

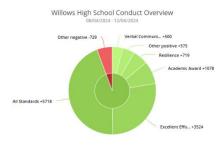
Weekly Newsletter – 12.4.24

Hello! امرحباً Ahoj! Ola! Dzień dobry! Salut! Helo!

Belong, Believe, Achieve:

This week, our pupils have been visiting construction sites, meeting with their mentors for the final time and completing their Art exams. Mr. LoCelso has explained the options process to our Year 9 pupils in their assembly.

With the summer examination season only weeks away, we expect our Year 11 pupils to be revising diligently and effectively. The examination timetable can be found on our website here: <u>https://willowshighschool.wales/exam-timetable-2023-2024/</u>



Our updated revision sessions timetable can be found at the end of this Newsletter.

Merits - 8.4.24 - 12.4.24:

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners. Especially well done to Year 7, this a record number of merits in a week!

Year Group	Total	Excellent Effort	Merit Champions
Year 7	3152	7Mozart	Mylo Ryder
Year 8	3121	8Hepworth	Joeleen Matshona
Year 9	2244	9Curie	Hope Allen
Year 10	2613	10Edwards	Princess Boleigha
Year 11	984	11Plato	Callum James-Scott

Dates for your Diary:

13 - 18/4: School Trip to Nantes
15 - 19/4: Cultural Heritage Week
18 - 19/4: Year 11 Photography exam
19/4: Cultural Heritage Day
25/4: Year 10 Parents' Evening
6/5: May Day
9/5: Year 7 Parents' Evening
24/5: Hay Festival Trip
27/5 - 2/6: Summer Half Term Break
6/6: All pupils return for 2nd Summer Half Term



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CANOLFAN MILENIUM CYMRU ARUP Wimpey

School News:

Measles

We are working in partnership with Cardiff and Vale Health Board, enabling children who have missed their scheduled appointments for MMR (measles, mumps and rubella) vaccines to access this in school.

Measles can be very serious for children, and is very easily passed between people who are not vaccinated. There are currently outbreaks of measles in Wales, so we would encourage families to take up the opportunity of their child getting their MMR vaccination if they are offered it by the Health Board.

Please note that if your child is invited and you would like your child to have the MMR vaccine which does not contain gelatine, this will be an option you can choose.

For more information about the MMR vaccine please go to Measles, Mumps and Rubella (MMR) - Public Health Wales (nhs.wales)



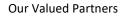
Cultural Heritage Week

Our Cultural Heritage Week starts on Monday 15th April, culminating in our Cultural Heritage Day on Friday 19th April where pupils will be allowed to wear clothing representing their culture (please note this is not a nonschool uniform day. If pupils do not want to wear culturally related clothes, they should wear full school uniform).

Monday: Samosa workshop Tuesday: Nigerian breakfast, Digital Planetarium Wednesday: Roma breakfast and celebrations Thursday: Eid Women's night 5pm -7pm Friday: Cultural Heritage Day

Throughout the week, our canteen will be serving traditional food from a number of our pupils' cultures which have been selected in conjunction with our pupil Anti-Racism Group.











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Cultural Heritage and Astronomy

Next Tuesday, for Cultural Heritage Week, Dark Sky Wales will be bringing a planetarium to school and present a show about 'Stories in the Stars' to our Year 8 pupils.

Patterns of stars in the night sky were used by ancient peoples to navigate the land and seas, to know when to plant and harvest their crops, and to tell stories of mythical people and creatures.

You may be familiar with some of these patterns; the Sosban (called the Plough in England) and Orion are well-known. However, people from different parts of the world have made up their own objects and characters from the patterns of stars they see. There is a rich and diverse culture of stories based on these patterns. In the planetarium we will be finding out about some of these fascinating tales.

The planetarium is an inflatable dome that can seat 35 people. The stars and planets are projected onto the inside of



the dome so the audience can experience an immersive, 3D view of the night sky and how it changes over the night and through the year. We are grateful to Celsa Steel UK for funding this project.



Cultural Heritage Week – Recipe Book

It's the last call for pupils, parents, staff and members of our community to contribute to our Willows High School recipe book for Cultural Heritage week in April. We would request the recipe, a picture of the food (if possible), a family story or tradition around the food (again if possible) and the country of origin.

All recipes can be given/emailed to Ms Amos, Mrs Begum, Mr Konten, Mrs Davies, Mrs Pribanova or Mr Aideyan.

Visit to BBC Roath Lock:

During the Easter holidays, four pupils were asked to attend a special event at BBC Roath Lock Studios. The pupils had all made an excellent impression on BBC staff and were specifically chosen due to their talents in Media Studies and Drama. The pupils listened to a talk by acclaimed director, Steve Hughes. They heard about the best ways to succeed in the industry as well as his experiences working on films and television programmes such as 'Death in Paradise,' 'Doctor Who,' 'Midsomer Murders' and 'Casualty.' He encouraged our pupils to dream big and explained that persistence and hard work really does pay off. Our pupils left inspired and we look forward to watching their careers progress both in front and behind the camera.



