



WILLOWS HIGH SCHOOL



Use Google Translate to change to your preferred language.

BELONG, believe, ACHIEVE PERTHYN, CREDU, LLWYDDO

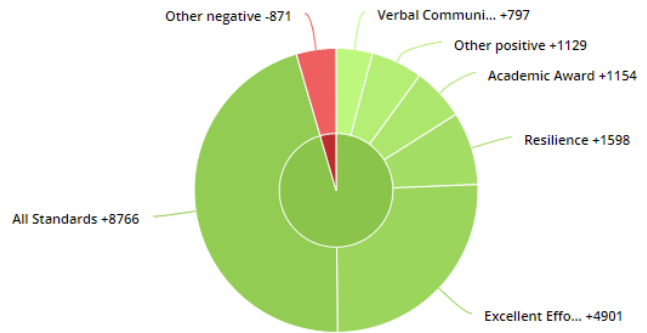
Weekly Newsletter – 11.10.2024

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Helo!

Belong, Believe, Achieve:

This week our pupils have had assemblies from St. David's College, Cardiff and Vale College, Fearless.org and Miss Nelms who spoke about the upcoming STAR tests. Our Year 11 pupils have been meeting with their Cowshed mentors and a new PR Gang project has got underway with some of our Media Studies pupils. We have also continued our recognition of inspirational people as part of Black History Month.

Willows High School Conduct Overview 07/10/2024 - 11/10/2024



Merits: 07.10.2024 - 11.10.2024

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners.

Table with 4 columns: Year Group, Total, Excellent Effort, Merit Champions. Rows include Year 7 to Year 11 with names of winners.

Dates for your Diary:

- 14/10 – Year 7 Engineering Day
15/10 – Boys' Cross Country
17/10 - Year 11 Boys' Basketball Tournament
17/10 – Year 9 Careers Talk (Sanako)
17/10 - Parents of SRB Pupils Coffee Morning (10am, Learning Lounge)
17/10 - Cuppa with A Copper (11am – 12pm, Learning Lounge)
18/10 - Bobby's Bake Sale
22/10 – Year 10 Careers visit to the Wales Millennium Centre
23/10 – Parent & Pupil interactive Mathswatch and Carousel session (4pm in the Learning Lounge)
25/10 – INSET day (no pupils should attend)
26/10 – Autumn Half Term break starts
27/10 – Keep Splott Tidy Hallowe'en Litter Pick
4/11 – All pupils return to school



Our Valued Partners



School News:

One Million Mentors

On Thursday, Year 10 were delighted to meet their mentor as part of the 'One Million Mentors' scheme. We were the first school in South Wales to join this initiative five years ago. It aims to match pupils with an inspirational role model to support and encourage them through their GCSE years and beyond. This year we welcomed back our long standing mentors from BBC Cymru, Willmott Dixon, GWR, Dwr Cymru and sporting backgrounds. We also welcomed a new team from 'Princes Limited' and we look forward to utilising the skills of this local business to inspire our pupils to reach their potential. Thank you to Richard and Raman from 'One Million Mentors' for their organisation of this.



PGCE Students

A warm Willows welcome to our initial teacher trainees from Cardiff Metropolitan University who joined us this week. Our PGCE students will be working in Science (Biology), English, French, History and RE. We wish them every success on their clinical practice one with us.

Girls' Football

A historic moment for Willows High school. A first of many for girls' football fixtures. Year 7 and 8 girls made history as they played exceptionally against St Teilo's on Monday night. The team work and determination on show was outstanding! St Teilo's were lucky to come away with a draw! Training every Thursday, all experience levels welcome! Da lawn Merched!!



Our Valued Partners

cowshed



VOCO St. David's Cardiff



ARUP Taylor Wimpey



Safeguarding

Fearless - That was the topic of our Year 10 assembly this week. We welcomed Crimestoppers/Fearless into school to deliver a very powerful assembly around knife crime and the consequences along with the impact to the families of victims and instigators of knife crime. Our students listened with full concentration and participated in question and answers with the speaker at the end of the assembly. The speaker said to me at the end of the assembly that was one of the best engagement she had from a school

Thank You Year 10 you were Willowstastic!

Fearless also held a parent session this week to discuss the consequences along with the impact to the families of victims and instigators of knife crime and county lines.

If you do have any safeguarding concerns, you can email: danielle.mackintosh@willows.cardiff.sch.uk



Careers - Cardiff and Vale Health Board Talk



This week year 11 pupils were given a talk by Matt and Liz, from the Cardiff and Vale Health Board. The talk covered the numerous roles within the NHS (350 in total!) and the various entry routes into the NHS. They also spoke about volunteering work and work experience opportunities.

There was a lot of interest from the pupils – we even had to turn pupils away due to the sheer volume of pupils that arrived.

Star pupil!

Last weekend, Skye Roberts of 8Schumann competed in a dance competition, her first with Dance Fit Wales and did amazingly well. She got a 1st place and was a member of the highest scoring group!
Well done Skye, we are so proud of you!



Supporting Your Child During Exams

Please find a link below which may help you if your child is in Year 10 or Year 11 and has upcoming examinations, it is a Parent Workshop video around supporting your child during exam season. it is roughly 40 minutes and was created by the School In-Reach team, based within the Cardiff and Vale University Health Board.

<https://www.youtube.com/watch?v=CrulgiNZXHg>

Our Valued Partners

Football and basketball fixtures

It was a big win for our Year 9 boys away at Plasmawr on Wednesday in the CVSFA league. Plenty of goals, just what was needed after the disappointing loss last week. Great to see last years' captain Ellis Dugdale back playing after breaking his ankle, and scoring a hat-trick! Next week we have football fixtures for Year 7, Year 8 and Year 9 to look forward to forward to.



Willows High School Boys Football Fixtures Autumn 1

~~Wed 11th Sept - Y8 Vs Y9 (h) ✓~~
Thurs 19th Sept - Y8 Vs Cathays (h)
Tues 24th Sept - Y9 Vs Cathays (h)
Mon 30th Sept - Y7 Vs Plasmawr (h)
Thurs 3rd Oct - Y9 Vs Cardiff W (h)
~~Wed 9th Oct - Y9 Vs Plasmawr (a)~~
Mon 14th Oct - Y7 Vs Whitchurch (a)
Wed 16th Oct - Y7 Vs Radyr (h)
Thurs 17th Oct - Y8 Vs St Cyres (a)
Thurs 17th Oct - Y9 Vs St Teilos (h)

Willows High School Boys Basketball Fixtures

Thurs 3rd Oct Y11 Vs St Teilos (a)
Thurs 10th Oct Y9 Vs St Teilos (a)
Wed 23rd Oct Y11 Vs Cardiff West (a)
Thurs 24th Oct Y9 Vs Cardiff West (a)
Thurs 14th Nov Y11 Vs St Illtyds (a)

A message from our Pupil Leadership Team

Dear all,

We are holding a bake sale to help raise money for Bobby. Bobby is physically disabled and a wheelchair user. His current self-propelled wheelchair is causing him a multitude of issues as; due to his hypermobility, he is regularly having several dislocations in his shoulders. This is causing him a huge amount of pain and trauma.



Bobby has a Go fund me page with more information which is linked below

The link is here: <https://gofund.me/9dbb8c4a>

We also want to help Bobby, so on **Friday 18th October**. There will be a bake sale with a variety of cakes so please bring in some cash to help Bobby. The bake sale will be at break time.

It would be helpful to get donations of cakes, homemade or bought, and they can be brought to the Welfare office.

Thank you for taking the time to read this.

From the Pupil Leadership Team



School Prospectus/Parent handbook (2024-2025)

Our document containing all of the information you'll need for next year is now available to view and download on our website [here](#). If you'd like to get your hands on a paper copy, they are available at the school Reception.



