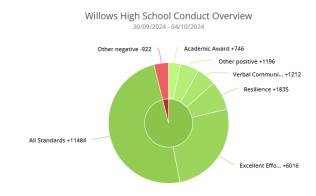


Weekly Newsletter - 04.10.2024

Hello! مرحباً | Ahoj! Ola! Dzień dobry! Salut! Helo!

Belong, Believe, Achieve:

This week our Year 11 pupils have been completing their group discussion NEAs, we have held or Awards Evening, and our pupils have been experiencing what goes on in the Welsh Government, exploring Roath Park and visiting Cardiff Garden Centre. Our assemblies have been about reading for pleasure, thank you to Mrs. Nelms for leading them.



Merits -30.09.2024 - 04-10-2024.

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners.

Year Group	Total	Excellent Effort Merit Champions		
Year 7	4303	7DeBeauvoir Bajen Faisal / Zylan Abdulli / Kashifa Asif		
Year 8	4619	8Schumann Tyrzha Wortley -Shvartz / Mylo Ryder		
Year 9	5218	9 Banksy Amnnah Husayn		
Year 10	4492	10 Josephson	Harrison Calford	
Year 11	4267	11 Boston	Falah Alajmi	

Dates for your Diary:

10/10: Cowshed - PR Gang 10/10: Sports Wales visit 10/10: Fearless - Parent event

23/10 Carousel/Mathswatch – Parent/pupil session





cowshed

















School News:

Football and basketball fixtures

Our Year 9 football team suffered a tough 3:4 loss this afternoon in a really competitive fixture. Great character shown late on but it wasn't enough. Congratulations to Cardiff West who deserved the win. Big learning game for the boys this one!

Congratulations to our Year 11 boys' basketball team who beat St. Teilo's 55:34 this week. A sterling effort from all involved with all players adding points to the scoreboard.



Willows High School Autumn 1

Wed 11th Sept - Y8 Vs Y9 (h) ✓ Thurs 19th Sept - Y8 Vs Cathays (h) Tues 24th Sept - Y9 Vs Cathays (h) Mon 30th Sept - Y7 Vs Plasmawr (h) Thurs 3rd Oct - Y9 Vs Cardiff W (h) Wed 9th Oct - Y9 Vs Plasmawr (a) Mon 14th Oct - Y7 Vs Whitchurch (a) Wed 16th Oct - Y7 Vs Radyr (h) Thurs 17th Oct - Y8 Vs St Cyres (a) Thurs 17th Oct - Y9 Vs St Teilos (h)

Willows High School Boys Basketball Fixtures

Thurs 3rd Oct Y11 Vs St Teilos (a) Thurs 10th Oct Y9 Vs St Teilos (a) Wed 23rd Oct Y11 Vs Cardiff West (a) Thurs 24th Oct Y9 Vs Cardiff West (a) Thurs 14th Nov Y11 Vs St Illtyds (a)



Science

9EI were using flame testing to help identify different metals in substances. This is similar to tests scientists can use to work out what stars are made out of.

Attendance

Today, the Attendance Team visited SRB to present awards for 100% attendance! We are very proud of our Willow-tastic 100% attenders in our SRB!!

The first draws for our Attendance Prizes took place this week. The winners will be announced during Monday's Morning Line-up.

One lucky winner will be receiving £50 worth of Amazon Vouchers and ten winners will receive a Fast Pass which will enable them to go to the front of the canteen queue for a week.

You've got to Be In to Win!





















Welsh Government Talk

This week, one of our Year 11 students, Gwion Vaughan-Thomas, gave a talk to a delegation from the Welsh Government. They were conducting research into why and how pupils choose their post 16 options and the help

they get in making that decision.



The members of the Tertiary Education Directorate were so impressed with him that they wrote a letter of praise.

"I wanted to write to say a huge thank you from me and the whole team for attending the Welsh Government Tertiary Education Directorate Away Day. Your contribution as part of our Learner Panel was invaluable and feedback from attendees has been universally positive. Many have commented that it was an extremely inspiring and engaging session so many thanks for sharing your experiences with us."

Careers - KPMG

This week Year 10 pupils were invited to visit the offices of the tax company, KMPG, one of the companies involved in the building of our new school. The company ran several workshops designed to provide students with an important insight into the world of work and to help students develop core transferable skills including communicating effective; problem solving; thinking creatively; positivity, confidence and resilience; and leadership and teamwork

The feedback from both the students and the staff at KMPG was superb. The pupils found the workshops really beneficial - and they enjoyed the free soft drinks and sweets!

Many thanks to Adrian Cole for arranging the visits and to the staff at KPMG.



Black History Month



The Black History Month event sponsored by Vaughan Gething saw the launch of the the TUC Cymru "Anti-racism at work toolkit" to combat racism in the workplace.

Speaking at the event was Secretary General of TUC Cymru Shavanah Taj, Jane Hutt - Cabinet Secretary for Social Justice, Trefnydd and Chief Whip, Shirley Newbury - Neath and Port-Talbot Union, Rhianydd Williams - Equality & Policy Officer for Wales TUC and Vaughan Gething.

Once again, our pupils behaved impeccably and made us so

proud.

Coffee Morning

We invite parents/guardians of pupils of our Special Resource Base to a Tea & Coffee Morning on the 17th October at 10.00am, please come along!





















Fearless Parents Session – 10th October 10am – 12.30pm



For young people, reporting crime can be a difficult decision. One way we can assist is to help the young person to detach themselves from the information – it's not about them but about the information they have. When someone reports something to keep others safe, whether to a trusted adult, the police or Fearless.org, they are being an active bystander. It is important to change the

narrative of crime reporting when talking to young people. They are not being a snitch; they are helping make their community, friends and family safe. They are creating a safer place for everyone to live. Willows High School is collaborating with Fearless.org to ensure that our pupils are ethical, informed citizens who are ready to be upstanding members of Wales and the world; pupils who use evidence in informing their views, engage with current issues based upon their own knowledge and values and consider the impact of their actions when making choices.