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Taylor Wimpey Visit

Our pupils got to take part in a site visit to Taylor Wimpey's Parc Llandaf development where they learned about the stages of housing development including foundations and fitting orders. They also found about about the different types of jobs that are required and tried their hands at bricklaying.









Year 11 Making Memories programme

Our Year 11 pupils have a busy time ahead of them as we work our way towards the summer examination season. As part of our Enrichment sessions we have developed a Making Memories programme for our pupils to ensure that they have some fun amongst the hard work.











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Year 11 Prom Fundraising

In order to deliver the greatest prom this school has ever seen, as well as supporting the incredible children's

charity Barnardo's, the Year 11 team in collaboration with the Pupil Leadership Team are coordinating a succession of fundraising events over the next few months. This began in fantastic fashion with our cake sale a few weeks ago which raised a whopping £280! Looking ahead, we have a number of other events including a 'Staff/Pupil Pyjama Tremorfa Park Run' in April. Finally, and the biggest one of all, 12 possibly 13 staff have signed up to the 10K/Half Marathon run in Bristol on Sunday 19th May.



We have set up a fundraising page below if you would like to sponsor them that would be wonderful! And if you could share this on your social media that would be very much appreciated as well.

https://www.justgiving.com/crowdfunding/Year11willowshighprom?utm_term=M3WQX8jY9

Keep your eyes and ears peeled for the other events mentioned above, dates and further info will be shared in the coming weeks.



Exam Certificates

Certificates form the Summer 2023 examination season are now available to collect from school.

Please contact Leah at <u>leah.maidment@willows.cardiff.sch.uk</u> in the first instance, so they can be prepared for you to collect from Reception.

English Department

Reading is everything!

Did you know that there is a link between your child reading for pleasure and their GCSE success? At Willows, we take every pupil in KS3 to the school library once a fortnight to choose a new book. We STAR test the pupils every term to check on their reading levels – this should help them to choose books at the right level.

Your job as families?

- Check that your child has their book and is reading it every night!
- Ask questions about the book: about the plot or characters
- Listen to them read check the book isn't too easy or too hard for them
- Make sure they are in the good habit of reading regularly

Remember, there is international evidence to suggest that this will help your child not just in English, but in *all* of their exams.

Most importantly...

Don't let your child take his/her phone to bed – take a book instead!

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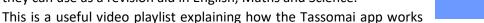




Science Department

What is Tassomai?

Year 11 students have all been given a login to access Tassomai which they can use as a revision aid in English, Maths and Science.



OTASSOMA The Learning Program

and how it helps students perform to the best of their ability. <u>https://youtu.be/aDriZlywmYY?si=M0FlQ49t3-pdfqzB</u>

Tassomai is an online **multiple-choice quizzing tool** that is powered by an **adaptive algorithm**. What this means is that Tassomai will:

- Select the right content at the right time for your child;
- Unlock more challenging topics when they are **doing well**;
- Give more **support** to current weaker areas;
- Provide a range of other **helpful tools** to help them learn!



How does Tassomai work?

Each day, Tassomai will give your child a set amount of work to complete. This is known as their **Daily Goal** (DG), and they will have a DG for every subject they have been assigned to.

Every correct answer in a quiz earns them **3 points** towards your DG. If you hit the target score of a quiz, they receive **4 bonus points**!

There are other ways to earn points...but they can lose points with incorrect answers, so **answer carefully**! Quizzes do not have a time limit, so they can (and should!) **take as long as they need** to complete each one. When they get enough points, they will **complete** their DG!

Why does Tassomai work?

Research into revision and learning techniques has found that the best way to study, and get knowledge to stick, is to:

- Work for short, concentrated periods of time;
- Frequently switch between topics;
- Regularly test yourself.
 Tassomai is designed to help them do all of these things!

When & where can I work on Tassomai?

They can login to their account on a computer or laptop, or they can download our **free mobile app** and work using that instead!

No matter what device they use, they will need to be **connected to the internet** in order to take quizzes and access their data.

Their Daily Goals can be completed throughout the day, so they don't need to do all their work in one go. However, they will **reset at midnight**, so be aware of that!

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Welsh Department

Why not practise your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced. Send any queries or questions to:

willowswelsh@willows.cardiff.sch.uk



Welsh Terms of the Week

Week Twenty five

Welsh	Phonetic	English
Sut wyt ti?	Sit oyt tee	How are you?
Da iawn, diolch	Dah yawn, dee-olch	Very well, thank you
Gweddol	Gw-edd-ol	So-so
Wedi blino	Wed-ee bleen-oh	Tired
Ofnadwy	Ov-nad-oy	Awful



Mobile phone use in school

Following a rise in mobile phone usage during class time, the school has decided on the 5th occasion that a pupil has their phone bagged, the phone will be confiscated and given to their Head of Year to be returned at the end of the day.

From then on, the pupil must hand their phone to their Head of Year every morning and the phone will be returned at the end of the day.

You will be aware of instances highlighted in the media of mobile phone misuse in schools and the serious consequences that can arise as a result. All schools are affected and all pupils are vulnerable to risk. Safeguarding risks include the taking and sharing of photographs and video without permission, the inappropriate use of social media, accessing inappropriate materials, sharing personal information and cyber-bullying.