School Prospectus 2024-2025

The school provides beneficial opportunities to enable more able pupils to realise their potential.
Estyn 2018

Our Valued Partners



Year 9 Poem

Mrs Cherrett is proud to share with you a poem created by one of our wonderful Year 9 pupils. This is his interpretation of the 'Willows Way'

The Willows Way

The Willows Way

Come down to a school
Where teachers teach
Where pupils walk down the corridors
Come where there's something called
The Willows Way

The Willows way tells people
To be polite and kind
Where SHAPES is used to keep
Up the way of the Willows

The teachers would stop at nothing
For children to be safe
Have the best opportunity
And makes you all enjoy
School and have fun

What I say is
The Willows Way
Should Be the only way

By Jack Rhys

School Essentials Grant

Registering as eligible for free school meals with your Local Authority unlocks access to the School Essentials Grant. It also means schools get more funding. With the introduction of free school meals for primary pupils, many parents/carers do not realise that schools will lose out unless they continue to register as eligible. Even if you don't need the grant, registering here: <https://www.gov.wales/get-help-school-costs> will mean schools get additional funding.



LOOKING FOR A CAREER IN CONSTRUCTION?

ONSITE CONSTRUCTION ACADEMY SOUTH EAST WALES

Cardiff Council & Morgan Sindall construction are working on this exciting new development on the Willows High campus

Interested? Scan the QR code to register

The Onsite Construction Academy offers FREE local training to gain your CSCS card and provides onsite experience and employment opportunities.

www.onsiteconstructionacademy.co.uk

Willows New School

As part of the New Willows Build, Morgan Sindall will be creating employment opportunities for local individuals. We will be working closely with partners and existing networks such as Into Work Cardiff, Onsite Construction Academy and Job Centre Plus who understand the needs of the local area and help to identify local people suitable for roles. We hope that by working collaboratively with these partners, we can provide some positive long term employment outcomes. You will see us at many employment and job fairs over the duration of the project.

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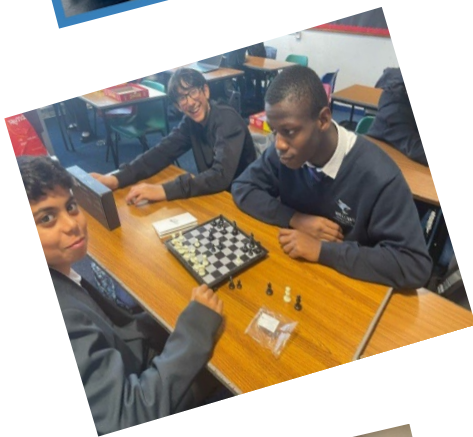


Enrichment

Another week of our fantastic Enrichment programme, unique to Willows High School, providing our pupils with an exciting range of activities to choose from. It gives our pupils new experiences, outside of normal academic curriculum, extending their learning, and making school life more exciting. The lessons are every two weeks, last lesson on a Wednesday.



The pictures show pupils enjoying activities such as musical theatre, sustainable textiles, designing water rocket cars, street food, street art, coding with Lego, make-up and beauty, jewellery making, henna tattoo, boardgames and chess, MMA / Self Defence, rock climbing and pool & darts. This is just a snippet of some of the fantastic activities that take place at Willows High School.



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Measles

We are working in partnership with Cardiff and Vale Health Board, enabling children who have missed their scheduled appointments for MMR (measles, mumps and rubella) vaccines to access this in school.

Measles can be very serious for children, and is very easily passed between people who are not vaccinated. There are currently outbreaks of measles in Wales, so we would encourage families to take up the opportunity of their child getting their MMR vaccination if they are offered it by the Health Board. Please note that if your child is invited and you would like your child to have the MMR vaccine which does *not* contain gelatine (Halal), this will be an option you can choose.

For more information about the MMR vaccine please go to [Measles, Mumps and Rubella \(MMR\) - Public Health Wales \(nhs.wales\)](https://www.nhs.uk/conditions/measles-mumps-rubella/)



Measles

If you live in Cardiff and the Vale and are unsure if your child has had the MMR vaccine, you are encouraged to check their **personal child health record** (red book) in the first instance

If you remain unsure, other options include:
Contacting the Local Child Health Team on 02921 836926 or 02921 836929.
Contacting your GP Practice, avoiding peak times such as early mornings where possible.

Options for MMR vaccination include:
Your GP Practice
Your local Mass Vaccination Centre. Call 02921 841234
Phone lines are open Mon-Fri between 9am and 5pm

Having the MMR vaccine is the best way to prevent having measles and passing it on to others.
In some cases, measles can cause serious complications including pneumonia and meningitis.

GIG NHS Cardiff and Vale University Health Board
Mae Brechu yn achub bywydau
Vaccination saves lives

Attendance



LET'S GET ATTENDANCE
BACK ON TRACK

NEW TERM - FRESH START

#EveryDayMatters
www.cardiff.gov.uk/schoolattendance

CARDIFF CAERDYDD

Contact Details - Willows High School

To Report an Absence:

Year 8, Year 9 and the first half of Year 11 – (Surname - A to Khan)

Contact Donna Whitney using Classcharts (see How to report an absence in Classcharts)

Year 7, Year 10 and second half of Year 11 – (Surname - Khanal to Z)

Contact Amber Short using Classcharts (see How to report an absence in Classcharts)

Please do not use the old mobile numbers or email.

Attendance Draw Winners (week ending 4th October 2024)

Fantastic Friday Weekly Draw - £50 of Amazon vouchers

Winner : Aimee Lia

Fast Pass Weekly Draw – go to the front of the canteen queue for a week

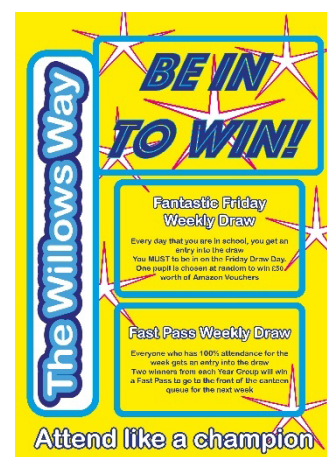
Year 7 winners: Maisie Dando, Joshua Morris

Year 8 winners: Wasim Navid, Toka Alblili

Year 9 winners: Tarteel Yousif, Mohammed Almoltak

Year 10 winners: Licia Kays, Ariana Nikoonamrad

Year 11 winners: Johnson Odukoya, Vanesa Tlusta



The Willows Way

BE IN TO WIN!

Fantastic Friday Weekly Draw
Every day that you are in school, you get an entry into the draw.
You MUST be in on this Friday Draw Day.
One lucky winner will be chosen at random to win £50 worth of Amazon Vouchers.

Fast Pass Weekly Draw
Everyone who has 100% attendance for the week gets an entry into the draw.
Two winners from each Year Group will win a Fast Pass to go to the front of the canteen queue for the next week.

Attend like a champion

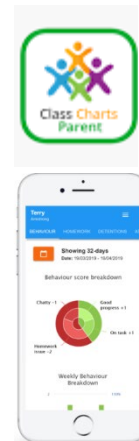
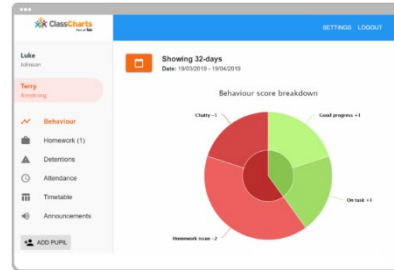
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Class Charts

What is Class Charts?

Class Charts is an app that can be downloaded to your phone. You can use it to:

- keep track of your child's behaviour
- view attendance records
- access your child's weekly timetable
- be informed of and track detentions
- award your child merits for completing their home reading tasks
- view announcements from school.



