

# The Willows Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meal of the day</b> £3.40	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread Pomegranate salad pot	Halal chicken sausage with vegetable mash and gravy	Oven baked lemon chicken Herb roasted new potatoes and Mediterranean vegetables  Alt: Rice	Jerk chicken with Mediterranean vegetable rice and peas	Fish, chips and beans  Salmon fishcake  Alt: ½ Jacket potato
<b>Vegetarian option</b>	Butternut squash, courgette, feta and basil pasta Garlic bread	Vegetarian sausage bake with vegetable mash and gravy	Vegan meat balls with lemon cream sauce	Asian influenced lentil and chickpea dhal with pitta bread	Pitta kebab with mint yogurt
<b>Salad of the day</b>	Pomegranate salad	Salad of the day	Salad of the day	Salad of the day	Salad of the day
<b>Dessert</b>	Toffee and banana sponge with custard	Vanilla cheesecake	Orange jelly fruit pot	Brownie	Apple and berry crumble
<b>Hot snack</b>	Cheeseburger (£1.75)	Southern fried chicken burger (£2.75)	Calzone (£1.75)	Hotdog (£2.60)	Pitta kebab with mint yogurt (£2.50)
<b>Hot wrap</b>	Cheese burrito (£3.00)	Reggae Reggae chicken (£3.00)	Garlic mayo chicken (£3.00)	Nandos chicken (£3.00)	Sweet chilli Chicken (£3.00)
<b>Everyday snack</b>	Jacket potato (£2.50)  Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50)  Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50)  Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50)  Tuna mayonnaise Cheese Beans (£2.80)	Jacket potato (£2.50)  Tuna mayonnaise Cheese Beans (£2.80)