Our first duty as a school is to safeguard your child. The ban on mobile phone use in school is there to help to ensure that this priority is met. Research has also shown that mobile phones can highlight the disparity between pupils and cause social isolation.

The current school contact policy will continue as before. If urgent contact is required with your child during the school day, then you should contact the school and the message will be passed on. If a pupil needs to contact home, they can do so through the Pastoral Teams. **Please do not ring or text your child during the school day**.

If your child chooses to bring a mobile phone to use on the journey to and from school, then they do so at their own risk. The school will take no responsibility for loss or damage of a mobile phone at school. If brought onto the school site, phones must be switched off and completely out of sight at all times.

We would be grateful if you would discuss this with your child to ensure they fully understanding of their responsibilities in this matter.

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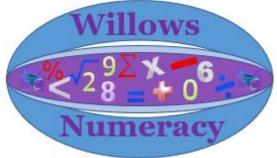




Mathematics Department

Numeracy Boost Session (NBS):

Using a variety of digital (e.g. TT-Rock Stars) and non-digital resources, all pupils in Years 7, 8 & 9 will benefit from using laptops in Numeracy Boost Sessions to enrich their Mathematics skills; they are delivered fortnightly by Mathematics teachers. It is a great opportunity to support pupils with skills gaps further and stretch high attaining pupils.



Internal Numeracy Competition dates- KS3:

Year 9: Wednesday 10th July Year 8: Thursday 11th July Year 7: Friday 12th July

Pupils have been provided with relevant resources that can be used to prepare for the quizzes.

Junior UKMT Challenge – Year 7 and Year 8 MAT pupils:

Challenge date: 25th April 2024

UKMT Challenge is an external Mathematics competition giving Year 7 and Year 8 More Able and Talented pupils the opportunity to tackle a variety of mathematical activities which inspire their love of problem solving. It will take place in April. Below is the link to the UKMT website where pupils can familiarise themselves with the challenge and can practise as much as they need to increase their confidence. Relevant emails will be sent to pupils.

https://www.ukmt.org.uk/competition/solo/junior-mathematical-challenge/archive

(Go to - View past papers)

For any related question, please contact Mrs Ait-Brahim at: <u>halima.ait-brahim@willows.cardiff.sch.uk</u>

Question of Week 24, starting 8/4/24:

To help our pupils boost their mathematical vocabulary and Numeracy skills, The **"Terms of the week"** will be emailed to them in a daily basis, and the **"Question of the week"** will be emailed in a weekly basis. Any questions, please email: <u>halima.aitbrahim@willows.cardiff.sch.uk</u>

Question of the Week Week beginning 08.04.24

Snow Days:

Daniella monitored the amount of snowfall each day, Monday through Sunday, for four weeks. Here is what she recorded:

- The first week it snowed 5 mm each day.
- The second week snow only fell on two days: 8 cm of snow fell on Tuesday and 2 cm of snow fell on Friday.
 It did not snow the third week at all.

A total of half a metre of snow fell during the last week. What was the total amount of snowfall over the four weeks?







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The solution to the actual weekly

question will be emailed to pupils on

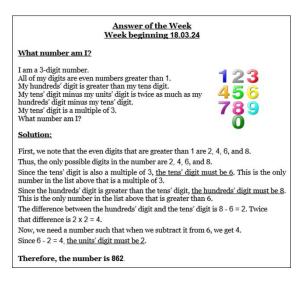
Monday with the new question.



Mathematics Terms of the Week

	Terms of the week Week 24 - beginning 08.04.24							
Square - a	algebraically and geometrically:							
Square	 A quadrilateral with four equal sides and four right angles. The square of a number is the product (multiplication) of the number and itself. <u>Example</u>: the square of 5 is 25. This is written 5² = 25 and read as five squared is equal to twenty-five. 							
Square metre	Symbol: m². A unit of area. A square measuring 1 m by 1 m.							
Square centimetre	Symbol: cm². A unit of area, a square measuring 1 cm by 1 cm. 10000 cm² = 1 m²							
Square number	A number that can be expressed as the product (multiplication) of two equal numbers. Example: $36 = 6^2 = 6 \times 6$ and so 36 is a square number or "6 squared".							
Square root	A number whose square is equal to a given number. <u>Example</u> : one square root of 25 is 5 since $5^2 = 25$. The square root of 25 is recorded as $\sqrt{25} = 25^{1/2} = 5$. However, as well as a positive square root, 25 has a negative square root, since $(-5)^2 = 25$.							