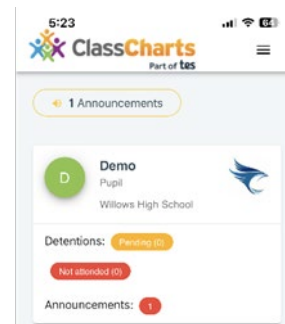
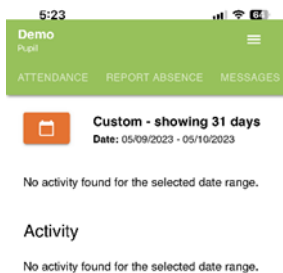
We would like all parents to sign up to Class Charts, as we are also going to be using this as the main way of sending all messages to you. Likewise, from after half term this will also be the main way that you can report your child's absence to us.

Thank you to all parents who have signed up to Class Charts this year and to those of you who continue to use it.

Please let your child's Head of Year know if you need a login code.

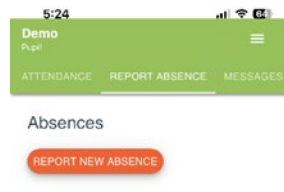
How to report an absence on Class Charts

1. Click on your Class Charts app and click on your child's name.

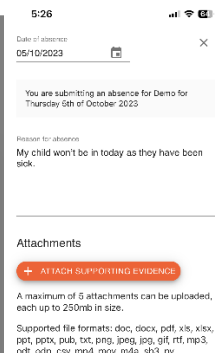
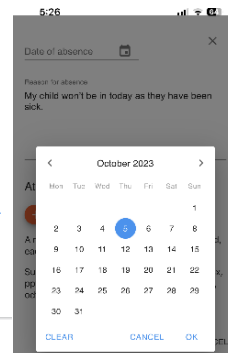
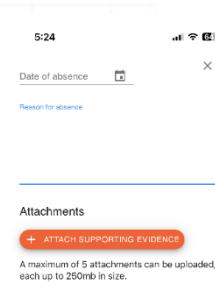


2. Scroll across the green band at the top and click 'report absence'.

3. Click on 'report new absence'



4. Tap the calendar for the date, type in the reason and attach any pictures of medical evidence, such as letters, emails or texts from the doctors, dentist or hospital



5. Click submit...it's as easy as that!

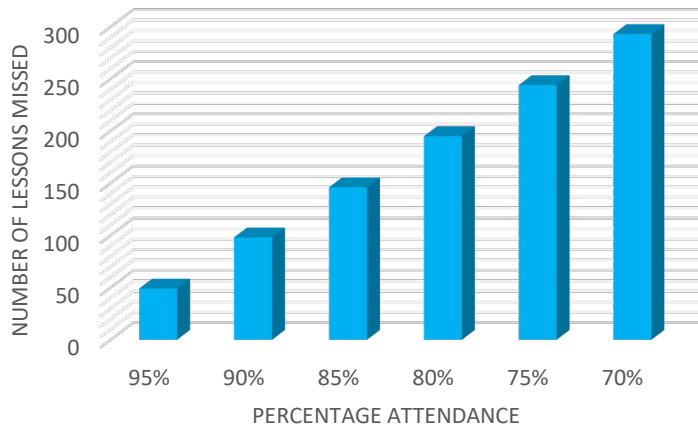
Please contact your child's Head of Year if you have any problems logging on and they will be happy to guide you through the process.

Our Valued Partners

Important information about attendance to school

In an exam, if you got 90% of the questions correct, you would probably think that this is a very good result.

Number of lessons Missed



Unfortunately, this doesn't translate to your child's attendance.

90% attendance for the school year means that your child has **missed 98 lessons**. How are they going to make that time back?

Even **95% attendance** which is the Welsh Government's threshold for good attendance means your child would have **missed 49 lessons** over the school year. This is a lot of work for your child to miss.

The chart above shows how quickly the number of lessons your child misses increases as their attendance drops.

The greatest gift that we can give your child is an amazing set of examination results at the end of Year 11. To provide the best possible conditions for this to happen, your child needs to have as high an attendance percentage as possible.

Pupils are in school for 190 days of the year, **they are not in school for 175 days of the year.**

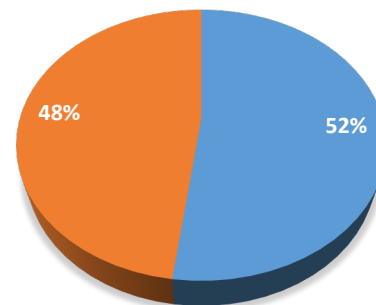
We believe that this is plenty of time for the majority of appointments to be made out of school hours.

Please consider your child's education before making appointments during the school day, and if you have no option, please consider how they are going to catch up on the work they have missed and report the absence every day through Classcharts.

Every pupil who is not in school is a potential safeguarding concern if we have not been notified by you.

We would be grateful if families would take the information above on board and we look forward to your support.

Days in School / Not in School



■ In School ■ Not in School

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Important Information for All Parents and Guardians

Please be aware that **Fixed Penalty Notices** are now being issued by Cardiff Council again.

If your child has more than 5 days of unauthorised absence since September 2022 or takes an unauthorised holiday, then you are at risk of a Fixed Penalty Notice Fine being issued.

Fines are **£60** at first, then rising to **£120** - if the fine is still not paid then you will be summoned to court and the fine and costs will rise again. **Please note these fines do not go away.** Please make sure to read any correspondence carefully.



To avoid being fined, please ensure that your child attends school every day - if there is a valid reason for absence, please contact the Attendance Team giving evidence where possible.

Lateness to School: Fixed Penalty Notices

Fixed Penalty Notices are already being requested for **poor attendance** and for **term-time holidays**.



After the Easter holidays we will be looking to request Fixed Penalty Notice fines for **lateness to school**. We ask that you speak to your child and discuss the importance of **arriving at school on-time for 9:00am line-up every day**. Your child is missing hours of education if they are consistently late to school.

If your child is regularly late to school then a request for a Fixed Penalty Notice fine will be actioned to the Education Welfare Service. The fine for this is £60, rising to £120, leading to a court summons & increased fines imposed. We **do not** want to have to request this – we would much rather your child be in school on time.

If your child is late to school because of an appointment then please provide evidence to the Attendance Team in the form of an appointment card or letter, etc.

Please help your child to arrive at school in good time. The main gates close at 9am – after this time your child is considered to be late and will need to sign in through Late Gates in the Learning Lounge, and then main reception.

Thank you for your support in this matter.

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VOCO St. David's Cardiff



ARUP

Taylor Wimpey



Uniform Reminder to Parents

Unfortunately, we are seeing a rise in the number of pupils who are attending school wearing the incorrect uniform, especially on days when they have P.E.

We would appreciate the support of families to ensure that pupils come to school appropriately dressed. On the right is the information in our Parent Handbook which sets out clearly the expectation for our pupils at Willows.

We have uniform for a reason, it is to act as a leveller for pupils. Everyone wears the same, so no-one can feel disadvantaged by those who might want to come into school wearing the latest brands and expensive labels. It is also there to ensure that the clothes that are worn are appropriate to the age of your child, not too revealing and suitable for walking around in throughout the day.

Pupils will be sent home to change if they are wearing inappropriate clothing, this will be the school's decision.

We would appreciate if you would discuss this with your child and take steps to ensure that they are appropriately dressed for school when they leave your house in the morning.

The school will make parents aware if there is any change to the school uniform due to increases in temperature, please do not send your child in P.E. kit if the weather is warm.