As always, we would welcome your support in this aim. Please come along to our Parent Session on the 10th October 10am – 12.30pm.

Click to register your place here: https://forms.office.com/e/cXmDrSyexF

Violence Prevention Strategy Public Survey

As you are aware, Cardiff Community Safety Partnership, is currently developing a Violence Prevention Strategy called 'Cardiff Without Violence', to deliver an effective and collaborative response to tackling violence across the city.

We have now begun the Public Consultation phase of the Draft Violence Prevention Strategy and as part of the strategy development, the Partnership wants to hear from Cardiff residents and visitors to the city about their views on violence in Cardiff context, as well as thoughts on the guiding principles and key

Strategaeth Atal Trais AROLWG CYHOEDDUS DDEC MUNUD O'CH AMSER I'N I AERDYDD YN DDINAS HWY DIOGEI Violence Prevention Strategy PUBLIC SURVEY

priorities which have been set out to focus the joint efforts in tacking the issue.

We would really appreciate it if you could complete the survey through the following links:

English: www.cardiff.gov.uk/seriousviolenceduty Welsh: www.caerdydd.gov.uk/dyletswyddtraisdifrifol

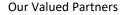
The closing date for the survey is Wednesday 30th October. Let's work together to get as much feedback as possible from the public to create an effective strategy that works to make Cardiff a safer city for all.



Supporting Your Child During Exams

Please find a link below which may help you if your child is in Year 10 or Year 11 and has upcoming examinations, it is a Parent Workshop video around supporting your child during exam season. it is roughly 40 minutes and was created by the School In-Reach team, based within the Cardiff and Vale University Health Board.

https://www.youtube.com/watch?v=CrulgjNZXHg

























Cardiff Salad Garden Community Research 2024

Cardiff Salad Garden has two community garden sites in Bute Park and Riverside Community Garden in Pontcanna Allotments.

They work to help people access good quality, locallygrown food, develop their physical and mental wellbeing and feel part of a supportive community.

Please could you take a few minutes to complete the survey below to share your views about how the project could develop.

https://docs.google.com/forms/d/e/1FAIpQLSdZM9dPoRZh5gIEUV7BLYmFSa2l1Zb4mrMRsmLsIKWPwznvA/viewform

School Essentials Grant

Registering as eligible for free school meals with your Local Authority unlocks access to the School Essentials Grant. It also means schools get more funding. With the introduction of free school meals for primary pupils, many parents/carers do not realise that schools will lose out unless they continue to register as eligible. Even if you don't need the grant, registering here: https://www.gov.wales/get-helpschool-costs will mean schools get additional funding.







School Prospectus/Parent handbook (2024-2025)

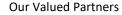
Our document containing all of the information you'll need for next year is now available to view and download on our website here. If you'd like to get your hands on a paper copy, they are available at the school Reception.

School Prospectus 2024-2025

Willows New School

As part of the New Willows Build, Morgan Sindall will be creating employment opportunities for local individuals. We will be working closely with partners and existing networks such as Into Work Cardiff, Onsite Construction Academy and Job Centre Plus who understand the needs of the local area and help to identify local people suitable for roles. We hope that by working collaboratively with these partners, we can provide some positive long term employment outcomes. You will see us at many employment and job fairs over the duration of the project.





















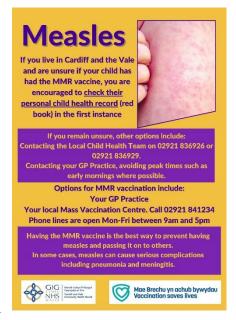


Measles

We are working in partnership with Cardiff and Vale Health Board, enabling children who have missed their scheduled appointments for MMR (measles, mumps and rubella) vaccines to access this in school.

Measles can be very serious for children, and is very easily passed between people who are not vaccinated. There are currently outbreaks of measles in Wales, so we would encourage families to take up the opportunity of their child getting their MMR vaccination if they are offered it by the Health Board. Please note that if your child is invited and you would like your child to have the MMR vaccine which does not contain gelatine (Halal), this will be an option you can choose.

For more information about the MMR vaccine please go to Measles, Mumps and Rubella (MMR) - Public Health Wales (nhs.wales)'





Attendance

Contact Details - Willows High School

To Report an Absence:

Year 8, Year 9 and the first half of Year 11 -(Surname - A to Khan)

Contact Donna Whitney using Classcharts (see How to report an absence in Classcharts)

Year 7, Year 10 and second half of Year 11 -(Surname - Khanal to Z)

Contact Amber Short using Classcharts (see How to report an absence in Classcharts)

Please do not use the old mobile numbers or email.





www.cardiff.gov.uk/schoolattendance















Class Charts

What is Class Charts?

Class Charts is an app that can be downloaded to your phone. You can use it to:

- keep track of your child's behaviour
- view attendance records
- access your child's weekly timetable
- be informed of and track detentions
- award your child merits for completing their home reading tasks
- view announcements from school.





We would like all parents to sign up to Class Charts, as we are also going to be using this as the main way of sending all messages to you. Likewise, from after half term this will also be the main way that you can report your child's absence to us.

Thank you to all parents who have signed up to Class Charts this year and to those of you who continue to use it.

Please let your child's Head of Year know if you need a login code.

How to report an absence on Class Charts

1. Click on your Class Charts app and click on your child's name.



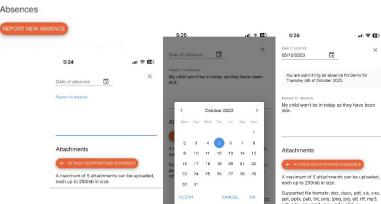


2. Scroll across the green band at the top and click 'report absence'.

Activity

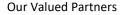
- 3. Click on 'report new absence'
- 4. Tap the calendar for the date, type in the reason and attach any pictures of medical evidence, such as letters, emails or texts from the doctors, dentist or hospital





5. Click submit...it's as easy as that!

Please contact your child's Head of Year if you have any problems logging on and they will be happy to guide you through the process.



