Numeracy Question Answer (Week 21)



1,03°

Civil Service



Day	Activity	Location
Tuesday	y7, y8 & y9	G14 Miss Santos
Tuesday Week 1 Only	KS4 Higher	G20 Miss Wrennall
Tuesday Week 2 Only	Y11 Higher	G17 Miss Ait-Brahim
Wednesday Week 1 Only	Y10 & Y11 Intermediate	619 Miss Koncar
Friday	KS4 All Levels	G15 Mr Batchelor

MathsWatch

of students' weekly Mathematics accessible All our homework is on MathsWatch (https://www.mathswatchvle.com/). They must be completed by their given deadlines. Each set homework is open for a month, so that students can keep improving their scores. This will also help your child to revise and to practice the mathematics and numeracy skills, knowledge and understanding that they have been learning in class. There are videos available to each topic and interactive questions that they can try. Please ensure your child completes and submits their homework on time. Any outstanding homework must still be completed, and they should all aim to achieve 100% on them.



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Attendance

Contact Details - Willows High School

To Report an Absence:

Year 7, Year 8 and the first half of Year 11 – (Surname - A to Jon)

Contact Donna Whitney using Classcharts (see how to below)

Year 9, Year 10 and second half of Year 11 – (Surname - Jones to Z)

Contact Clare Davies using Classcharts (see how to below).

Please do not use the old mobile numbers or email.



Class Charts Reminder

What is Class Charts?

Class Charts is an app that can be downloaded to your phone. You can use it to:

- keep track of your child's behaviour
- view attendance records
- access your child's weekly timetable
- be informed of and track detentions
- award your child merits for completing their home reading tasks
- view announcements from school.

We would like all parents to sign up to Class Charts, as we are also going to be using this as the main way of sending all messages to you. Likewise, from after half term this will also be the main way that you can report your child's absence to us.

Thank you to all parents who have signed up to Class Charts this year and to those of you who continue to use it.

Please let your child's Head of Year know if you need a login code.











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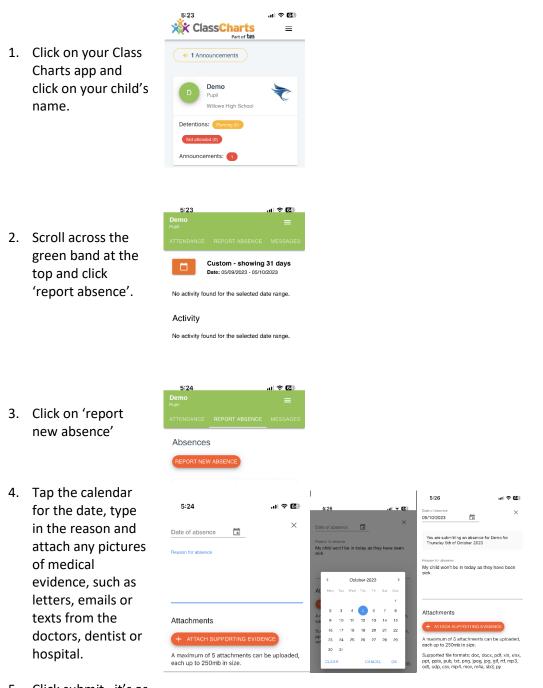
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How to report an absence on Class Charts



Click submit...it's as easy as that!

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Please contact your child's Head of Year if you have any problems logging on and they will be happy to guide you through the process.

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Important Information for All Parents and Guardians

Please be aware that **Fixed Penalty Notices** are now being issued by Cardiff Council again.

If your child has more than 5 days of unauthorised absence since September 2022 or takes an unauthorised holiday, then you are at risk of a Fixed Penalty Notice Fine being issued.

Fines are **£60** at first, then rising to **£120** and **£180** - if the fine is still not paid then you will be summoned to court and the fine and costs will rise again. **Please note these fines do not go away.** Please make sure to read any correspondence carefully.

To avoid being fined, please ensure that your child attends school every day - if there is a valid reason for absence, please contact the Attendance Team giving evidence where possible.

Community

You will find plenty of information on community and local goings-on at:



The Community Noticeboard » Green Squirrel

Inksplott | Community Is Everything





The Splott Community Volunteers run a community breakfast on Thursday Mornings 8am – 10am in The STAR Centre, Splott Road, Splott CF24 2BZ.

The Tremorfa Community Pantry The amazing Tremorfa Community Pantry are always busy finding ways to support the community. You can find them at: Tremorfa Community Hall, Tweedsmuir Road, CF24 2OZ.

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Splo-down

Splo-down is a member-run community food cooperative open to residents of Adamsdown, Splott, and Tremorfa. They buy food in bulk and use sliding-scale pricing so they can make good quality food accessible to everyone. They currently run a weekly stall 5-7pm every Wednesday where they sell veg boxes and run a zero-waste shop selling other food and household products such as rice, lentils, pasta, spices, and washing up liquid.

They try to source our products from sustainable and ethical suppliers as much as possible. For any questions, please email them at: ask@splo-down.org'



Settled

Settled is organising an advice surgery with an accredited EU Settlement Scheme adviser at the **Grangetown Hub in Cardiff!**

We offer FREE advice on the EU Settlement Scheme applications.

WE CAN HELP IF:

You have pre-settled status and want to apply for settled status. You haven't applied yet, but you were in the UK before 31.12.2020. You want to bring your close family members to the UK. Your application has been rejected. You have problems accessing your digital status.