Crocs are definitely not part of the school uniform! Our Parent Handbook can be accessed on our website or by clicking the link below:

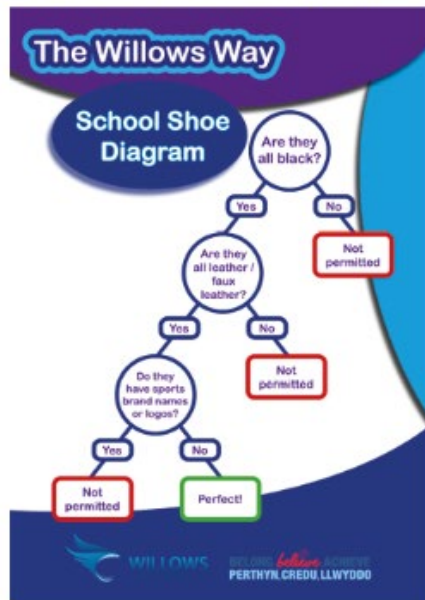
<https://indd.adobe.com/view/1dbf54a5-38cf-494f-9166-50b358b2e824>

If you are intending to buy new P.E. for next year, please remember that it is the Mid-Layer that is the compulsory item and must be worn. If you want to wear the old P.E. tops, they must be worn under the Mid-Layer

P.E. Kit:
 School P.E. midlayer top, plain black sport shorts, plain black tracksuit trousers or plain black sports leggings.
 No jeggings, tight fitting trousers, jeans, jean like trousers or low rise trousers.
 No hoodies

Currently if your child has P.E. they should wear their P.E. kit to school for that day.
 If you are concerned about the cold weather, pupils may wear their blazer as an extra layer of clothing.

Acceptable shoes flow diagram:



Hair:
 No extreme styles / non natural colours.

Shoes:
 Black leather or faux leather shoes or ankle boots only.
 No canvas, no trainers, no logos.

Black to go with the uniform.
 Leather to be weather resistant.



Uniform will be checked during the first line-up of the morning.

Pupils who are not wearing correct uniform will be sent home to either change or collect a part of their uniform that was missing

Our Valued Partners



Mobile phone use in school FAQs

What will happen if my child is using their phone on the school premises or during the school day?

Staff will request that pupils hand their device(s) in, these will be stored in a secure place, in a padded envelope and will be clearly labelled ready for collection at the end of the same day. In an attempt to discourage use of electronic devices we will operate an escalated approach:

- Initial offences - Device handed-in, pupil can collect at the end of the same day, Parent/Carer informed.
- Repeated offences – Device handed-in, parent/carer must collect.
- Continued offences – Device handed-in, parent/carer must collect. Parent/carer to attend a meeting.



In the event of an exceptional circumstance, your child's Head of Year should be made aware and an individual solution will be applied.

Can my child bring their phone/electronic device to school?

Yes of course, we ask that they are switched off and out of sight during the school day and when on the school premises.

What if I can't collect my child's phone/electronic device?

That's ok, we will keep any devices secured at the school until it is convenient for you to collect.

What will happen if my child refuses to hand in their electronic device/mobile phone?

This is something we all want to avoid and as such we will also have an escalated approach to this:

Discussion with Head of Year / SLT > time in the APC until handed in > exclusion

Please encourage your child to not use their device in school to avoid the above escalation, we are giving plenty of advance warning to avoid this.

What happens if I need to speak to my child during the school day?

There are rare occasions whereby you may need to speak with your child for emergency reasons, if this is the case, please contact the school via the main number (02920 414243) and we will endeavour to pass on messages or collect your child to use a school phone. If we feel that your child needs to speak with you, we will provide a private space using a school phone to contact you.

Can devices be used during breaks/lunches?

No, we want pupils to communicate with their friends, develop their social skills and be present with each other.

I really find it hard to separate my child from their phone, can you help?

Yes, absolutely, we want our pupils to use their electronic devices responsibly and in moderation. We can work with you to put in place plans to avoid overuse and misuse and will support you in ensuring your child is meeting the school expectations. We will also be educating pupils on how to use devices responsibly and sharing further information on how parents/carers can monitor their child's use.

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Willows Welsh

Shwmae! Why not practice your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced.

The first table contains basic terms and phrases. The second table contains extended terminology and language patterns, for the more advanced learner. Send any queries or questions to:

willowswelsh@willows.cardiff.sch.uk

Welsh Terms of the Week		Week Five
Welsh	Phonetic	English
Dydd Llun	Dee-th Ll-ean	Monday
Dydd Mawrth	Dee-th Mouth	Tuesday
Dydd Mercher	Dee-th Merch-errr	Wednesday
Dydd Iau	Dee-th Y-eye	Thursday
Dydd Gwener	Dee-th Gwen- air	Friday
Dydd Sadwrn	Dee-th Sad-orn	Saturday
Dydd Sul	Dee-th Seal	Sunday

willowswelsh@willows.cardiff.sch.uk 

Extended Language Patterns

Rydw i'n mynd ar ddydd	Rud-oooh 'een m-ind ahh the-th	I go onday.
---------------------------------------	---	-------------------------

e.e. Rydw i'n mynd siopa ar ddydd Sadwrn. **I go shopping on Saturday.**

i'r dre	'e'r dreh	to town
i chwarae pêl droed	'e' 'ch' wah-rye pehl d'roy'd	to play football
siopa am fwyd	shop-ahh amm void	food shopping
i'r parc am dro	'e'r park am draw	to the park for a walk
i'r ganolfan hamdden	'e'r gan-ol-van ham- then	to the leisure centre

Our Valued Partners

Willows Words

Did you know that accuracy with writing is worth 50% of the marks on the GCSE English writing tasks? It's also written into the marking schemes for most subjects. You can help your child by quizzing them on the spelling of our Willows Words; these are words that have been found to be commonly misspelled at GCSE. Every week, we'll publish a selection for you to quiz and repeat them in a loop to ensure that the learning is embedded:

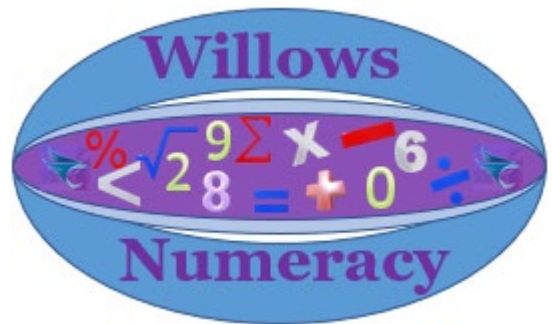


1. beginning
2. business
3. decide
4. definitely
5. embarrass
6. friend
7. immediately
8. opinion
9. opportunity
10. separate

Mathematics Department

Numeracy Boost Session (NBS):

Using a variety of digital (e.g. TT-Rock Stars) and non-digital resources, all KS3 pupils will benefit from using laptops in Numeracy Boost Session to enrich their Mathematics skills; they are delivered fortnightly by Mathematics teachers. It is a great opportunity to support low abilities further and stretch high potential pupils.



Numeracy Competition Dates - KS3:

Year 9 - Wednesday 4th December 2024

Year 8 - Thursday 5th December 2024

Year 7 - Friday 6th December 2024

 Willows Mathematics After School		
Day	Activity	Room/Teacher
Tuesday	Y7, Y8 & Y9	G14 - Miss Santos
Tuesday Week 1 Only	KS4 Intermediate	G15 Miss Wrennall
Tuesday Week 2 Only	KS4 Higher	G17 Mrs Ait-Brahim
Wednesday Week 1 Only	KS4 Intermediate	G19 Miss Koncar
Wednesday Week 1 Only	Fun Maths (Chess club)	G20 Miss Higgins

Junior UKMT Challenge – Year 7 and Year 8 MAT pupils: Challenge date: 1st May 2025

UKMT Challenge is an external Mathematics competition giving Year 7 and Year 8 MAT pupils the opportunity to tackle a variety of mathematical activities which inspire their love to problem solving. Relevant emails have been sent to pupils.

Below is the link to the UKMT website where pupils can familiarise themselves with the challenge and can practise as much as they need to increase their confidence:

<https://www.ukmt.org.uk/competition/solo/junior-mathematical-challenge/archive>

(Go to - View past papers)

For any related question, please contact Mrs Ait-Brahim at:

Halima.Ait-Brahim@willows.cardiff.sch.uk

Our Valued Partners

Numeracy Terms and Question of Week 4, starting 07/10/2024

To help our pupils boost their mathematical vocabulary and Numeracy skills, The "Terms & Question of the week" will be emailed to them in a weekly basis.

