




WILLOWS
HIGH SCHOOL



 Use Google Translate to change to your preferred language.

BELONG, believe, ACHIEVE
PERTHYN, CREDU, LLWYDDO

Weekly Newsletter – 22.3.24

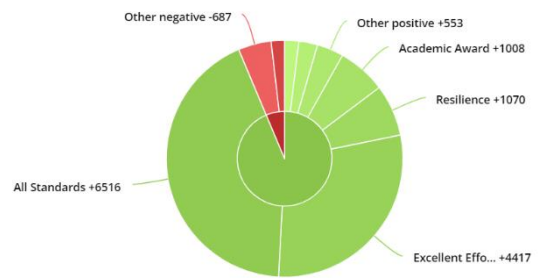
Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

Belong, Believe, Achieve:

This week, our Year 7 and 8 Football teams have been in action, we have held our Termly Rewards Assemblies, pupils organised their own Iftar celebration, Year 7 pupils have visited the Principality Stadium and we held our Eisteddfod which was opened with an amazing performance by the Cardiff Male Voice Choir. Our assemblies this week have been run by the Mrs. Lo-Celso and Ms. Crawshaw in the form of Year Group Academic Vocabulary Bee Competitions. Congratulations to all of the winners and participants.

Willows is closed for two weeks but will be open for all pupils on **Monday 8th April**

Willows High School Conduct Overview



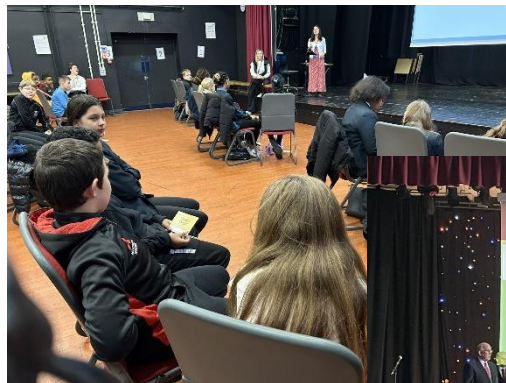
Merits – 18.3.24 – 22.3.24:

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners. Especially well done to Year 7, this a record number of merits in a week!

Year Group	Total	Excellent Effort	Merit Champions
Year 7	3349	7Schumann	Drew Wells / Ethan Higgins / Devitheertha Raj
Year 8	2331	8Banksy	Amnah Husayn
Year 9	2983	9Curie	Aira Setiadji
Year 10	2789	10Farah	Ethan Brittan
Year 11	2798	11Plato	Eshal Ali / Ashley Cossa

Dates for your Diary:

- 25/3 – 5/4: Easter Holiday
- 8/4: All pupils return for the summer term
- 13 - 18/4: School Trip to Nantes
- 15 - 19/4: Cultural Heritage Week
- 18 – 19/4: Year 11 Photography exam
- 19/4: Cultural Heritage Day
- 25/4: Year 10 Parents' Evening
- 6/5: May Day
- 9/5: Year 7 Parents' Evening



Our Valued Partners



School News:

Year 7 and 8 Football

This week has seen the culmination of our Year 7s and Year 8s regular football season. The boys in both year groups have shown fantastic commitment to representing Willows High School this year and should be very, very proud of their achievements.

Year 8 won comfortably on Monday Vs Cardiff West to secure 2nd place in the CVSFA league competition. This is a fantastic achievement, and we hope to go one better next season. Stand out players this season include the captain Ellis Dugdale who has led the team superbly, Michael lfeajika who top scored and has close to 40 goals for Willows over the past two seasons and Jayden Inyang who is really starting to realise his potential. All three of these boys have been nominated for CVSFA trials which are coming up in the next couple of months, and on behalf of everyone here at Willows High School we wish them all the luck in the world. Check their final standing on the right.

#	P	W	D	L	F	A	+-	PTS
1 Fitzalan	7	5	1	1	32	19	13	18
2 Willows	7	5	0	2	33	25	8	17
3 Cardiff West	5	2	1	2	16	19	-3	10
4 Whitchurch B	4	1	2	1	9	10	-1	8
5 Pencoedtre	3	2	0	1	13	9	4	7
6 Cathays	4	1	0	3	14	20	-6	6
7 Cantonian	3	0	0	3	6	11	-5	3
8 Plasmawr B	3	0	0	3	5	15	-10	3

**BLWYDDYN 7
YEAR 7**

#	P	W	D	L	F	A	+-	PTS
1 Whitchurch	7	6	0	1	41	11	30	19
2 Willows	6	5	0	1	30	11	19	16
3 Glantaf	2	2	0	0	14	4	10	6
4 Bishop of Llandaff	3	1	0	2	6	10	-4	5
5 Eastern	3	0	0	3	0	9	-9	3
6 Plasmawr B	3	0	0	3	2	17	-15	3
7 St Teilos	2	0	0	2	3	18	-15	2
8 Cathays	2	0	0	2	3	19	-16	2

Year 7 performed well on Wednesday in the 7-a-side competition at Plasmawr, battling through a tough group to reach the quarter finals, narrowly losing out to eventual winners Glantaf 1-0. Overall, they also finished second in the CVSFA league behind Whitchurch. This really is a phenomenal effort, and just goes to show that the pupils in this school can mix it, compete and beat the very best around. This new team have some incredibly talented players that have wowed us with some of the wonder goals and performances. After a heart-breaking quarter final exit in the Cardiff Cup, the team have decided that the main aim for next year is to go far in both this and the Welsh Cup. Special mentions go to the 'Bomb Squad' of Harlen Taylor, captain Daniil Osipovs, Malakai Carter and Josh Inganda who really have excelled. Daniil and Josh already represent Cardiff District, whilst Malakai and Harlen will attend trials in the coming months hoping to join them. Again, we wish them all the best. Check out their league season position on the left.