MAKE SURE TO HAVE ACCESS TO YOUR: Identity document, e-mail address, phone number and information and documents related to your status application.

When and where? Tuesdays 10am to 12pm @ Grangetown hub, Havelock Place Grangetown CFII 6PA To find out more, email us: applyeusswales@settled.org.uk

FRIFFH



Eastmoors

Every other Monday Mind Hub 5:30pm-7:30	Opm 😒 FUUNDATION
Tuesdays & Fridays <u>Senior session</u> Cooking YEAR ?+ Trips Pool 6:15Hn-8:45HM Xbox Table tennis NO YEAR ?'N Make up FRIDAYBI Issue base workshop	Wednesdays Football with CardiffCityKicks Juniors 5pm-6pm Seniors 6pm-7pm Umbrella Allies 6:15pm-8:45pm Creative session 5pm-7pm sky up
Pool	iession 6AR 7 & 8'8 PM-7:45PM

WHAT'S ON AT



If you're a parent or carer of a 5-16 Year Old Text your school nurse on For confidential advice and support

mq

This will be a text in service for parent to access their school nurse to help with a wide range of health problems. This won't be a diagnostic service but we can give advice on....

> emotional wellbeing sleep day and healthy night time eating soiling wetting substance misuse relationships behaviour bullying online safety puberty





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Learning Lounge & Families

Citizens Advice

A reminder that members of our community can make appointments with staff from the Citizens' Advice at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail the school using <u>contact@willows.cardiff.sch.uk</u>



Wellbeing in school

At Willows High School, we aim to promote positive mental health and wellbeing for our whole school community; pupils, staff and families, and recognise how important mental health and emotional wellbeing is to our lives in just the same way as physical health. We recognise that children's mental health is a crucial factor in their overall wellbeing and can affect their learning and achievement. All children go through ups and downs through their school career/life and some face significant life events.

Our aim is to help develop the protective factors which build resilience to mental health problems and be a school where:

- All pupils are valued
- Pupils have a sense of belonging and feel safe
- Pupils feel able to talk openly with trusted adults about their problems without feeling any stigma
- Positive mental health is promoted and valued
- Bullying is not tolerated

<u>Pupils</u>

If you feel you need some support with your wellbeing we want to help and there are many places to go: Staff in the Learning Lounge are here to look after your wellbeing so please come down for a confidential chat.

If you are a young carer and feel you need more support or would like to know about more opportunities out there for you, Ms. Mackintosh, our Safeguarding Officer, can provide information on what is available.

Your Head of Year or any member of the Welfare Team are there to support you. You can find them at line-up time, in the welfare office or anywhere around the school.

A member of staff you trust. All members of staff will be there for you. If you want to confide in someone please do and they will help get you the support you need.

MoodHwb

Researchers at Cardiff University have developed a bilingual program/app with young people to support their mood and well-being, called **MoodHwb**.

It is an opportunity to offer mental health support to young people, and the feedback will help to develop resources in the future. All participants will receive a gift voucher and certificate. It's free to take part.Young people (13-19 years old) who are experiencing low mood (or other difficulties with their mood/wellbeing) are encouraged to go to the study website for more information and to fill in a participation form: https://www.ncmh.info/help-with-research/digital-support-study/

Parents and Families

We want to help you as best we can and there is a lot of support out there for parents and families. Please contact the school using contact@willows.cardiff.sch.uk if you need any information on who you can

turn to.

Your child's Head of Year and the Welfare Team can also help. Please do not suffer alone. Reach out to us.

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Fostering <u>Network</u> Rhwydwaith Maethu

Fostering Wellbeing Masterclasses

The Fostering Network are pleased to announce the next series of **Fostering Wellbeing Masterclasses** for Cardiff and the Vale.

Each of our masterclasses will be delivered virtually using Teams. Each session will begin at 10am and end at 12.30pm inclusive of a comfort break.

Dates of Delivery

Masterclass Two – Wednesday 17th April Masterclass Three – Monday 22nd April Masterclass Four – Tuesday 30th April Masterclass Five – Wednesday 8th May

What is Fostering Wellbeing?

Fostering Wellbeing is an innovative programme, funded by Welsh Government and delivered by The Fostering Network.

Fostering Wellbeing brings together all the professionals involved in supporting children who are looked after, including Foster Carers.

The programme delivers learning and encourages sharing best practise across service boundaries with an aim to embed a shared approach across the region

Why should I attend?

The masterclasses aim to enable foster carers, supervising social workers, teachers, teaching assistants, health professionals, and youth justice staff to gain the skills and confidence needed to help inspire children and young people to fulfil their potential.

Participants will leave each session with theories, practical tools, and additional materials that can be used straight away to enhance practice.

One of our key aims is to ensure continuity of support for wellbeing and learning between home and school. The five masterclasses are based on the principle of 'supporting children and young people through strong meaningful relationships.'