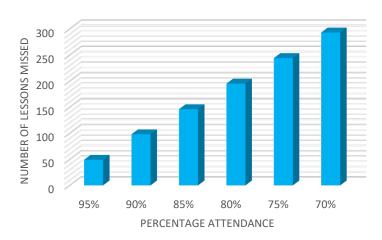




Important information about attendance to school

In an exam, if you got 90% of the questions correct, you would probably think that this is a very good result.

Number of lessons Missed



Unfortunately, this doesn't translate to your child's attendance.

90% attendance for the school year means that your child has missed 98 lessons. How are they going to make that time back?

Even 95% attendance which is the Welsh Government's threshold for good attendance means your child would have missed 49 lessons over the school year. This is a lot of work for your child to miss.

The chart above shows how quickly the number of lessons your child misses increases as their attendance drops.

The greatest gift that we can give your child is an amazing set of examination results at the end of Year 11. To provide the best possible conditions for this to happen, your child needs to have as high an attendance percentage as possible.

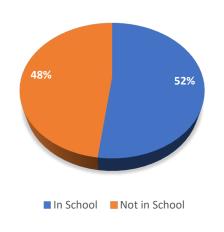
Pupils are in school for 190 days of the year, they are not in school for 175 days of the year.

We believe that this is plenty of time for the majority of appointments to be made out of school hours.

Please consider your child's education before making appointments during the school day, and if you have no option, please consider how they are going to catch up on the work they have missed and report the absence every day through Classcharts.

Every pupil who is not in school is a potential safeguarding concern if we have not been notified by you.

Days in School / Not in School



We would be grateful if families would take the information above on board and we look forward to your support.

















<u>Important Information for All Parents and Guardians</u>

Please be aware that Fixed Penalty Notices are now being issued by Cardiff Council again.

If your child has more than 5 days of unauthorised absence since September 2022 or takes an unauthorised holiday, then you are at risk of a Fixed Penalty Notice Fine being issued.

Fines are £60 at first, then rising to £120 and £180 - if the fine is still not paid then you will be summoned to court and the fine and costs will rise again.

Please note these fines do not go away. Please make sure to read any correspondence carefully.

To avoid being fined, please ensure that your child attends school every day - if there is a valid reason for absence, please contact the Attendance Team giving evidence where possible.

<u>Lateness to School: Fixed Penalty Notices</u>

Fixed Penalty Notices are already being requested for **poor attendance** and for **term-time holidays**.



After the Easter holidays we will be looking to request Fixed Penalty Notice fines for lateness to school. We ask that you speak to your child and discuss the importance of arriving at school on-time for 9:00am line-up every day. Your child is missing hours of education if they are consistently late to school.

If your child is regularly late to school then a request for a Fixed Penalty Notice fine will be actioned to the Education Welfare Service. The fine for this is £60, rising to £120, leading to a court summons & increased fines imposed. We **do not** want to have to request this – we would much rather your child be in school on time.

If your child is late to school because of an appointment then please provide evidence to the Attendance Team in the form of an appointment card or letter, etc.

Please help your child to arrive at school in good time. The main gates close at 9am – after this time your child is considered to be late and will need to sign in through Late Gates in the Learning Lounge, and then main reception.

Thank you for your support in this matter.



cowshed

















Uniform Reminder to Parents

We would appreciate the support of families to ensure that pupils come to school appropriately dressed. On the right is the information in our Parent Handbook which sets out clearly the expectation for our pupils at Willows.

We have uniform for a reason, it is to act as a leveller for pupils. Everyone wears the same, so no-one can feel disadvantaged by those who might want to come into school wearing the latest brands and expensive labels. It is also there to ensure that the clothes that are worn are appropriate to the age of child, not revealing and suitable for around walking in throughout the day.

Pupils will be sent home to change if they are wearing inappropriate clothing, this will he the school's decision.

We would appreciate if you would discuss this with your child and take steps to ensure that thev are appropriately dressed for school when they leave your house in the morning.

P.E. Kit:

School P.E. midlayer top, plain black sport shorts, plain black tracksuit trousers or plain black sports leggings.

No jeggings, tight fitting trousers, jeans, jean like trousers or low rise trousers.

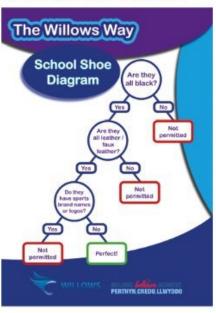
No hoodies

Currently if your child has P.E. they should wear their P.E. kit to school for that day.

If you are concerned about the cold weather, pupils may wear their blazer as an extra layer of clothing.



Acceptable shoes flow diagram:



No extreme styles / non natural colours.

Shoes:

resistant.

Black leather or faux leather shoes or ankle boots only. No canvas, no trainers, no logos.

Black to go with the uniform. Leather to be weather





Uniform will be checked during the first line-up of the morning.

Pupils who are not wearing correct uniform will be sent home to either change or collect a part of their uniform that was missing

The school will make parents aware if there is any change to the school uniform due to increases in temperature, please do not send your child in P.E. kit if the weather is warm.

Crocs are definitely not part of the school uniform! Our Parent Handbook can be accessed on our website or by clicking the link below:

https://indd.adobe.com/view/1dbf54a5-38cf-494f-9166-50b358b2e824

If you are intending to buy new P.E. for next year, please remember that it is the Mid-Layer that is the compulsory item and must be worn. If you want to wear the old P.E. tops, they must be worn under the Mid-Layer



















Mobile phone use in school FAQs

What will happen if my child is using their phone on the school premises or during the school day?

