premises.

What if I can't collect my child's phone/electronic device?

That's ok, we will keep any devices secured at the school until it is convenient for you to collect.

What will happen if my child refuses to hand in their electronic device/mobile phone?

This is something we all want to avoid and as such we will also have an escalated approach to this:

Discussion with Head of Year / SLT > time in the APC until handed in > exclusion

Please encourage your child to not use their device in school to avoid the above escalation, we are giving plenty of advance warning to avoid this.



What happens if I need to speak to my child during the school day?

There are rare occasions whereby you may need to speak with your child for emergency reasons, if this is the case, please contact the school via the main number (02920 414243) and we will endeavour to pass on messages or collect your child to use a school phone. If we feel that your child needs to speak with you, we will provide a private space using a school phone to contact you.

Can devices be used during breaks/lunches?

No, we want pupils to communicate with their friends, develop their social skills and be present with each other.

I really find it hard to separate my child from their phone, can you help?

Yes, absolutely, we want our pupils to use their electronic devices responsibly and in moderation. We can work with you to put in place plans to avoid overuse and misuse and will support you in ensuring your child is meeting the school expectations. We will also be educating pupils on how to use devices responsibly and sharing further information on how parents/carers can monitor their child's use.

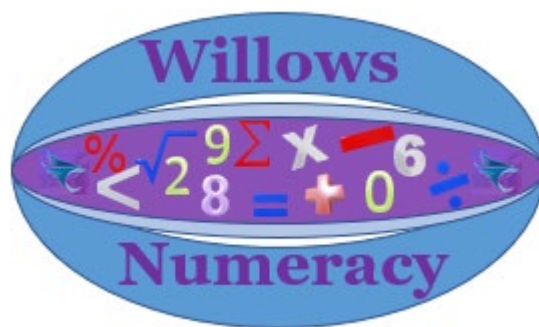


Our Valued Partners

Mathematics Department

Numeracy Boost Session (NBS):

Using a variety of digital (e.g. TT-Rock Stars) and non-digital resources, all KS3 pupils will benefit from using laptops in Numeracy Boost Session to enrich their Mathematics skills; they are delivered fortnightly by Mathematics teachers. It is a great opportunity to support low abilities further and stretch high potential pupils




Numeracy Competition Dates - KS3:

Year 9 - Wednesday 9th July 2025

Year 8 - Thursday 10th July 2025

Year 7 - Friday 11th July 2025

 Willows Mathematics After School		
Day	Activity	Room/Teacher
Tuesday	Y7, Y8 & Y9	G14 - Miss Santos
Tuesday	KS4	G15
Week 1 Only	Intermediate	Miss Wrennall
Tuesday	KS4	G17
Week 2 Only	Higher	Mrs Ait-Brahim
Wednesday	KS4	G19
Week 1 Only	Intermediate	Miss Koncar
Wednesday	Fun Maths	G20
Week 1 Only	(Chess club)	Miss Higgins

Our Valued Partners

cowshed



Numeracy Terms and Question of Week 29, starting 28/04/2025:

To help our pupils boost their mathematical vocabulary and Numeracy skills, The "Terms & Question of the week" will be emailed to them in a weekly basis.

Any questions, please email: Halima.Ait-Brahim@willows.cardiff.sch.uk

The solution to the actual weekly question will be emailed to pupils on **Monday** with the new question.

Numeracy Answer of the Week 28

Fun with Fudge:

At the end of the division unit, Mr. Chocolate baked two special batches of fudge for his school. One batch was double chocolate chunk and the other was maple. He cut each batch into equally sized pieces.

There were 150 pieces of double chocolate chunk and 284 pieces of maple.

Each class in the school could select one type of fudge. Four classes selected the double chocolate chunk, and eight classes selected the maple.

Mr. Chocolate divided up the batches of each type of fudge equally to distribute to the classes.

- Did each class get the same amount of fudge?
- Were there any pieces of fudge left over?
- Justify your answers.



Solution:

Since there were 4 classes that selected double chocolate chunk, we can divide the number of pieces by 4. This is $150 \div 4 = 37$ with a remainder of 2. So, each of these classes gets 37 pieces of double chocolate chunk fudge and there are 2 pieces left over.