Any questions, please email: Halima.Ait-Brahim@willows.cardiff.sch.uk

The solution to the actual weekly question will be emailed to pupils on **Monday** with the new question.

Answer of the week Week 5 – Starting 30.09.24

Collecting Cards:

One way to solve this problem would be to create a table that keeps track of how many cards Elin and Jessica have each day.

Day 0 represents the day before Elin starts giving cards to Jessica.

Each day, Elin's total will decrease by 8 and Jessica's total will increase by 8.

So, on the 10th day, Elin and Jessica each have 89 hockey cards. Another way to solve this problem is to see that Elin and Jessica have a total of $169 + 9 = 178$ cards.

They will have the same number of cards when each has half of the total: $178 \div 2 = 89$ cards.

So, Jessica needs $89 - 9 = 80$ more cards to have half of them. If Elin gives 8 cards each day, that will take $80 \div 8 = 10$ days.

Since there is no remainder in this division, they will have the same number of cards on the 10th day.



Day	Elin's Total	Jess's Total
0	169	9
1	161	17
2	153	25
3	145	33
4	137	41
5	129	49
6	121	57
7	113	65
8	105	73
9	97	81
10	89	89

Answer of the Week ,starting 30.09.2024

Question of the Week

Week 6 – Starting 07.10.24

Pizza Party

Last year, Miss Santos had a pizza party for all 36 students in her class. She expected everyone to eat 4 slices of pizza each. When the party was done, she had a lot of pizza left over. Miss Santos observed three groups at the party:



Group A: made up one-third of the class. Each person in this group ate half the number of slices Miss Santos predicted everyone would eat.

Group B: made up half of the class. They each ate 2 slices. After that, each person shared one more slice with a friend in this group.

Group C: made up the remainder of the class. Each person in this group ate 4 slices each, as she expected.

A) How many people were in Group A?

B) How many pizza slices in total did the people in Group B eat?

C) How many people were in Group C?

D) If a large pizza has 12 slices, how many pizzas should Miss Santos have ordered for the party to avoid having so much pizza left over? Note that she might still have ended up with a few extra slices.

Question of Week 2, starting 07/10/2024

Terms of the week

Week 6 - beginning 07.10.24

Algebra and algebraic expressions:

Algebra is the branch of mathematics that substitutes letters for numbers to solve for unknown values.

Algebraic expressions are symbols that represent numbers or operations between numbers.

For example:

$3x + 4$ is an algebraic expression

$5y - 2n$ is an algebraic expression

Terms of the Week

Our Valued Partners

MathsWatch

All of our pupils' weekly Mathematics homework is accessible on MathsWatch, which can be found at <https://www.mathswatchvle.com/>. They must be completed by their given deadlines. Each set homework is open for a month, so that pupils can keep improving their scores. This will also help your child to revise and to practice the mathematics and numeracy skills, knowledge and understanding that they have been learning in class. There are videos available for each topic and interactive questions that they can try. Please ensure your child completes and submits their homework on time. Any outstanding homework must still be completed, and they should all aim to achieve 100% on them.



Whole School Leaderboard

#	First Name	Surname	Year	Class
1	Kevin	Prasanth	8	8SC/Ma
2	Azeem	Ololde-Ankirun	8	8SC/Ma
3	Animesh	Joshi	8	8SC/Ma

Year Group Leaderboards

#	First Name	Surname	Year	Class
1	Ayo	Olabode	7	7SO/Ma
2	Saadique	Durani	7	7SO/Ma
3	Kudirat	Irale	7	7SO/Ma

#	First Name	Surname	Year	Class
1	Kevin	Prasanth	8	8SC/Ma
2	Azeem	Ololde-Ankirun	8	8SC/Ma
3	Animesh	Joshi	8	8SC/Ma

#	First Name	Surname	Year	Class
1	Amnah	Husayn	9	9MA/Ma
2	Josyanne	Goncalves	9	9DA/Ma
3	Jack Rhys	Drewen	9	9DA/Ma

#	First Name	Surname	Year	Class
1	Seren	Davies	10	10DA/Ma
2	Aira	Setiadji	10	10CU/Ma
3	Sumaya	Abdillahi	10	10CU/Ma

#	First Name	Surname	Year	Class
1	Zlora	Asinobi	11	11FA/Ma
2	Fehintola	Agboola	11	11MC/Ma
3	Abdulwahab	Younis	11	11FA/Ma

TimesTable Rockstars

Single numeracy boost sessions are provided to all our Year 7, 8 & 9 pupils on a fortnightly basis to enrich their Mathematical Skills, specifically with a focus on times tables. Pupils will be accessing their TTRS accounts and improving their knowledge of the times tables.



At home, pupils should log on to TTRS via their technological devices at home. There is also a phone app that they can download via Apple or Android, free of charge.

All the pupils have 5-10minutes daily tasks on there to help consolidate their times tables. It will also earn them coins to use for customising their own individual avatars. Similarly to MathsWatch, there will be a leaderboard and certificates to reward their efforts.

Rank	Name	Maths Group
1	Lexi Stickler	8BE/Ma
2	Ethan Smith	7CA/Ma
3	Omer Ali Gonul	7PL/Ma

Please congratulate the **"Top 3 TTRS"**, who have improved their speed time in answering times tables questions! Keep practicing everyone!

For any login issues, please email Miss Santos at dana.santos@willows.cardiff.sch.uk

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Community

You will find plenty of information on community and local goings-on at:

[The Community Noticeboard » Green Squirrel](#)



[Inksplott | Community Is Everything](#)

Cardiff Salad Garden Community Research 2024

Cardiff Salad Garden has two community garden sites in Bute Park and Riverside Community Garden in Pontcanna Allotments.

They work to help people access good quality, locally-grown food, develop their physical and mental wellbeing and feel part of a supportive community.

Please could you take a few minutes to complete the survey below to share your views about how the project could develop.



<https://docs.google.com/forms/d/e/1FAIpQLSdZM9dPoRZh5gIEUV7BLYmFSa2l1Zb4mrMR-smLsIKWPwzvnA/viewform>

The Splott Community Volunteers run a community breakfast on Thursday Mornings 8am – 10am in The STAR Centre, Splott Road, Splott CF24 2BZ.



If you have any of the following spare, please drop them off at the school reception so that we can help Splott Community Volunteers provide food for those in need:

- **Tins:** rice pudding, custard, tuna, chopped or plum tomatoes, soup, any meals in tins
- **Cereals:** corn flakes, bran flakes, rice crispies, shreddie, weatabix
- **Dried items:** pasta, rice, noodles

The Tremorfa Community Pantry

The amazing Tremorfa Community Pantry are always busy finding ways to support the community. You can find them at:

Tremorfa Community Hall, Tweedsmuir Road, CF24 2QZ.



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Willows Garden

Our long-term aim as a school is to make our garden an inviting space not only to educate but to enjoy for pupils and staff with added first-hand experience of growing your own fruit and vegetables. We would love to grow and cook our home-grown ingredients to utilise in our school kitchen or the Willows Pantry. If you want to get involved, please look out for upcoming garden news.



Splo-down

[Splo-down](http://splo-down.org) is a member-run community food cooperative open to residents of Adamsdown, Splott, and Tremorfa. They buy food in bulk and use sliding-scale pricing so they can make good quality food accessible to everyone. They currently run a weekly stall 5-7pm every Wednesday where they sell veg boxes and run a zero-waste shop selling other food and household products such as rice, lentils, pasta, spices, and washing up liquid.



They try to source our products from sustainable and ethical suppliers as much as possible. For any questions, please email them at: ask@splo-down.org

Keep Splott Tidy

The annual spooktacular litter pick is almost upon us. Please consider joining Keep Splott Tidy with or without your witched hat to cast a spell and make Splott clean. They will be meeting at 10am on Sunday 27th October at Splott Park behind the Hyb. All equipment will be provided and feel free to dress up! (Remember that the clocks go back so you'll get an extra hour in bed!)