Staff will request that pupils hand their device(s) in, these will be stored in a secure place, in a padded envelope and will be clearly labelled ready for collection at the end of the same day. In an attempt to discourage use of electronic devices we will operate an escalated approach:

- Initial offences Device handed-in, pupil can collect at the end of the same day, Parent/Carer informed.
- Repeated offences Device handed-in, parent/carer must collect.
- Continued offences Device handed-in, parent/carer must collect. Parent/carer to attend a meeting.



In the event of an exceptional circumstance, your child's Head of Year should be made aware and an individual solution will be applied.

Can my child bring their phone/electronic device to school?

Yes of course, we ask that they are switched off and out of sight during the school day and when on the school premises.

What if I can't collect my child's phone/electronic device?

That's ok, we will keep any devices secured at the school until it is convenient for you to collect.

What will happen if my child refuses to hand in their electronic device/mobile phone?

This is something we all want to avoid and as such we will also have an escalated approach to this:

Discussion with Head of Year / SLT > time in the APC until handed in > exclusion

Please encourage your child to not use their device in school to avoid the above escalation, we are giving plenty of advance warning to avoid this.

What happens if I need to speak to my child during the school day?

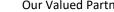
There are rare occasions whereby you may need to speak with your child for emergency reasons, if this is the case, please contact the school via the main number (02920 414243) and we will endeavour to pass on messages or collect your child to use a school phone. If we feel that your child needs to speak with you, we will provide a private space using a school phone to contact you.

Can devices be used during breaks/lunches?

No, we want pupils to communicate with their friends, develop their social skills and be present with each other.

I really find it hard to separate my child from their phone, can you help?

Yes, absolutely, we want our pupils to use their electronic devices responsibly and in moderation. We can work with you to put in place plans to avoid overuse and misuse and will support you in ensuring your child is meeting the school expectations. We will also be educating pupils on how to use devices responsibly and sharing further information on how parents/carers can monitor their child's use.























Welsh Words



Shwmae! Why not practice your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced.

The fist table contains basic terms and phrases. The second table contains extended terminology and language patterns, for the more advanced learner. Send any queries or questions to: willowswelsh@willows.cardiff.sch.uk

Welsh Terms of the Week

Week Four

1	Un	Een	6	Chwech	Chh-weh-chh
2	Dau	Die	7	Saith	Sigh-th
3	Tri	Tree	8	Wyth	Oi-th
4	Pedwar	Ped-waar	9	Naw	Now
5	Pump	Pimp	10	Deg	Dehg

willowswelsh@willows.cardiff.sch.uk

Willows Welsh

Extended Language Patterns

Mae o bobl yn	My or bobble un fuh	There are people
fy nheulu.	nuh -hey-lee	in my family.

fi	vee	me
fy mam	vuh mam	my mum
fy nhad	vuh nuh-haad	my dad
fy mrawd	vuh m-rah-w'd	my brother
fy chwaer	vuh 'ch'-wire	my sister
fy mab	vuh maab	my son
fy merch	vuh meh-r-'ch'	my daughter
fy ci	vuh key	my dog

cowshed















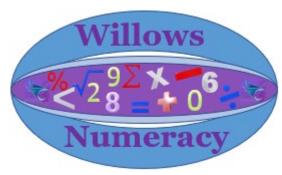


Willows Words

Did you know that accuracy with writing is worth 50% of the marks on the GCSE English writing tasks? It's also written into the marking schemes for most subjects. You can help your child by quizzing them on the spelling of our Willows Words; these are words that have been found to be commonly misspelled at GCSE. Every week, we'll publish a selection for you to quiz and repeat them in a loop to ensure that the learning is embedded:

- 1. conscience
- 2. environment
- 3. government
- 4. graffiti
- 5. occasion
- 6. privilege
- 7. restaurant
- 8. rhythm
- 9. truly
- 10. writing





Mathematics Department

Numeracy Boost Session (NBS):

Using a variety of digital (e.g. TT-Rock Stars) and non-digital resources, all KS3 pupils will benefit from using laptops in Numeracy Boost Session to enrich their Mathematics skills; they are delivered fortnightly by Mathematics teachers. It is a great opportunity to support low abilities further and stretch high potential pupils.

Numeracy Competition Dates - KS3:

Year 9 - Wednesday 4th December 2024

Year 8 - Thursday 5th December 2024

Year 7 - Friday 6th December 2024



Day	Activity	Room/Teacher
Tuesday	Y7, Y8 & Y9	G14 - Miss Santos
Tuesday	KS4	G15
Week 1 Only	Intermediate	Miss Wrennall
Tuesday	KS4	G17
Week 2 Only	Higher	Mrs Ait-Brahim
Wednesday	KS4	G19
Week 1 Only	Intermediate	Miss Koncar
Wednesday	Fun Maths	G20
Week 1 Only	(Chess club)	Miss Higgins

Junior UKMT Challenge - Year 7 and Year 8 MAT pupils: Challenge date: 1st May 2025

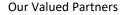
UKMT Challenge is an external Mathematics competition giving Year 7 and Year 8 MAT pupils the opportunity to tackle a variety of mathematical activities which inspire their love to problem solving. Relevant emails have been sent to pupils.

Below is the link to the UKMT website where pupils can familiarise themselves with the challenge and can practise as much as they need to increase their confidence:

https://www.ukmt.org.uk/competition/solo/junior-mathematicalchallenge/archive

(Go to - View past papers)

For any related question, please contact Mrs Ait-Brahim at: Halima.Ait-Brahim@willows.cardiff.sch.uk























Numeracy Terms and Question of Week 5, starting 30/09/24:

To help our pupils boost their mathematical vocabulary and Numeracy skills, The "Terms & Question of the week" will be emailed to them in a weekly basis.

Any questions, please email: Halima.Ait-Brahim@willows.cardiff.sch.uk

The solution to the actual weekly question will be emailed to pupils on **Monday** with the new question.