Since there were 8 classes that selected maple, we can divide the number of pieces by 8. This is $284 \div 8 = 35$ with a remainder of 4.

So, each of these classes gets 35 pieces of maple fudge and there are 4 pieces left over.

So, the classes that chose double chocolate chunk fudge got more pieces than the classes that chose maple fudge.

Numeracy Answer for week 28

Numeracy Question of the week 29

Ski Time:

Graham and Olga are going skiing. A gondola takes them from the bottom of a mountain to the top, and then they ski back down. It takes them 20 minutes to ride the gondola to the top of the mountain, and 15 minutes to ski back down. They begin their first gondola ride up the mountain at 9:30 a.m. and plan to meet their parents at the bottom of the mountain at 12:30 p.m. for lunch.



What is the maximum number of Ski runs they can do before meeting their parents for lunch, assuming they don't have to wait in line for the gondola?

Numeracy Question for week 29

Numeracy Terms of the Week 29

Similar shapes & scale factor:

Similar shapes are enlargements of each other using a scale factor.

All the corresponding angles in the similar shapes are equal and the corresponding lengths are in the same ratio.

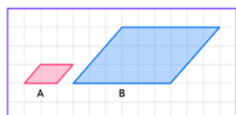
E.g.

The corresponding angles are all equal, 45° and 135° .

The ratio of the bases is 3:9 which simplifies to 1:3.

The ratio of the perpendicular heights is also 1:3.

So, 3 is the enlargement **scale factor**, showing that shape B is three times bigger than shape A.



Numeracy Terms for week 29

Our Valued Partners

MathsWatch

All of our pupils' weekly Mathematics homework is accessible on MathsWatch, which can be found at <https://www.mathswatchvle.com/>. They must be completed by their given deadlines. Each set homework is open for a month, so that pupils can keep improving their scores. This will also help your child to revise and to practice the mathematics and numeracy skills, knowledge and understanding that they have been learning in class. There are videos available for each topic and interactive questions that they can try. Please ensure your child completes and submits their homework on time. Any outstanding homework must still be completed, and they should all aim to achieve 100% on them.



Whole School Leaderboard

#	First Name	Surname	Year	Class
1	Brian	Jaiyeola	9	9HP/Ma
2	Sophia	Bamidele	8	8MO/Ma
3	Divine	Sokunbi	8	8MO/Ma

Year Group Leaderboards

#	First Name	Surname	Year	Class
1	Emmanuel	Ogedengbe	7	7PL/Ma
2	Manasik	Adem	7	7AT/Ma
3	Abdoulie	Badjan	7	7CA/Ma

#	First Name	Surname	Year	Class
1	Brian	Jaiyeola	9	9HP/Ma
2	Goodluck	Onome	9	9HP/Ma
3	Alexa	Bonetto-Jones	9	9MA/Ma

#	First Name	Surname	Year	Class
1	Sophia	Bamidele	8	8MO/Ma
2	Divine	Sokunbi	8	8MO/Ma
3	Gabriella	Yombi	8	8MO/Ma

#	First Name	Surname	Year	Class
1	Luca	Popa	10	11TE/Ma
2	Jessica	Bila	10	11TE/Ma
3	Souhbe	Elgbaily	10	

#	First Name	Surname	Year	Class
1	Ziora	Asinobi	11	11FA/Ma
2	Vivian	Ojo	11	11FA/Ma
3	Abdulwahab	Younis	11	11FA/Ma

TimesTable Rockstars

Single numeracy boost sessions are provided to all our Year 7, 8 & 9 pupils on a fortnightly basis to enrich their Mathematical Skills, specifically with a focus on times tables. Pupils will be accessing their TTRS accounts and improving their knowledge of the times tables.



At home, pupils should log on to TTRS via their technological devices at home. There is also a phone app that they can download via Apple or Android, free of charge.

All the pupils have 5-10minutes daily tasks on there to help consolidate their times tables. It will also earn them coins to use for customising their own individual avatars. Similarly to MathsWatch, there will be a leaderboard and certificates to reward their efforts

Please congratulate the **"Top 3 TTRS"**, who have improved their speed time in answering times tables questions! Keep practicing everyone!