The main masterclass themes are:

- Masterclass 2: Living and growing Lessons for the future and encouraging aspiration & ambition
- Masterclass 3: Me, you, us and them Building good relationships and appropriate behaviour
- Masterclass 4: Hands on Positive values and attitudes are best nurtured through practical activities
- Masterclass 5: Working as one Shared values and attitudes, and equality of status of all those involved with a child/young person being looked after

Here	is	the	registration	link:
https://ww	ww.eventbrit	te.co.uk/e/fos	tering-wellbeing-maste	rclasses-
cardiff-ticl	kets-7952128	852047?aff=o	ddtdtcreator	

SAFE Survey

Please consider completing the survey on the right if you are a resident of Splott, Adamsdown or Tremorfa.

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We would like to know how residents of Splott, Adamsdown and Tremorfa feel about their local area.

We would like to understand your worries, what you love about this area, and what you think needs to happen to make this area a safer and better place to live.

Please complete this anonymous survey by the 30th April.







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Allergies

At Willows, we are very conscious of pupil and staff sensitivity to the 14 food allergens. The food that our canteen produces is clearly labelled and the pupil information displayed at the tills identifies any allergies that the pupil in front of them has.

We do have a number of staff and pupils who have strong reactions to certain allergens, particularly nuts, so we ask for the support of all families to be aware of what your child is bringing into school and be sympathetic to the sensitivities of our school community.

We cannot 100% guarantee that the school is nut free, it is not possible to check what food is brought into school by every pupil, every day. We ask for your support in ensuring that the risks of allergic reactions are minimised.

For more information on allergies, please visit https://www.allergyuk.org/.

Period Dignity

A reminder that pupils can collect free period products from school at any time. Pupils can ask any trusted adult for these or can access them in the school office, from Mrs. Bubbins or from the Welfare Office.

Safeguarding:

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on Danielle.MacKintosh@willows.cardiff.sch.uk If you are a pupil that needs help, please also contact Danielle via this e-mail address.

Chat Health:

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):



ARUP Wimpey

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please contact the school in using contact@willows.cardiff.sch.uk. Where we can help, we will do so confidentially.

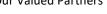
BBC





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Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

http://cardiffyouthservices.wales/

Key Services

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** pupils can text 07520615718 or 'chat' on 'Chathealth.NHS.UK' for confidential advice and support.
- **Family Gateway** 03000133133 provides advice for families no matter how big or small the problem.
- **Food Bank** our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to_https://cardiff.foodbank.org.uk/
- **Period Poverty** Please e-mail Mrs. Bubbins at <u>Kelly.Bubbins@willows.cardiff.sch.uk</u> if you need feminine hygiene products and we'll do our best to help.

Lateness to School: Fixed Penalty Notices

Fixed Penalty Notices are already being requested for **poor attendance** and for **term-time holidays**.

After the Easter holidays we will be looking to request Fixed Penalty Notice fines for **lateness to school**. We ask that you speak to your child and discuss the importance of **arriving at school on-time for 9:00am line-up every day**. Your child is missing hours of education if they are consistently late to school.

If your child is regularly late to school then a request for a Fixed Penalty Notice fine will be actioned to the Education Welfare Service. The fine for this is £60, rising to £120, leading to a court summons & increased fines imposed.



ARUP **Taylor** Wimpey

We **do not** want to have to request this – we would much rather your child be in school on time.

If your child is late to school because of an appointment then please provide evidence to the Attendance Team in the form of an appointment card or letter, etc.

Please help your child to arrive at school in good time. The main gates close at 9am – after this time your child is considered to be late and will need to sign in through Late Gates in the Learning Lounge, and then main reception.

Thank you for your support in this matter.

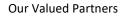
Advance warning: School Meals Price Increase

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We have been informed by the Local Authority that school meals prices in Cardiff will be increased on 1st April. We will be keeping our prices the same until the summer half term to give families fair warning. From Monday 3rd June the price of the meal of the day will increase to £3.40.



ВВС







Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

Please could parents refrain from turning up at the school reception without an appointment. Heads of Year, Teachers and Support Staff are incredibly busy during the school day looking after our pupils. If there is a problem, please arrange an appointment with your child's Head of Year in the first instance. To organise this, please ring the school reception on 029 20414243.

Headteacher	Mr. Christopher Norman	Christopher.Norman@Willows.Cardiff.sch.uk
Welfare Manager	Miss. Kimberly Williams	Kimberly.Williams@Willows.Cardiff.sch.uk
Year 7 – Head of Year	Miss. Marcella Sansom	Marcella.Sansom@Willows.Cardiff.sch.uk
Year 7 – Leadership Link	Ms. Lucy Williams	Lucy.Williams@Willows.Cardiff.sch.uk
Year 8 – Head of Year	Mrs. Roisin Cherrett	Roisin.Cherrett@Willows.Cardiff.sch.uk
Year 8 – Leadership Link	Mrs. Kelly Bubbins	Kelly.Bubbins@Willows.Cardiff.sch.uk
Year 9 – Head of Year	Mrs. Tara David	Tara.David@Willows.Cardiff.sch.uk
Year 9 – Leadership Link	Mrs. Suzie Warren	Suzie.Warren@Willows.Cardiff.sch.uk
Year 10 – Head of Year	Mrs. Catherine Watkins	Catherine.Watkins@Willows.Cardiff.sch.uk
Year 10 – Leadership Link	Mr. Simon Thomas	Simon. Thomas@Willows. Cardiff.sch.uk
Year 11 – Head of Year	Miss Elen Tomlinson	Elen.Tomlinson@Willows.Cardiff.sch.uk
Year 11 – Leadership Link	Mr. Jack Smith	Jack.Smith@Willows.Cardiff.sch.uk
Edison	Ms. Helen Amos	Helen.Amos@Willows.Cardiff.sch.uk
Tesla	Ms. Jane Crawshaw	Jane.Crawshaw@Willows.Cardiff.sch.uk

Alternatively, you can e-mail the relevant member of staff, details below:

By working together, we can ensure your child's success. Have an enjoyable end of term break.