Answer of the week

Week 4 - Starting 23.09.24

Tents Situation

Two years ago, Albany Arabic School took its grade 3 and grade 4 classes on a camping trip. There were 41 students going on the trip. They took 9 tents with them. Each tent slept either 3 campers or 5 campers. Every tent was completely filled and every camper was in a tent.



How many 5-person tents did they bring with them?

Since 41 is neither a multiple of 3 nor a multiple of 5, the students must have taken at least one of each type of tent. Now we can consider all combinations of 3-person tents and 5-person tents where there is a total of 9 tents, and where we have at least 1 and at most 8 tents that sleep 5 campers. We can create a table to keep track of the numbers:

Number of 5-person tents	Total campers in 5-person tents	Number of 3-person tents	Total campers in 3-person tents	Total campers (sum)
1	$1 \times 5 = 5$	8	$8 \times 3 = 24$	5 + 24 = 29
2	$2 \times 5 = 10$	7	$7 \times 3 = 21$	10 + 21 = 31
3	$3 \times 5 = 15$	6	$6 \times 3 = 18$	15 + 18 = 33
4	$4 \times 5 = 20$	5	$5 \times 3 = 15$	20 + 15 = 35
5	$5 \times 5 = 25$	4	$4 \times 3 = 12$	25 + 12 = 37
6	$6 \times 5 = 30$	3	$3 \times 3 = 9$	30 + 9 = 39
7	$7 \times 5 = 35$	2	$2 \times 3 = 6$	35 + 6 = 41
8	$8 \times 5 = 40$	1	$1 \times 3 = 3$	40 + 3 = 43

From the table, we can see that the only possible combination that meets the requirements is to take 7 tents that sleep 3 campers and 2 tents that sleep 3 campers.

Alternatively, if we only had tents that sleep 3 campers we could accommodate $3 \times 9 = 27$ people. However, we have 41 people, so we need space for 41 – 27 = 14 more campers. The bigger tents sleep 2 more people each, so we need $14 \div 2 = 7$ tents that sleep 5 campers each.

With a total of 9 tents, we need 2 tents that sleep 3 campers.

Answer of the Week ,starting 30/09/2024

Question of the week Week 5 - Starting 30.09.24

Collecting Cards:

Elin loves to play hockey. She also loves to collect hockey cards. She has 169 hockey cards in total. Elin's younger cousin Jessica also loves

to play hockey, and she is just beginning her collection of hockey cards. She starts with 9.

If Elin gives Jessica 8 cards a day, will they ever have the same number of cards in their collections?

If they do end up with the same number of cards at some point, how many cards does each have and how many days will it take for this to happen?

All of our students' weekly Mathematics homework is accessible on MathsWatch, which can be found at

https://www.mathswatchvle.com/. They must be completed by their given deadlines. Each set homework

is open for a month, so that students can keep

improving their scores. This will also help your child to

Numeracy Terms of Week 5

Numeracy Question of the week 5

Numeracy terms of the week

Week 5 - starting 30.09.24

Equivalent and equals:

Two things or quantities are equal when they are exactly the same like $\frac{1}{2}$ is equal to $\frac{1}{2}$ but $\frac{1}{2}$ is equivalent to $\frac{2}{4}$ as they represent the same value.

All the following terms are guiding you to use equality/equals when solving problems:

- corresponds to
- is, is equal tomakesproduces
- equates to gives
- results in, result in - same amount

revise and to practice the mathematics and numeracy skills, knowledge and understanding that they have been learning in class. There are videos available to each topic and interactive questions that they can try. Please ensure your child completes and submits their homework on time. Any outstanding homework must still be completed, and they should all aim to achieve

Our Valued Partners













100% on them.









Community

You will find plenty of information on community and local goings-on at:

The Community Noticeboard » Green Squirrel





Inksplott | Community Is Everything

Community litter pick

Lovely residents of Splott and Adamsdown. For two weeks this autumn, the Big Cardiff Tidy will be taking place across the capital, led by Keep Wales Tidy, Love Where You Live and Cardiff Rivers Group.

Why not Love Where You Live and join in with a community litter pick. It's a great opportunity to make a difference to the local area, as well as getting to know your neighbours a bit better.



Where: Adamsdown Place

All equipment will be provided, and children are more than welcome to come along (we have special litter grabbers for smaller hands). Children must be supervised at all times by a parent or guardian.

Please wear sensible covered shoes, and ensure you are wearing weather appropriate clothing.

You can find out more about the event here: The Big Cardiff Tidy! | Facebook

From Saturday 21st September to Sunday 6th October everyone is welcome to join in one (or more!) of the events hosted by Local Litter Picking Hubs, Litter Picking Groups and Cardiff River Groups - aiming to #LoveWhereYouLive and create a cleaner, greener #Cardiff.

Find an event near you – https://keepwalestidy.cymru/events/big-cardiff-tidy/

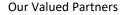
If you are interested in hosting your own event as part of the Big Cardiff Tidy, please contact us at lovewhereyoulive@cardiff.gov.uk or Gareth Davies of Keep Wales Tidy at gareth.davies@keepwalestidy.cymru

The Splott Community Volunteers run a community breakfast on Thursday Mornings 8am – 10am in The STAR Centre, Splott Road, Splott CF24 2BZ.



If you have any of the following spare, please drop them off at the school reception so that we can help Splott Community Volunteers provide food for those in need:

- . Tins: rice pudding, custard, tuna, chopped or plum tomatoes, soup, any meals in tins
- Cereals: corn flakes, bran flakes, rice crispies, shreddies, weetabix
- Dried items: pasta, rice, noodles























The Tremorfa Community Pantry

The amazing Tremorfa Community Pantry are always busy finding ways to support the community. You can find them at: Tremorfa Community Hall, Tweedsmuir Road, CF24 2QZ.