WHOLE SCHOOL		
Rank	Name	Maths Group
1	Aaliyah-Rose Tannetta	8NO/Ma
2	Ethan Smith	7PL/Ma
3	Adnan Hussain	8SU/Ma

For any login issues, please email Miss Santos at dana.santos@willows.cardiff.sch.uk

Our Valued Partners



Community

You will find plenty of information on community and local goings-on at:

[The Community Noticeboard » Green Squirrel](#)



[Inksplott | Community Is Everything](#)

The Splott Community Volunteers run a community breakfast on Thursday Mornings 8am – 10am in The STAR Centre, Splott Road, Splott CF24 2BZ.



If you have any of the following spare, please drop them off at the school reception so that we can help Splott Community Volunteers provide food for those in need:

- **Tins:** rice pudding, custard, tuna, chopped or plum tomatoes, soup, any meals in tins
- **Cereals:** corn flakes, bran flakes, rice crispies, shreddies, weetabix
- **Dried items:** pasta, rice, noodles

The Tremorfa Community Pantry

The amazing Tremorfa Community Pantry are always busy finding ways to support the community. You can find them at:

Tremorfa Community Hall, Tweedsmuir Road, CF24 2QZ.



Clothes Swap- Railway Gardens



We wanted to let you know about the upcoming Clothes Swap which is a fantastic way to re-home your unwanted clothes and refresh your wardrobe for free. This will be taking place on site at **Railway Gardens, Saturday 3rd May, 11:00am–1:00pm.**

Our Valued Partners

cowshed



VOCO St. David's Cardiff

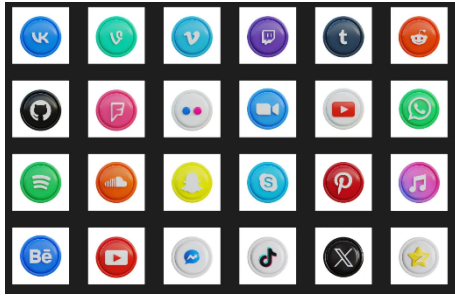


ARUP Taylor Wimpey



Social Media

Social media is increasingly playing a role in the lives of our pupils and for the majority of time, this is a positive thing. However, we are increasingly seeing how social media can have quite a negative impact on our pupils and in some cases, the impact has been quite significant.



We need to work together to harness all of the positive aspects of social media (and there are many) and to cancel out those aspects which can do harm. Whilst it is easy to focus on the fact that the age guideline for most sites is 13, it is also recognised how difficult it is to stop children from accessing these especially when all of their friends are using a certain platform.

Perhaps a more realistic place to start is to ensure that, if social media sites are to be used then they are set up in a way which helps to protect privacy. For example, most platforms allow you to:

- **set an account to private** (many of our pupils don't do this and some have been approached by people they don't know)
- **not allow friend requests** – again, some pupils have had friend requests from unknown users
- **hide the user's location** – worryingly, so many pupils share their location and with the development of ever more sophisticated software, it is becoming relatively easy to pinpoint exactly where the social media account is being used from (without sharing any address details).

Changing the settings to not allow the issues to happen takes a few minutes and can significantly improve the level of online safety when accessing social media. The NSPCC site 'Keeping children safe online' really is excellent and I would urge all families to access this: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

South Wales Police - Sextortion

We have been informed that South Wales Police are concerned about the rapidly growing number of 'sexortion' cases involving young people across Wales.

This is where individuals are targeted and threatened that inappropriate images of themselves that have been previously uploaded will be shared unless money is sent. This is obviously extremely worrying and the first action must be to ensure that no such photographs or videos exist – and, if they do so, they must be deleted immediately.

The advice to families from South Wales Police is as follows:

- Don't pay, do stop contact and block: you may be tempted to pay, but there is no guarantee that this will stop the threats. As the offender's motive is to get money, once you have shown you can pay, they will likely ask for more and blackmail may continue. If you have paid, don't panic but don't pay anything more. Help your child to stop all communication with the offender and block them on any accounts that they have been contacted on.
- Avoid deleting anything: try not to delete anything that could be used as evidence such as messages, images, telephone numbers, and bank account details.
- Report to the police or CEOP: call 101 or 999 if there is an immediate risk of harm to your child. Or you can use the [CEOP Safety Centre](#) to report any online blackmail attempts.