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Team Willows



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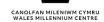


JOHN LEWIS & PARTNERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal of the day £3.20	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread Pomegranate salad pot	Halal chicken sausage with vegetable mash and gravy	Oven baked lemon chicken Herb roasted new potatoes and Mediterranean vegetables Alt: Rice	Jerk chicken with Mediterranean vegetable rice and peas	Fish, chips and beans Salmon fishcake Alt: ½ Jacket potato
Vegetarian option	Butternut squash, courgette, feta and basil pasta Garlic bread	Vegetarian sausage bake with vegetable mash and gravy	Vegan meat balls with lemon cream sauce	Asian influenced lentil and chickpea dhal with pitta bread	Pitta kebab with mint yogurt
Salad of the day	Pomegranate salad	Salad of the day	Salad of the day	Salad of the day	Salad of the day
Dessert	Toffee and banana sponge with custard	Vanilla cheesecake	Orange jelly fruit pot	Brownie	Apple and berry crumble
Hot snack	Cheeseburger (£1.65)	Southern fried chicken burger (£2.25)	Calzone (£2.35)	Hotdog (£2.25)	Pitta kebab with mint yogurt (£1.50)
Hot wrap	Cheese burrito (£2.50)	Reggae Reggae chicken (£2.50)	Garlic mayo chicken (£2.50)	Nandos chicken (£2.50)	Sweet chilli Chicken (£2.50)
Everyday snack	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans
	(£2.50)	(£2.50) Our Valued P	(£2.50)	(£2.50)	(£2.50)

















Extra-Curricular Activities – Summer Term 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years
Lesson time		Individual Instrumental lessons – Drums (Limited spaces – see Mr. George)	Individual Instrumental lessons – Drums and Guitar (Limited spaces – see Mr. George)	Individual Instrumental lessons - Drums (Limited spaces – see Mr. George)	
	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework
_	3.10 – 4.00 pm: Wellbeing Art and Craft Ms. Parves (PAWB)	3.10 – 4.00 pm Music Club Mr. George (PAC)	Week 1 - 3.10 – 4.00 pm EAL Sports Club Mr. Gill (PAWB)	Week 1 - 3.10 – 4.00 pm LGBTQIA+ Club Ms. Jones (F5)	3.10 – 4.00 pm Book Club Mrs. Lo Celso (F3)
-		3.10 – 4.00 pm Maths Club Miss Santos (G14)	Week 1 - 3.10 – 4.00 pm: Debate Club Miss Nelms (F11)	3.10 – 4.00 pm: Creative Writing Club Miss Smith (F9)	
After school		3.10 – 4.00 pm Musical Theatre Club Miss Reed (PAC)	3.10 – 4.00 pm History Club Mr. Henwood and Ms. Bethell (S9)	3.10 – 4.00 pm: K-Pop Club Miss Santos (G14 / Theatre)	
		Week 1 - 3.10 – 4.00 pm Welsh Club – Y7, Y8 and Y9 Mrs. Rees (G7)		3.10 – 4.00 pm: Eco-committee Miss Koncar (G19)	
		Week 2 – 3.10 – 4.00 pm Criw Cymraeg Mrs. Rees (G7)			
		3.10 – 4.00pm Mini robot programming Mr. Hussein (G12)			

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PE Department Extra-Curricular Programme Summer Term 2024

Activity	Who	Where	When	Teacher	Other Details
Athletics Club	Boys & Girls Years 7-9	Field/Barn or Gym if wet	Tuesday 3.10-4.10pm Thursday 3.10-4.10pm	Miss Moore Mr Smith	All Cardiff & the Vale Schools Athletics Fixtures at CISC, Leckwith <u>Championships</u> Thursday 16 th May U15 Boys (Years 8&9) 12-6pm Tuesday 21 st May U15 Girls (Years 8&9) 12-6pm Wednesday 19 th June Year 7 Boys 12.30-6.30pm Monday 8 th July Year 7 Girls 12-6pm <u>U14 (Years 7&8) U16 (Years 9&10) Cup Matches</u> Monday 10 th June12-6pm Tuesday 11 th June 12-6pm
Boys Football	Year 7&8 Boys	3G	Thursday 3.10-4.10pm	Mr Gill	
Boys Basketball	Year 10 & 11 Boys	Gym	Tuesday 3.10-4.10pm Thursday 3.10-4.10pm	Mr Roberts	All abilities welcome
Girls Basketball	All years 7-11 Girls	Barn	Tuesday 3.10-4.10pm Thursday 3.10-4.10pm	Mr Chapple	All abilities welcome

All other fixtures will be announced weekly via the school's 'X' account.