Young Carers Cafe



Willows Garden

Our long-term aim as a school is to make our garden an inviting space not only to educate but to enjoy for pupils and staff with added first-hand experience of growing your own fruit and vegetables. We would love to grow and cook our home-grown ingredients to utilise in our school kitchen or the Willows Pantry. If you want to get involved, please look out for upcoming garden news.



Splo-down

Splo-down is a member-run community food cooperative open to residents of Adamsdown, Splott, and



Tremorfa. They buy food in bulk and use sliding-scale pricing so they can make good quality food accessible to everyone. They currently run a weekly stall 5-7pm every Wednesday where they sell veg boxes and run a zero-waste shop selling other food and household products such as rice, lentils, pasta, spices, and washing up liquid.

They try to source our products from sustainable and ethical suppliers as much as possible. For any questions, please email them at: ask@splo-down.org'

Our Valued Partners





















Social Media

Social media is increasingly playing a role in the lives of our pupils and for the majority of time, this is a positive thing. However, we are increasingly seeing how social media can have quite a negative impact on

our pupils and in some cases, the impact has been quite significant.



We need to work together to harness all of the positive aspects of social media (and there are many) and to cancel out those aspects which can do harm. Whilst it is easy to focus on the fact that the age guideline for most sites is 13, it is also recognised how difficult it is to stop children from accessing these especially when all of their friends are using a certain platform.

Perhaps a more realistic place to start is to ensure that, if social media sites are to be used then they are set up in a way which helps to protect privacy. For example, most platforms allow you to:

- set an account to private (many of our pupils don't do this and some have been approached by people they don't know
- not allow friend requests again, some pupils have had friend requests from unknown users
- hide the user's location worryingly, so many pupils share their location and with the development of ever more sophisticated software, it is becoming relatively easy to pinpoint exactly where the social media account is being used from (without sharing any address details).

Changing the settings to not allow the issues to happen takes a few minutes and can significantly improve the level of online safety when accessing social media. The NSPCC site 'Keeping children safe online' really is excellent and I would urge all families to access this: https://www.nspcc.org.uk/keepingchildrensafe/online-safety/

South Wales Police - Sextortion

We have been informed that South Wales Police are concerned about the rapidly growing number of 'sextortion' cases involving young people across Wales.

This is where individuals are targeted and threatened that inappropriate images of themselves that have been previously uploaded will be shared unless money is sent. This is obviously extremely worrying and the first action must be to ensure that no such photographs or videos exist – and, if they do so, they must be deleted immediately.

The advice to families from South Wales Police is as follows:

- Don't pay, do stop contact and block: you may be tempted to pay, but there is no guarantee that this will stop the threats. As the offender's motive is to get money, once you have shown you can pay, they will likely ask for more and blackmail may continue. If you have paid, don't panic but don't pay anything more. Help your child to stop all communication with the offender and block them on any accounts that they have been contacted on.
- Avoid deleting anything: try not to delete anything that could be used as evidence such as messages, images, telephone numbers, and bank account details.
- Report to the police or CEOP: call 101 or 999 if there is an immediate risk of harm to your child. Or you can use the CEOP Safety Centre to report any online blackmail attempts.

The NSPCC website is also a very good source of information and support should you require it.

















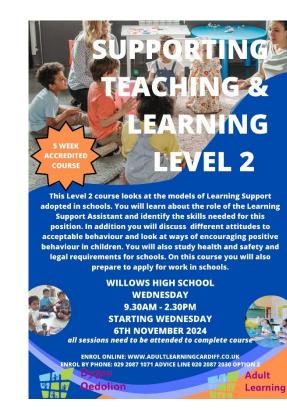


Learning Lounge & Families

Adult Learning in the Learning Lounge







Child Psychology

HOW DO PARENTS AND CARERS BOND WITH BABIES? HOW DO BABIES LEARN TO TALK? WHY DO CHILDREN DEVELOP **GENDER ROLES?** FIND OUT ON THIS FREE 5 **WEEK COURSE AND GAIN A LEVEL 1 CERTIFICATE!**

WEDNESDAY 9:30AM - 2.30PM WILLOWS HIGH SCHOOL

STARTS WEDNESDAY

6TH NOVEMBER 2024

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Adult Learning

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into

Please complete this form for the course above: https://forms.office.com/e/fh3FMt5yzF



















Willows Pantry

We are working with the MCKS Charitable Foundation UK to reduce the instances of food poverty in our area. We are provided with a donation on a fortnightly basis which can then be distributed amongst our community. The pantry will be open next on Monday 7th October from 10am to 1pm. There is no need to access the school through the Main Reception, if you'd like to engage with this service, go straight to the Learning Lounge.







Citizens Advice

A reminder that members of our community can make appointments with staff from the Citizens' Advice at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail the school using karen.hunt@willows.cardiff.sch.uk or by phone using 07733889062

Wellbeing in school

At Willows High School, we aim to promote positive mental health and wellbeing for our whole school community; pupils, staff and families, and recognise how important mental health and emotional wellbeing is to our lives in just the same way as physical health. We recognise that children's mental health is a crucial factor in their overall wellbeing and can affect their learning and achievement. All children go through ups and downs through their school career/life and some face significant life events.

Our aim is to help develop the protective factors which build resilience to mental health problems and be a school where:

- All pupils are valued
- Pupils have a sense of belonging and feel safe
- Pupils feel able to talk openly with trusted adults about their problems without feeling any stigma
- Positive mental health is promoted and valued
- Bullying is not tolerated

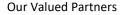
Pupils

If you feel you need some support with your wellbeing we want to help and there are many places to go: Staff in the Learning Lounge are here to look after your wellbeing so please come down for a confidential chat.

If you are a young carer and feel you need more support or would like to know about more opportunities out there for you, Ms. Mackintosh, our Safeguarding Officer, can provide information on what is available.

Your Head of Year or any member of the Welfare Team are there to support you. You can find them at line-up time, in the welfare office or anywhere around the school.