The NSPCC website is also a very good source of information and support should you require it.

Our Valued Partners

Learning Lounge & Families

Adult Learning in the Learning Lounge

CardiffMet Widening Access

Community to Campus: Free short courses for Adult Learners

Discover the power of community learning! Enrol in our **free short courses** to acquire new skills, help your career, and meet like-minded people

Upcoming course
English for Speakers of Other Languages

When & where
Every Tuesday 9.30-11.30
From 29/4/25 until 20/5/25 (except School Holidays)
In Willows High School

Book your place! **Speak to Karen - Willows High Family Wellbeing Community Engagement Officer**
Karen.Hunt@willows.cardiff.sch.uk

For more information contact Widening Access at Cardiff Metropolitan University:
029 2020 1563
wideningaccess@cardiffmet.ac.uk

WILLOWS HIGH SCHOOLS
BELOW, LEARN, ACHIEVE
Cardiff Metropolitan University

cookstars.co.uk @cookstarscardiff

HAPPY HEALTHY COOK STARS

healthy eating cookery enrichment programme

Everything included

- all ingredients
- all kit and equipment
- an apron
- a recipe card to take home
- and a fun educational activity

Willows High School

FREE PARENT & CHILD COOKING SESSIONS!
After school
Wednesday 26th March, Monday 19th May 2025
Attendance required at all 3 sessions

BOOKING IS ESSENTIAL!

Book your place NOW:
Contact: Mrs Hunt

Introduction to Learning Disabilities
10 week accredited course

Wednesdays 9.30 -11.30
Willows High School
Starting: 30th April 2025

Are you interested in finding out how to work and communicate with individuals with learning disabilities?

Are you interested in finding out what the main causes of learning disabilities are?

ADULT LEARNING DYSGU I OEDOLION

Willows Pantry

We are working with the MCKS Charitable Foundation UK to reduce the instances of food poverty in our area. We are provided with a donation on a fortnightly basis which can then be distributed amongst our community.

There is no need to access the school through the Main Reception, if you'd like to engage with this service, go straight to the Learning Lounge on a Monday between 10am - 1pm, if you would like to use the pantry at any other time, please email Karen Hunt who will be happy to help

Karen.hunt@willows.cardiff.sch.uk



MCKS
Charitable Foundation UK

Our School Pantry Cupboard is proudly supported by
MCKS Charitable Foundation UK

Citizens Advice



A reminder that members of our community can make appointments with staff from the Citizens' Advice at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail the school using karen.hunt@willows.cardiff.sch.uk or by phone using 07733889062

Our Valued Partners



Wellbeing in school

At Willows High School, we aim to promote positive mental health and wellbeing for our whole school community; pupils, staff and families, and recognise how important mental health and emotional wellbeing is to our lives in just the same way as physical health. We recognise that children's mental health is a crucial factor in their overall wellbeing and can affect their learning and achievement. All children go through ups and downs through their school career/life and some face significant life events.

Our aim is to help develop the protective factors which build resilience to mental health problems and be a school where:

- All pupils are valued
- Pupils have a sense of belonging and feel safe
- Pupils feel able to talk openly with trusted adults about their problems without feeling any stigma
- Positive mental health is promoted and valued
- Bullying is not tolerated

Pupils

If you feel you need some support with your wellbeing we want to help and there are many places to go: Staff in the Learning Lounge are here to look after your wellbeing so please come down for a confidential chat.

If you are a young carer and feel you need more support or would like to know about more opportunities out there for you, Ms. Mackintosh, our Safeguarding Officer, can provide information on what is available.

Your Head of Year or any member of the Welfare Team are there to support you. You can find them at line-up time, in the welfare office or anywhere around the school.

A member of staff you trust. All members of staff will be there for you. If you want to confide in someone please do and they will help get you the support you need.