Years 10 & 11 Revision Timetable – Summer Term 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	8.30 – 9.00 am French Revision Mrs. Brace (G11)			8.20 – 9.00 am English Revision Mrs. Lo Celso (F3)	8.30 – 9.00 am French Revision JEB (G11)
	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm
	3.10 – 4.00 pm Science Revision (see below)	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Year 11 Intermediate Tier Maths (G19)	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm Year 10 RE revision Mrs. Guilfoyle (S10)	3.10 – 4.00 pm Y11 Media Studies revision Mrs. Bubbins (G25)	3.10 – 4.00 pm College, Coursework & Catch-up Business Revision Ms. Williams (F4)	
		3.10 – 4.00 pm Year 11 History Revision Year 10 History Revision Mr. Henwood (S9)	3.10 – 4.00 pm Years 9, 10 & 11 Art catch-up With pupil's Art teacher	3.10 – 4.00 pm PAWB revision help KS4 Ms Parves - PAWB	
After school		3.10 – 4.00 pm Product Design Mr. Konten (G2)	3.10 – 4.00 pm Hospitality and Catering Revision Ms. Davies (G4)	3.10 – 4.00 pm Y11 RE revision Mrs. Guilfoyle (S10)	
		3.10 – 4.00 pm Y10 and catch-up Y11 Of Mice and Men / Poetry Revision (F9 / F3)		3.10 – 4.00 pm Computer Science Unit 1 revision Mr. Hussein (G12)	
		3.10 – 4.00 pm Computer Science Unit 2 revision Ms. Charles (G13)		3.10 – 4.00 pm French Revision Mrs. Brace (G11)	
		3.10 – 4.00 pm French Revision Mrs. Brace (G11)		3.10 – 4.00 pm Geography Revision Mr. Gill (F1)	
		3.10 – 4.00 pm AGORED catch-up Miss Davies (F11)			
		3.10 – 4.00 pm Physics catch-up Mr. Kearns (S3)			

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	8.30 – 9.00 am French Revision Mrs. Brace (G11)			8.20 – 9.00 am English Revision Mrs. Lo Celso (F3)	8.30 – 9.00 am French Revision JEB (G11)
	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm
	3.10 – 4.00 pm Science Revision (see below)	3.10 – 4.00 pm Year 11 Higher Tier Maths Ms. Ait-Brahim (G17)	STAFF TRAINING	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm Year 11 Higher Tier Maths Miss Wrennall (G20)		3.10 – 4.00 pm College, Coursework & Catch-up Business Revision Ms. Williams (F4)	
		3.10 – 4.00 pm Year 11 RE revision Mrs. Guilfoyle (S10)		3.10 – 4.00 pm PAWB revision help KS4 Ms. Parves - PAWB	
		3.10 – 4.00 pm: Year 11 History Revision Year 10 History Revision (Mr. Henwood (S9)		3.10 – 4.00 pm Year 11 RE revision MrsGuilfoyle (S10)	
After school		3.10 – 4.00 pm French Revision Mrs. Brace (G11)		3.10 – 4.00 pm French Revision Mrs. Brace (G11)	
		3.10 – 4.00 pm Product Design Mr. Konten (G2)		3.10 – 4.00 pm Computer Science Unit 1 revision Mr. Hussein (G12)	
		3.10 – 4.00 pm Y10 and catch-up Y11 Of Mice and Men / Poetry Revision (F9 / F3)		3.10 – 4.00 pm Geography Revision Mr. Gill (F1)	
		3.10 – 4.00 pm Computer Science Unit 2 revision Mrs. Charles (G13)			
		3.10 – 4.00 pm AGORED catch-up Miss Davies (F11)			
		3.10 – 4.00 pm Physics catch-up Mr. Kearns (S3)			













French Revision:

Monday 8.20-8.55am	Tuesday 3.20-4pm	Thursday 3.20-4pm	Friday 8.20-8.55am
Chira Sadia	Yara Havin Mariam Jessica	Tasnim Havin Jasper Mariam Julio	Jimi Alex Riana Abdul Fatima

Science Revision

Date	Year 10	Year 11
08/04/2024	Chemistry	Physics
15/04/2024	Physics	Biology
22/04/2024	Biology	Chemistry
29/04/2024	Chemistry	Physics
06/05/2024	May	Day
13/05/2024	Physics	Chemistry
20/05/2024	Chemistry	Physics
27/05/2024	Half term	Half term
03/06/2024	Biology	
10/06/2024	Chemistry	
17/06/2024		

Science Exam dates

Year 11 Biology exam Friday 10th May Year 11 Chemistry exam Friday 17th May Year 11 Physics exam Friday 24th May Year 10 Biology exam Monday 10th June, Year 10 Chemistry Thursday 13th June Year 10 Physics Monday 17th June

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