A member of staff you trust. All members of staff will be there for you. If you want to confide in someone please do and they will help get you the support you need.

























Parents and Families

We want to help you as best we can and there is a lot of support out there for parents and families.

Please contact the school using <u>karen.hunt@willows.cardiff.sch.uk</u> or by phone using 07733889062 if you need any information on who you can turn to.

Your child's Head of Year and the Welfare Team can also help. Please do not suffer alone. Reach out to us.

Allergies

At Willows, we are very conscious of pupil and staff sensitivity to the 14 food allergens. The food that our canteen produces is clearly labelled and the pupil information displayed at the tills identifies any allergies that the pupil in front of them has.

We do have a number of staff and pupils who have strong reactions to certain allergens, particularly nuts, so we ask for the support of all families to be aware of what your child is bringing into school and be sympathetic to the sensitivities of our school community.

We cannot 100% guarantee that the school is nut free, it is not possible to check what food is brought into school by every pupil, every day. We ask for your support in ensuring that the risks of allergic reactions are minimised.

For more information on allergies, please visit https://www.allergyuk.org/.



Period Dignity

A reminder that pupils can collect free period products from school at any time. Pupils can ask any trusted adult for these or can access them in the school office, from Mrs. Bubbins or from the Welfare Office.

Our Valued Partners





















Safeguarding:

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on

Danielle.MacKintosh@willows.cardiff.sch.uk If you are a pupil that needs help, please also contact Danielle via this e-mail address.

Chat Health:

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):



Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please contact the school using karen.hunt@willows.cardiff.sch.uk. or by phone using 07733889062. Where we can help, we will do so confidentially.

Cardiff Youth Service:

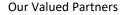
Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

http://cardiffyouthservices.wales/

Key Services

Here is a reminder of some of the key services available for young people and their families:

- School nurse pupils can text 07520615718 or 'chat' on 'Chathealth.NHS.UK' for confidential advice and support.
- Family Gateway 03000133133 provides advice for families no matter how big or small the problem.
- Food Bank our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to_https://cardiff.foodbank.org.uk/
- Period Poverty Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we'll do our best to help.























Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

Please could parents refrain from turning up at the school reception without an appointment. Heads of Year, Teachers and Support Staff are incredibly busy during the school day looking after our pupils. If there is a problem, please arrange an appointment with your child's Head of Year in the first instance. To organise this, please ring the school reception on 029 20414243.

Headteacher	Mr. Christopher Norman	Christopher.Norman@Willows.Cardiff.sch.uk	
Welfare Manager	Miss. Kimberly Williams	Kimberly.Williams@Willows.Cardiff.sch.uk	
Year 7 – Head of Year	Miss Savannah Reed	Savannah. Reed @ Willows. Cardiff.sch.uk	
Year 7 – Leadership Link	Mr. Marcello Lo Celso	Marcello.Locelso@Willows.Cardiff.sch.uk	
Year 8 – Head of Year	Miss Marcella Sansom	Marcella.Sansom@Willows.Cardiff.sch.uk	
Year 8 – Leadership Link	Mr. Jack Smith	Jack.Smith@Willows.Cardiff.sch.uk	
Year 9 – Head of Year	Mrs. Roisin Cherrett	Roisin.Cherrett@Willows.Cardiff.sch.uk	
Year 9 – Leadership Link	Mrs. Kelly Bubbins	Kelly.Bubbins@Willows.Cardiff.sch.uk	
Year 10 – Head of Year	Mrs. Tara David	Tara.David@Willows.Cardiff.sch.uk	
Year 10 – Leadership Link	Mrs. Suzie Warren	Suzie.Warren@Willows.Cardiff.sch.uk	
Year 11 – Head of Year	Mrs. Catherine Watkins	Catherine.Watkins@Willows.Cardiff.sch.uk	
Year 11 – Leadership Link	Mr. Simon Thomas	Simon.Thomas@Willows.Cardiff.sch.uk	
Edison	Ms. Helen Amos	Helen.Amos@Willows.Cardiff.sch.uk	
Tesla	Ms. Jane Crawshaw	Jane.Crawshaw@Willows.Cardiff.sch.uk	
Family Engagement Officer Mrs. Karen Hunt		Karen.Hunt@Willows.Cardiff.sch.uk	
SRB Leader	Mrs. Zahra Nurmohamed	Zahra.Nurmohamed@Willows.Cardiff.sch.uk	

By working together, we can ensure your child's success.

Team Willows













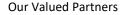


































	Monday	Tuesday	Wednesday	Thursday	Friday
Meal of the day £3.40	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread Pomegranate salad pot	Halal chicken sausage with vegetable mash and gravy	Oven baked lemon chicken Herb roasted new potatoes and Mediterranean vegetables Alt: Rice	Jerk chicken with Mediterranean vegetable rice and peas	Fish, chips and beans Salmon fishcake Alt: ½ Jacket potato
Vegetarian option	Butternut squash, courgette, feta and basil pasta Garlic bread	Vegetarian sausage bake with vegetable mash and gravy	Vegan meat balls with lemon cream sauce	Asian influenced lentil and chickpea dhal with pitta bread	Pitta kebab with mint yogurt
Salad of the day	Pomegranate salad	Salad of the day	Salad of the day	Salad of the day	Salad of the day
Dessert	Toffee and banana sponge with custard	Vanilla cheesecake	Orange jelly fruit pot	Brownie	Apple and berry crumble
Hot snack	Cheeseburger (£1.75)	Southern fried chicken burger (£2.75)	Calzone (£1.75)	Hotdog (£2.60)	Pitta kebab with mint yogurt (£2.50)
Hot wrap	Cheese burrito (£3.00)	Reggae Reggae chicken (£3.00)	Garlic mayo chicken (£3.00)	Nandos chicken (£3.00)	Sweet chilli Chicken (£3.00)
Everyday snack	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50) Tuna mayonnaise Cheese Beans (£2.80)