Parents and Families

If your child is unwell at school

If your child becomes unwell at school, we will contact you if necessary. We request that you ask your child to not contact home requesting for parents to collect them. Pupils should follow the correct procedure by telling a member of staff, the situation will be assessed and contact home will be made if required. Pupils will not be allowed to leave the school site without being accompanied by a responsible adult.

Parent Governors

We currently have vacancies for parents to join our Governing Body to play their part in continuing to make Willows High School better and better. If it's something you are interested in, please contact the school using contact@willows.cardiff.sch.uk.



Our Valued Partners

Support

Are you a parent who has had depression or struggled with low mood?
Do you have a child aged 13-19?

Our study will...
offer young people the opportunity to learn wellbeing skills through an online cognitive behavioural therapy (CBT) group program

and...
offer additional support to parents with depressive symptoms

Receive up to £160 in vouchers

WE WANT TO HEAR FROM YOU
Scan the QR code to register your interest in taking part.

Please get in touch:
SWELL@cardiff.ac.uk
07720 145111

NHS **Willows Cardiff** **Cardiff School of Education**

We want to help you as best we can and there is a lot of support out there for parents and families.

Please contact the school using karen.hunt@willows.cardiff.sch.uk or by phone using 07733889062 if you need any information on who you can turn to.

Your child's Head of Year and the Welfare Team can also help. Please do not suffer alone. Reach out to us.

Measles

We are working in partnership with Cardiff and Vale Health Board, enabling children who have missed their scheduled appointments for MMR (measles, mumps and rubella) vaccines to access this in school.

Measles can be very serious for children, and is very easily passed between people who are not vaccinated. There are currently outbreaks of measles in Wales, so we would encourage families to take up the opportunity of their child getting their MMR vaccination if they are offered it by the Health Board. Please note that if your child is invited and you would like your child to have the MMR vaccine which does *not* contain gelatine (Halal), this will be an option you can choose.

For more information about the MMR vaccine please go to [Measles, Mumps and Rubella \(MMR\) - Public Health Wales \(nhs.wales\)](https://www.nhs.uk/conditions/measles-mumps-rubella/mmr/)

Measles

If you live in Cardiff and the Vale and are unsure if your child has had the MMR vaccine, you are encouraged to **check their personal child health record (red book)** in the first instance

If you remain unsure, other options include:
Contacting the Local Child Health Team on 02921 836926 or 02921 836929.
Contacting your GP Practice, avoiding peak times such as early mornings where possible.

Options for MMR vaccination include:
Your GP Practice
Your local Mass Vaccination Centre. Call 02921 841234
Phone lines are open Mon-Fri between 9am and 5pm

Having the MMR vaccine is the best way to prevent having measles and passing it on to others.
In some cases, measles can cause serious complications including pneumonia and meningitis.

GIG NHS **Cardiff and Vale University Health Board** **Mae Brechu yn achub bywydau Vaccination saves lives**

Splo Down



[Splo-down](https://splo-down.org) is a member-run community food cooperative open to residents of Adamsdown, Splott, and Tremorfa. They buy food in bulk and use sliding-scale pricing so they can make good quality food accessible to everyone. They currently run a weekly stall 5-7pm every Wednesday where they sell veg boxes and run a zero-waste shop selling other food and household products such as rice, lentils, pasta, spices, and washing up liquid.

They try to source our products from sustainable and ethical suppliers as much as possible. For any questions, please email them at: ask@splo-down.org

Our Valued Partners

cowshed

SCREEN ALLIANCE WALES

Civil Service

VOCO St. David's Cardiff

BBC

CANOLFAN MILLENIWM CYMRU WALES MILLENNIUM CENTRE

ARUP Taylor Wimpey

ccha

JOHN LEWIS & PARTNERS

STOWE FAMILY LAW

Allergies

At Willows, we are very conscious of pupil and staff sensitivity to the 14 food allergens. The food that our canteen produces is clearly labelled and the pupil information displayed at the tills identifies any allergies that the pupil in front of them has.

We do have a number of staff and pupils who have strong reactions to certain allergens, **particularly nuts**, so we ask for the support of all families to be aware of what your child is bringing into school and be sympathetic to the sensitivities of our school community.