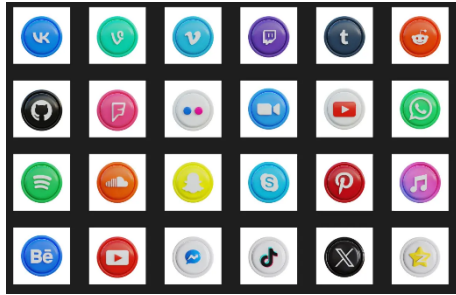


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Social Media

Social media is increasingly playing a role in the lives of our pupils and for the majority of time, this is a positive thing. However, we are increasingly seeing how social media can have quite a negative impact on our pupils and in some cases, the impact has been quite significant.



We need to work together to harness all of the positive aspects of social media (and there are many) and to cancel out those aspects which can do harm. Whilst it is easy to focus on the fact that the age guideline for most sites is 13, it is also recognised how difficult it is to stop children from accessing these especially when all of their friends are using a certain platform.

Perhaps a more realistic place to start is to ensure that, if social media sites are to be used then they are set up in a way which helps to protect privacy. For example, most platforms allow you to:

- **set an account to private** (many of our pupils don't do this and some have been approached by people they don't know)
- **not allow friend requests** – again, some pupils have had friend requests from unknown users
- **hide the user's location** – worryingly, so many pupils share their location and with the development of ever more sophisticated software, it is becoming relatively easy to pinpoint exactly where the social media account is being used from (without sharing any address details).

Changing the settings to not allow the issues to happen takes a few minutes and can significantly improve the level of online safety when accessing social media. The NSPCC site 'Keeping children safe online' really is excellent and I would urge all families to access this: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

South Wales Police - Sextortion

We have been informed that South Wales Police are concerned about the rapidly growing number of 'sexortion' cases involving young people across Wales.

This is where individuals are targeted and threatened that inappropriate images of themselves that have been previously uploaded will be shared unless money is sent. This is obviously extremely worrying and the first action must be to ensure that no such photographs or videos exist – and, if they do so, they must be deleted immediately.

The advice to families from South Wales Police is as follows:

- Don't pay, do stop contact and block: you may be tempted to pay, but there is no guarantee that this will stop the threats. As the offender's motive is to get money, once you have shown you can pay, they will likely ask for more and blackmail may continue. If you have paid, don't panic but don't pay anything more. Help your child to stop all communication with the offender and block them on any accounts that they have been contacted on.
- Avoid deleting anything: try not to delete anything that could be used as evidence such as messages, images, telephone numbers, and bank account details.
- Report to the police or CEOP: call 101 or 999 if there is an immediate risk of harm to your child. Or you can use the [CEOP Safety Centre](#) to report any online blackmail attempts.

The NSPCC website is also a very good source of information and support should you require it.

Our Valued Partners

Learning Lounge & Families

Adult Learning in the Learning Lounge



MANAGING CHILDREN'S BEHAVIOUR LEVEL 1

5 WEEK ACCREDITED COURSE

ON THIS COURSE, LEARNERS WILL BEGIN TO GAIN AN UNDERSTANDING OF THE INFLUENCE OF DIFFERENT PARENTING STYLES ON CHILDREN. YOU WILL LEARN ABOUT BEHAVIOUR THAT IS LINKED TO A CHILD'S DEVELOPMENT AND BEHAVIOUR THAT CHALLENGES PARENTS. YOU WILL DISCUSS EFFECTIVE WAYS OF COMMUNICATING WITH CHILDREN, HOW TO USE PLAY TO SUPPORT A CHILD'S BEHAVIOUR AND ALSO WAYS TO REDUCE DISRUPTIVE BEHAVIOUR.

WILLOWS HIGH SCHOOL
FRIDAY
9.30 AM - 2.30 PM
STARTING ON
20/09/2024

ENROL ONLINE: WWW.ADULTLEARNINGCARDIFF.CO.UK
 ENROL BY PHONE: 029 2087 1071 ADVICE LINE 020 2087 2030 OPTION 2

Dygsu Oedolion **Adult Learning**

Child Psychology

HOW DO PARENTS AND CARERS BOND WITH BABIES?
HOW DO BABIES LEARN TO TALK?
WHY DO CHILDREN DEVELOP GENDER ROLES?
FIND OUT ON THIS FREE 5 WEEK COURSE AND GAIN A LEVEL 1 CERTIFICATE!

WEDNESDAY
9:30AM - 2.30PM
WILLOWS HIGH SCHOOL
STARTS WEDNESDAY
6TH NOVEMBER 2024












SHOPPING ON A BUDGET
 WITH THE MULTIPLY PROJECT

Mondays - starting
14th October
4 weeks
1pm - 3pm
Willows High School
Learning Lounge

YOU WILL...

- Learn essential skills in selecting goods based on price and planning the use of money.
- Develop the ability to identify costs, compare prices and manage a simple budget.
- Gain experience shopping online to increase digital skills, confidence and independence.
- Gain a certificate in Agored Budgeting - Level Entry 3.

Contact your Family Engagement Officer to book your space:
 Karen Hunt: karen.hunt@willows.cardiff.sch.uk 07707818093



SUPPORTING TEACHING & LEARNING LEVEL 2

5 WEEK ACCREDITED COURSE

This Level 2 course looks at the models of Learning Support adopted in schools. You will learn about the role of the Learning Support Assistant and identify the skills needed for this position. In addition you will discuss different attitudes to acceptable behaviour and look at ways of encouraging positive behaviour in children. You will also study health and safety and legal requirements for schools. On this course you will also prepare to apply for work in schools.

WILLOWS HIGH SCHOOL
WEDNESDAY
9.30AM - 2.30PM
STARTING WEDNESDAY
6TH NOVEMBER 2024
all sessions need to be attended to complete course

ENROL ONLINE: WWW.ADULTLEARNINGCARDIFF.CO.UK
 ENROL BY PHONE: 029 2087 1071 ADVICE LINE 020 2087 2030 OPTION 2

Dygsu Oedolion **Adult Learning**

Please complete this form for the course above:

<https://forms.office.com/e/fh3FMt5yzF>

Our Valued Partners



Willows Pantry

We are working with the MCKS Charitable Foundation UK to reduce the instances of food poverty in our area. We are provided with a donation on a fortnightly basis which can then be distributed amongst our community.

The pantry will be open on Monday 14th October from 10am to 1pm.

There is no need to access the school through the Main Reception, if you'd like to engage with this service, go straight to the Learning Lounge.



MCKS
Charitable Foundation UK

Our School Pantry Cupboard is proudly supported by
MCKS Charitable Foundation UK



Citizens Advice

A reminder that members of our community can make appointments with staff from the Citizens' Advice at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail the school using karen.hunt@willows.cardiff.sch.uk or by phone using 07733889062

Wellbeing in school

At Willows High School, we aim to promote positive mental health and wellbeing for our whole school community; pupils, staff and families, and recognise how important mental health and emotional wellbeing is to our lives in just the same way as physical health. We recognise that children's mental health is a crucial factor in their overall wellbeing and can affect their learning and achievement. All children go through ups and downs through their school career/life and some face significant life events.

Our aim is to help develop the protective factors which build resilience to mental health problems and be a school where:

- All pupils are valued
- Pupils have a sense of belonging and feel safe
- Pupils feel able to talk openly with trusted adults about their problems without feeling any stigma
- Positive mental health is promoted and valued
- Bullying is not tolerated

Pupils

If you feel you need some support with your wellbeing we want to help and there are many places to go: Staff in the Learning Lounge are here to look after your wellbeing so please come down for a confidential chat.

If you are a young carer and feel you need more support or would like to know about more opportunities out there for you, Ms. Mackintosh, our Safeguarding Officer, can provide information on what is available.