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Extra-Curricular Activities 2024 – 2025 (Autumn Term)

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years
Lesson time	Individual Instrumental lessons TBC with individuals.	Individual Instrumental lessons TBC with individuals.	Individual Instrumental lessons TBC with individuals.	Individual Instrumental lessons TBC with individuals.	Individual Instrumental lessons TBC with individuals.
	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework
	3.10 – 4.00 pm: Wellbeing Art and Craft PAWB – SP / OA	3.10 – 4.00 pm: Group Instrumental lessons PAC – FG	3.10 – 4.00 pm: Group Instrumental lessons PAC - FG	3.10 – 4.00 pm: Group Instrumental lessons PAC - FG	3.10 – 4.00 pm: Book Club NLC – F3
		3.10 – 4.00 pm: Mini robot programming AH – G12	Week 2 – 3.10 – 4.00 pm: Art Club EJ – F4	Week 1 - 3.10 – 4.00 pm: LGBTQIA+ Club EJ – F5	
After school		3.10 – 4.00 pm: Science Club CB – S7	3.10 – 4.00 pm: 'A Night at the Musicals' Rehearsals PAC / Theatre – SG, JM, SR	3.10 – 4.00 pm: Eco-Committee JK – G19	
		3.10 – 4.00 pm: Dungeons and Dragons NH – S9	Week 1 - 3.10 – 4.00 pm: Fun Maths (Chess Club) KH – G20	3.10 – 4.00 pm: Creative Writing Club FS – F9	
		Week 1 - 3.10 – 4.00 pm: Welsh Club – Y7, Y8 and Y9 AGR – G7	3.10 – 4.00 pm: Debate Club JEN – F11	3.10 – 4.00 pm: K-Pop Club DS – G14 / theatre	
		Week 2 – 3.10 – 4.00 pm: Criw Cymraeg AGR - G7		3.10 – 4.00 pm: 'Beads by Willows' Jewellery Making Club CC – F9	
		3.10 – 4.00 pm: Y7, 8 and 9 Maths DS – G14			

















Extra-Curricular Activities 2024 – 2025 (Autumn Term)

PE Extra-Curricular Sport Programme:

Venue	Monday	Tuesday	Wednesday	Thursday	Friday
Gym		KS4+KS3 Boys Basketball KS4+KS3 Girls Basketball AR/MC	All Girls Fitness Week 2 only SM	KS4+KS3 Boys Basketball KS4+KS3 Girls Basketball AR/MC	
Barn		KS4+KS3 Boys Basketball KS4+KS3 Girls Basketball AR/MC	Coming Soon Cricket Week 2 only SHM/RK	KS4+KS3 Boys Basketball KS4+KS3 Girls Basketball AR/MC	
3G	KS3 Boys Football (Fixtures tbc) JLS − JG - SJ	KS3 Boys Football (Training) JG – SJ	KS3 Boys Football (Fixtures tbc) JLS – JG - SJ	KS3+KS4 Girls Football KH/NA/SM	KS3 Boys Football (Fixtures tbc) JLS − SJ - JG
Pitch 1	+		•	KS3 Boys Football (Fixtures tbc) JLS − JG - SJ	•
Rugby Pitch		Cross Country Autumn Term SM			
CV/Weights Room					
Muga			Coming Soon Cricket Week 2 only ▼ SHM/RK		
Dance Studio					



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<u>Years 10 & 11 Revision Timetable 2024 – 2025</u>

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm
	Science Revision (See Time-table below)	3.10 – 4.00 pm: Y10 and Y11 Intermediate Maths EW – G15	3.10 – 4.00 pm: Y10 and Y11 Intermediate Maths JK – G19	3.10 – 4.00 pm: French Revision with your French teacher.	
		3.10 – 4.00 pm: Y7, 8 and 9 Maths DS – G14	3.10 – 4.00 pm: Y7, 8 and 9 Maths KH – G20	3.10 – 4.00 pm: English Revision Mrs. Lo Celso (F3)	
After school		3.10 – 4.00 pm: French Revision with your French teacher.	3.10 – 4.00 pm: Y11 Media Studies revision KMB – G25	3.10 – 4.00 pm: Y11 RE revision Ms. Guilfoyle (S10)	
After school		3.10 – 4.00 pm: Y11 History Revision (after Christmas) Y10 History Revision (after Feb half-term) Mr. Henwood (S9)	3.10 – 4.00 pm: Hospitality and Catering Revision Ms. Davies (G4)		
		3.10 – 4.00 pm: Y10 RE revision Ms. Guilfoyle (S10)	3.10 – 4.00 pm: Y11 Computer Science Unit 2 support ALC – G13		
			Starting 09/10/24 – 3.10 – 4.00 pm Product Design catch up JK		

















<u>Years 10 & 11 Revision Timetable 2024 – 2025</u>

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm
	STAFF MEETING	3.10 – 4.00 pm: Y11 Higher Tier Maths Ms. Ait-Brahim (G17)	3.10 – 4.00 pm: Y11 Media Studies revision KMB – G25	3.10 – 4.00 pm: French Revision with your French teacher.	
		3.10 – 4.00 pm: French Revision with your French teacher.	3.10 – 4.00 pm: Y10 and Y11 Art and Photography catch-up AEJ and EJ – F2 and F4	3.10 – 4.00 pm: English Revision Mrs. Lo Celso (F3)	
After school		3.10 – 4.00 pm: Y11 RE revision Miss.Guilfoyle (S10)	3.10 – 4.00 pm: Y11 Computer Science Unit 2 support ALC – G13	3.10 – 4.00 pm: Y11 RE revision Ms. Guilfoyle (S10)	
		3.10 – 4.00 pm: Y11 History Revision (after Christmas) Y10 History Revision (after Feb half-term) Mr. Henwood (S9)			