We cannot 100% guarantee that the school is nut free, it is not possible to check what food is brought into school by every pupil, every day. We ask for your support in ensuring that the risks of allergic reactions are minimised.

For more information on allergies, please visit <https://www.allergyuk.org/>.



Safeguarding

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on Danielle.MacKintosh@willows.cardiff.sch.uk If you are a pupil that needs help, please also contact Danielle via this e-mail address.

Chat Health

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarrassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):



Cardiff Foodbank

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please contact the school using karen.hunt@willows.cardiff.sch.uk or by phone using 07733889062. Where we can help, we will do so confidentially.

Our Valued Partners

Period Dignity

We have been working hard to reduce the stigma over periods for the last two years in line with all Wales objectives. We are hoping to achieve the 'Period Standard' award soon. Please take a few moments to familiarise yourself with the document featured in the link below:

<https://www.gov.wales/sites/default/files/publications/2023-02/period-dignity-strategic-action-plan-young-people%27s-version.pdf>

Just a reminder that school can provide tampons, pads, menstrual cups and period pants for pupils which are provided by the LA. Please direct pupils to form tutors, the Welfare Office, the Main Office or to Mrs. Bubbins if you think they may need help with this.

All of Year 8 and all of Year 9 have now been handed free pants but they are available for all.

We would like to hear your views on improving period provision. We have implemented many of your ideas from our last survey and value your opinions. The link to the Parent Questionnaire is here:

<https://forms.office.com/e/RBkJKgA1Z>

Likewise, we would like more feedback from our pupils in this area. The link to the Pupil Questionnaire is here:

<https://forms.office.com/e/i2wscPQX7s>



Please take time to help us, help you have a dignified period.

A reminder that pupils can collect free period products from school at any time. Pupils can ask any trusted adult for these or can access them in the school office, from Mrs. Bubbins or from the Welfare Office.

Cardiff Youth Service

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Key Services

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or 'chat' on 'Chathealth.NHS.UK' for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we'll do our best to help.
-

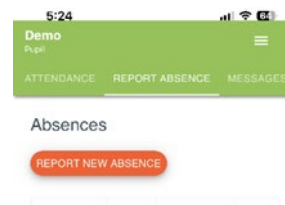
Our Valued Partners

Diolch

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

Recently, there has been an increase in family members arriving at the school to collect their children early, without letting us know in advance.

To ensure all of our pupils are safeguarded, we will not be able to release a pupil from our care until 3.10pm unless we are notified of a necessary appointment in advance. These can be communicated through the Report Absence tab on the Classcharts Parent app. Instructions on how to do this can be found in this Newsletter. We are grateful for your understanding and would appreciate your cooperation with this



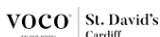
Please could parents refrain from turning up at the school reception without an appointment. Heads of Year, Teachers and Support Staff are incredibly busy during the school day looking after our pupils. If there is a problem, please arrange an appointment with your child's Head of Year in the first instance. To organise this, please ring the school reception on 029 20414243.

Alternatively, you can e-mail the relevant member of staff, details below.