Your Head of Year or any member of the Welfare Team are there to support you. You can find them at line-up time, in the welfare office or anywhere around the school.

A member of staff you trust. All members of staff will be there for you. If you want to confide in someone please do and they will help get you the support you need.

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Cardiff



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Wimpey



Are you a parent who has had depression or struggled with low mood?
Do you have a child aged 13-19?



Our study will...
offer young people the opportunity to learn wellbeing skills through an online cognitive behavioural therapy (CBT) group program

and...
offer additional support to parents with depressive symptoms

Receive up to **£160** in vouchers

WE WANT TO HEAR FROM YOU
Scan the QR code to register your interest in taking part



Please get in touch:
SWELL@cardiff.ac.uk
07720 145111





Parents and Families

We want to help you as best we can and there is a lot of support out there for parents and families.

Please contact the school using karen.hunt@willows.cardiff.sch.uk or by phone using 07733889062 if you need any information on who you can turn to.

Your child's Head of Year and the Welfare Team can also help. Please do not suffer alone. Reach out to us.

Allergies

At Willows, we are very conscious of pupil and staff sensitivity to the 14 food allergens. The food that our canteen produces is clearly labelled and the pupil information displayed at the tills identifies any allergies that the pupil in front of them has.

We do have a number of staff and pupils who have strong reactions to certain allergens, **particularly nuts**, so we ask for the support of all families to be aware of what your child is bringing into school and be sympathetic to the sensitivities of our school community.

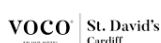
We cannot 100% guarantee that the school is nut free, it is not possible to check what food is brought into school by every pupil, every day. We ask for your support in ensuring that the risks of allergic reactions are minimised.

For more information on allergies, please visit <https://www.allergyuk.org/>.

THE 14 FOOD ALLERGENS

 <p>MOLLUSCS Including land snails, whelks and squid.</p>	 <p>EGGS Can be found in cakes, sauces and pastries.</p>	 <p>FISH Found in pizza, dressings and Worcestershire sauce.</p>
 <p>LUPIN Lupin can be found in bread, pastries and pasta.</p>	 <p>SOYA Various beans including edamame and tofu.</p>	 <p>MILK Butter, cheese, cream and milk powders contain milk.</p>
 <p>PEANUTS Can be found in cakes, biscuits and sauces.</p>	 <p>GLUTEN In food made with flour such as pasta and bread.</p>	 <p>CRUSTACEANS Such as crab, lobster, prawns, shrimp and scampi.</p>
 <p>MUSTARD Can be in liquid or powder form as well as seeds.</p>	 <p>NUTS Including cashews, almonds and hazelnuts.</p>	 <p>SESAME Found on burgers, bread sticks and salads.</p>
 <p>CELERY Including stalks, leaves, seeds and celeriac.</p>	 <p>SULPHITES Found in dried fruit like raisins and some drinks.</p>	

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Period Dignity

We have been working hard to reduce the stigma over periods for the last two years in line with all Wales objectives. We are hoping to achieve the 'Period Standard' award soon. Please take a few moments to familiarise yourself with the document featured in the link below:

<https://www.gov.wales/sites/default/files/publications/2023-02/period-dignity-strategic-action-plan-young-people%27s-version.pdf>

Just a reminder that school can provide tampons, pads, menstrual cups and period pants for pupils which are provided by the LA. Please direct pupils to form tutors, the Welfare Office, the Main Office or to Mrs. Bubbins if you think they may need help with this.

All Year 8 pupils will be receiving a 'Period Dignity' workshop from qualified advisors from Brook on Wednesday 8th December. Please e-mail Mrs. Bubbins, in advance, Kelly.bubbins@willows.cardiff.sch.uk if you have any questions about this.

We would like to hear your views on improving period provision. We have implemented many of your ideas from our last survey and value your opinions. The link to the Parent Questionnaire is here:

<https://forms.office.com/e/RBkJKggA1Z>

Likewise, we would like more feedback from our pupils in this area. The link to the Pupil Questionnaire is here:

<https://forms.office.com/e/i2wscPQX7s>

Please take time to help us, help you have a dignified period.

A reminder that pupils can collect free period products from school at any time. Pupils can ask any trusted adult for these or can access them in the school office, from Mrs. Bubbins or from the Welfare Office.



Safeguarding:

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on Danielle.Mackintosh@willows.cardiff.sch.uk If you are a pupil that needs help, please also contact Danielle via this e-mail address.

Chat Health:

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarrassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):



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ARUP Taylor Wimpey



Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please contact the school using karen.hunt@willows.cardiff.sch.uk or by phone using 07733889062. Where we can help, we will do so confidentially.

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Key Services

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

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Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

Please could parents refrain from turning up at the school reception without an appointment. Heads of Year, Teachers and Support Staff are incredibly busy during the school day looking after our pupils. If there is a problem, please arrange an appointment with your child's Head of Year in the first instance. To organise this, please ring the school reception on 029 20414243.

Alternatively, you can e-mail the relevant member of staff, details below:

Headteacher	Mr. Christopher Norman	Christopher.Norman@Willows.Cardiff.sch.uk
Welfare Manager	Miss. Kimberly Williams	Kimberly.Williams@Willows.Cardiff.sch.uk
Year 7 – Head of Year	Miss Savannah Reed	Savannah.Reed@Willows.Cardiff.sch.uk
Year 7 – Leadership Link	Mr. Marcello Lo Celso	Marcello.Locelso@Willows.Cardiff.sch.uk
Year 8 – Head of Year	Miss Marcella Sansom	Marcella.Sansom@Willows.Cardiff.sch.uk
Year 8 – Leadership Link	Mr. Jack Smith	Jack.Smith@Willows.Cardiff.sch.uk
Year 9 – Head of Year	Mrs. Roisin Cherrett	Roisin.Cherrett@Willows.Cardiff.sch.uk
Year 9 – Leadership Link	Mrs. Kelly Bubbins	Kelly.Bubbins@Willows.Cardiff.sch.uk
Year 10 – Head of Year	Mrs. Tara David	Tara.David@Willows.Cardiff.sch.uk
Year 10 – Leadership Link	Mrs. Suzie Warren	Suzie.Warren@Willows.Cardiff.sch.uk
Year 11 – Head of Year	Mrs. Catherine Watkins	Catherine.Watkins@Willows.Cardiff.sch.uk
Year 11 – Leadership Link	Mr. Simon Thomas	Simon.Thomas@Willows.Cardiff.sch.uk
Edison	Ms. Helen Amos	Helen.Amos@Willows.Cardiff.sch.uk
Tesla	Ms. Jane Crawshaw	Jane.Crawshaw@Willows.Cardiff.sch.uk
Family Engagement Officer	Mrs. Karen Hunt	Karen.Hunt@Willows.Cardiff.sch.uk
SRB Leader	Mrs. Zahra Nurmohamed	Zahra.Nurmohamed@Willows.Cardiff.sch.uk

By working together, we can ensure your child's success.

Team Willows

Our Valued Partners

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VOCO St. David's Cardiff



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**SUPPORT
OUR LOTTERY
TODAY**

**£1 per
week**

**Weekly
cash prizes**

**£25,000
jackpot**



Splitting the £1.00

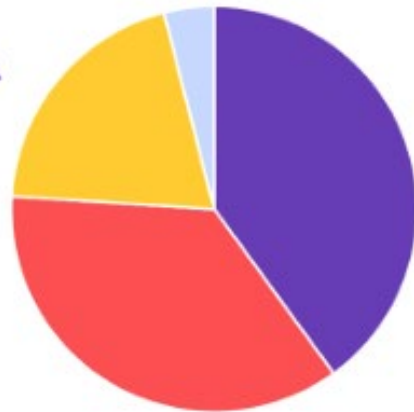
How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Willows High School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online by direct debit or debit card.

It's so easy to join and will make a real difference to Willows High School



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school



Buy A Ticket

GambleAware



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Taylor Wimpey



The Willows Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal of the day £3.40	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread Pomegranate salad pot	Halal chicken sausage with vegetable mash and gravy	Oven baked lemon chicken Herb roasted new potatoes and Mediterranean vegetables Alt: Rice	Jerk chicken with Mediterranean vegetable rice and peas	Fish, chips and beans Salmon fishcake Alt: ½ Jacket potato
Vegetarian option	Butternut squash, courgette, feta and basil pasta Garlic bread	Vegetarian sausage bake with vegetable mash and gravy	Vegan meat balls with lemon cream sauce	Asian influenced lentil and chickpea dhal with pitta bread	Pitta kebab with mint yogurt
Salad of the day	Pomegranate salad	Salad of the day	Salad of the day	Salad of the day	Salad of the day
Dessert	Toffee and banana sponge with custard	Vanilla cheesecake	Orange jelly fruit pot	Brownie	Apple and berry crumble
Hot snack	Cheeseburger (£1.75)	Southern fried chicken burger (£2.75)	Calzone (£1.75)	Hotdog (£2.60)	Pitta kebab with mint yogurt (£2.50)
Hot wrap	Cheese burrito (£3.00)	Reggae Reggae chicken (£3.00)	Garlic mayo chicken (£3.00)	Nandos chicken (£3.00)	Sweet chilli Chicken (£3.00)
Everyday snack	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)

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Extra-Curricular Activities 2024 – 2025 (Autumn Term)

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years
Lesson time	Individual Instrumental lessons TBC with individuals.	Individual Instrumental lessons TBC with individuals.	Individual Instrumental lessons TBC with individuals.	Individual Instrumental lessons TBC with individuals.	Individual Instrumental lessons TBC with individuals.
After school	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework
	3.10 – 4.00 pm: Wellbeing Art and Craft PAWB – SP / OA	3.10 – 4.00 pm: Group Instrumental lessons PAC – FG	3.10 – 4.00 pm: Group Instrumental lessons PAC - FG	3.10 – 4.00 pm: Group Instrumental lessons PAC - FG	3.10 – 4.00 pm: Book Club NLC – F3
		3.10 – 4.00 pm: Mini robot programming AH – G12	Week 2 – 3.10 – 4.00 pm: Art Club EJ – F4	Week 1 - 3.10 – 4.00 pm: LGBTQIA+ Club EJ – F5	
		3.10 – 4.00 pm: Science Club CB – S7	3.10 – 4.00 pm: 'A Night at the Musicals' Rehearsals PAC / Theatre – SG, JM, SR	3.10 – 4.00 pm: Eco-Committee JK – G19	
		3.10 – 4.00 pm: Dungeons and Dragons NH – S9	Week 1 - 3.10 – 4.00 pm: Fun Maths (Chess Club) KH – G20	3.10 – 4.00 pm: Creative Writing Club FS – F9	
		Week 1 - 3.10 – 4.00 pm: Welsh Club – Y7, Y8 and Y9 AGR – G7	3.10 – 4.00 pm: Debate Club JEN – F11	3.10 – 4.00 pm: K-Pop Club DS – G14 / theatre	
		Week 2 – 3.10 – 4.00 pm: Ciw Cymraeg AGR - G7		3.10 – 4.00 pm: 'Beads by Willows' Jewellery Making Club CC – F9	
		3.10 – 4.00 pm: Y7, 8 and 9 Maths DS – G14			

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Extra-Curricular Activities 2024 – 2025 (Autumn Term)

PE Extra-Curricular Sport Programme:

Venue	Monday	Tuesday	Wednesday	Thursday	Friday
Gym		KS4+KS3 Boys Basketball KS4+KS3 Girls Basketball AR/MC	All Girls Fitness Week 2 only SM	KS4+KS3 Boys Basketball KS4+KS3 Girls Basketball AR/MC	
Barn		KS4+KS3 Boys Basketball KS4+KS3 Girls Basketball AR/MC	Coming Soon Cricket Week 2 only SHM/RK	KS4+KS3 Boys Basketball KS4+KS3 Girls Basketball AR/MC	
3G	KS3 Boys Football (Fixtures tbc) JLS – JG - SJ	KS3 Boys Football (Training) JG – SJ	KS3 Boys Football (Fixtures tbc) JLS – JG - SJ	KS3+KS4 Girls Football KH/NA/SM	KS3 Boys Football (Fixtures tbc) JLS – SJ - JG
Pitch 1				KS3 Boys Football (Fixtures tbc) JLS – JG - SJ	
Rugby Pitch		Cross Country Autumn Term SM			
CV/Weights Room					
Muga			Coming Soon Cricket Week 2 only SHM/RK		
Dance Studio					

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Years 10 & 11 Revision Timetable 2024 – 2025

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm
	Science Revision (See Time-table below)	3.10 – 4.00 pm: Y10 and Y11 Intermediate Maths Miss Wrennal – G15	3.10 – 4.00 pm: Y10 and Y11 Intermediate Maths Miss Koncar – G19	3.10 – 4.00 pm: French Revision with your French teacher	
		3.10 – 4.00 pm: Y7, 8 and 9 Maths Miss Santos – G14	3.10 – 4.00 pm: Y7, 8 and 9 Maths Miss Higgins – G20	3.10 – 4.00 pm: English Revision Mrs. Lo Celso (F3)	
		3.10 – 4.00 pm: French Revision with your French teacher.	3.10 – 4.00 pm: Y11 Media Studies revision Mrs. Bubbins – G25	3.10 – 4.00 pm: Y11 RE revision Ms. Guilfoyle (S10)	
		3.10 – 4.00 pm: Y11 History Revision (after Christmas) Y10 History Revision (after Feb half-term) Mr. Henwood (S9)	3.10 – 4.00 pm: Hospitality and Catering Revision Ms. Davies (G4)		
		3.10 – 4.00 pm: Y10 RE revision Ms. Guilfoyle (S10)	3.10 – 4.00 pm: Y11 Computer Science Unit 2 support Miss Charles – G13		
		3.10 -4.00pm Art GCSE A* Masterclass Ms Elkes-Jones (F2)	Starting 09/10/24 – 3.10 – 4.00 pm Product Design catch up Mr. Konten (G2)		

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Years 10 & 11 Revision Timetable 2024 – 2025

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm
	STAFF MEETING	3.10 – 4.00 pm: Y11 Higher Tier Maths Ms. Ait-Brahim (G17)	3.10 – 4.00 pm: Y11 Media Studies revision Mrs. Bubbins (G25)	3.10 – 4.00 pm: French Revision with your French teacher.	
		3.10 – 4.00 pm: French Revision with your French teacher.	3.10 – 4.00 pm: Y10 and Y11 Art and Photography catch-up Ms Elkes-Jones (F2) and Ms Jones (F4)	3.10 – 4.00 pm: English Revision Mrs. Lo Celso (F3)	
		3.10 – 4.00 pm: Y11 RE revision Miss.Guilfoyle (S10)	3.10 – 4.00 pm: Y11 Computer Science Unit 2 support Miss Charles (G13)	3.10 – 4.00 pm: Y11 RE revision Ms. Guilfoyle (S10)	
		3.10 – 4.00 pm: Y11 History Revision (after Christmas) Y10 History Revision (after Feb half-term) Mr. Henwood (S9)			

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Science Revision 2024 – 2025 (Up to Christmas):

Date	Year 10	Year 11
16/09/2024	Biology	Chemistry
23/09/2024	Physics	Biology
30/09/2024	Chemistry	Physics
07/10/2024	Biology	Chemistry
14/10/2024	Physics	Biology
21/10/2024	Chemistry	Physics
28/10/2024	Half Term	Half Term
04/11/2024	Biology	Chemistry
11/11/2024	Physics	Biology
18/11/2024	Chemistry	Physics
25/11/2024	Biology	Chemistry
02/12/2024	Physics	Biology
09/12/2024	Chemistry	Physics
16/12/2024	Biology	Chemistry

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