Headteacher	Mr. Christopher Norman	Christopher.Norman@Willows.Cardiff.sch.uk
Welfare Manager	Miss. Kimberly Williams	Kimberly.Williams@Willows.Cardiff.sch.uk
Year 7 – Head of Year	Miss Savannah Reed	Savannah.Reed@Willows.Cardiff.sch.uk
Year 7 – Leadership Link	Mr. Marcello Lo Celso	Marcello.Locelso@Willows.Cardiff.sch.uk
Year 8 – Head of Year	Miss Marcella Sansom	Marcella.Sansom@Willows.Cardiff.sch.uk
Year 8 – Leadership Link	Mr. Jack Smith	Jack.Smith@Willows.Cardiff.sch.uk
Year 9 – Head of Year	Mrs. Roisin Cherrett	Roisin.Cherrett@Willows.Cardiff.sch.uk
Year 9 – Leadership Link	Mrs. Kelly Bubbins	Kelly.Bubbins@Willows.Cardiff.sch.uk
Year 10 – Head of Year	Mrs. Tara David	Tara.David@Willows.Cardiff.sch.uk
Year 10 – Leadership Link	Mrs. Suzie Warren	Suzie.Warren@Willows.Cardiff.sch.uk
Year 11 – Head of Year	Mrs. Catherine Watkins	Catherine.Watkins@Willows.Cardiff.sch.uk
Year 11 – Leadership Link	Mr. Simon Thomas	Simon.Thomas@Willows.Cardiff.sch.uk
Edison	Ms. Helen Amos	Helen.Amos@Willows.Cardiff.sch.uk
Tesla	Ms. Jane Crawshaw	Jane.Crawshaw@Willows.Cardiff.sch.uk
Family & Engagement Officer	Mrs. Karen Hunt	Karen.Hunt@Willows.Cardiff.sch.uk
SRB Leader	Mrs. Zahra Nurmohamed	Zahra.Nurmohamed@Willows.Cardiff.sch.uk

Team Willows

Our Valued Partners



SUPPORT OUR LOTTERY TODAY

**£1 per
week**

**Weekly
cash prizes**

**£25,000
jackpot**



**YOUR
SCHOOL
LOTTERY**



Splitting the £1.00

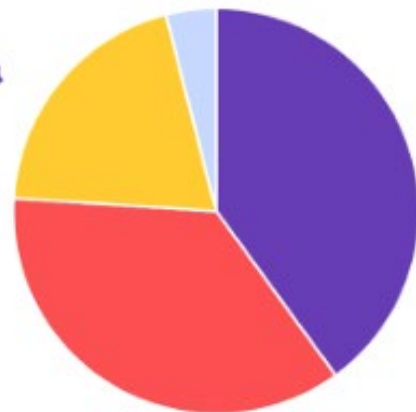
How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Willows High School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online by direct debit or debit card.

It's so easy to join and will make a real difference to Willows High School



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

The Maths... 100 tickets sold a week means

= **£30 weekly cash prize**

= **£2,080 a year for our school**



Buy A Ticket

GambleAware



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VOCO St. David's
Cardiff



ARUP Taylor
Wimpey



The Willows Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal of the day £3.40	Spinach ricotta tortellini in a mushroom cream sauce Garlic bread	Chicken Kiev served with cheesy vegetables mashed potatoes	Hunter chicken served with herb rice	Katsu chicken	Fish and chips Salmon fishcake (every other week)
Vegetarian option	Spinach ricotta tortellini in a mushroom cream sauce Garlic bread	Cheese, leek and potato pie served with cheesy vegetables mashed potatoes	Red pesto and roasted veg pasta	Veggie katsu	Vegetable and macaroni cheese bake
Sides of the day	Diced squash / salad Courgettes Onions, peppers and mushrooms	Green beans / salad potatoes / carrots onions / butternut squash	Rice Boiled potatoes Peas / salad	Noodles Stir fry mix Beansprouts / salad	Mushy peas Chips Beans / salad
Dessert	Toffee muffin with custard	Fruit jelly	Trifle	Rhubarb crumble with custard	Brownie
Hot and cold snacks	Cheeseburger £1.75 or Cheese burrito £3.00	Calzone £1.75 or Katsu curry wrap £3.00	Hotdog £2.60 or Veggie hotdog £2.60	Cheese and onion panini £1.75 or Minted lamb wrap £3.00	Cheesy chips and beans £2.75 or Chicken burger £2.75
	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80	Jacket potato £2.50 with Tuna mayonnaise £2.80 Cheese £2.80 Beans £2.80
	Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80	Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80	Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80	Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80	Sandwiches £2.40 / £2.75 Cold wrap £3.00 Chicken Caesar Salad £2.80
	Yogurt £0.90 / Fruit £0.50	Yogurt £0.90 / Fruit £0.50	Yogurt £0.90 / Fruit £0.50	Yogurt £0.90 / Fruit £0.50	Yogurt £0.90 / Fruit £0.50

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Cardiff

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WALES MILLENNIUM CENTRE

ARUP

JOHN
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& PARTNERS

STOWE
FAMILY LAW

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