Two years ago, we decided to embark on a big push to drive extracurricular sport here at Willows. Football in Year 7 and Year 8 in particular has seen a huge upsurge in fixtures and success, Mr Smith and Mr Gill are very proud of the achievements of the pupils. All these boys will be recognised at our Sports Awards Ceremony later in the summer term. We look forward to next year to see this continue to go from strength to strength.

Apart from a couple of tournaments in the summer term, attention now turns to more traditional summer sports with opportunities to try out Athletics, Baseball and Cricket.

Specialist Resource Base

Students in the SRB have been testing their maths skills this week in an Easter egg hunt! Each egg had a maths question inside to complete and pupils had to work together to search for the eggs around the playground and field. They then had to complete the questions and see who could finish the egg hunt first. There was great teamwork shown by everyone!

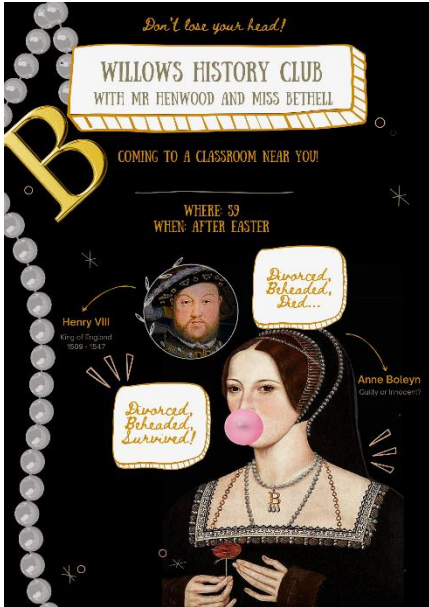


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Spring Academic Vocabulary Bees

We've had yet another week of fantastic performances from our teams in the Academic Vocabulary Bees. It's a pleasure to see first prize going to different classes each Bee, showing just how competitive the activity is. Most importantly, it was so good to see such brilliant audience engagement. All of our pupils in Years 7 - 10 will have gone home empowered with new words – so why not quiz them on the words they have learnt this week?

Our Willows-tastic winning teams: 10Fa, 9Da, 8Da and 7Mo. Bendigedig!



History Club

Mr Henwood and Miss Bethell will be holding a History Club afterschool when we come back from the Easter break. If you'd like to come along or find out more, please have a chat with either of them and they be more than happy to give you more details.

Iftar Celebration

On Tuesday night, four Year 11 pupils organised and lead our first school Iftar. Pupils and staff from all cultural backgrounds were invited to experience breaking the fast, after sunset, with their friends and pupils. We are so proud of these pupils who also held fund raising events to pay for food and decorations for the event. Future leaders!



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Ramadan

Ramadan is a special month for every Muslim, being the Islamic holy month in which Muslims fast.

This month helps every Muslim come closer to God, give charity, understand the struggles of those less fortunate, improve their health and strive to become a better person.

We are extremely lucky to have such a diverse school with pupils and staff from all beliefs and are excited to celebrate Ramadan with all who will be fasting. We understand the importance and excitement pupils have for this month. However, we are also fully aware of the difficulties of fasting during school hours. Therefore, we will aim to support our pupils as much as we can.

This year, roughly 2 weeks of fasting will be during school hours.

In Islam, it is permissible to break your fast if your health is compromised. The pupil's health is our top priority, therefore, if any pupils are feeling unwell, in line with the Islamic rulings, we will provide them with food and water.

We have also been exploring other ways we can support our pupils. A meeting has been held with the pupils and staff; ideas have been explored to implement in school for those fasting.

As a result of the meeting, we will be providing areas outside of the canteen for pupils who are fasting and, during the month of Ramadan, we will allow pupils to wear a black/navy abaya or thobe. However, they must wear the school blazer on top and school shoes.



Year 11 Prom Fundraising

In order to deliver the greatest prom this school has ever seen, as well as supporting the incredible children's charity Barnardo's, the Year 11 team in collaboration with the Pupil Leadership Team are coordinating a succession of fundraising events over the next few months. This began in fantastic fashion with our cake sale a few weeks ago which raised a whopping £280! Looking ahead, we have a number of other events including a 'Staff/Pupil Pyjama Tremorfa Park Run' in April, Easter themed cake sale at the end of March, and a staff curry night towards the end of March. Finally, and the biggest one of all, 12 possibly 13 staff have signed up to the 10K/Half Marathon run in Bristol on Sunday 19th May.

We have set up a fundraising page below if you would like to sponsor them that would be wonderful! And if you could share this on your social media that would be very much appreciated as well.

https://www.justgiving.com/crowdfunding/Year11willowshighprom?utm_term=M3WQX8jY9

Keep your eyes and ears peeled for the other events mentioned above, dates and further info will be shared in the coming weeks.

Our Valued Partners

cowshed



VOCO | St. David's
Cardiff



ARUP | Taylor
Wimpey



JOHN
LEWIS
& PARTNERS





Exam Certificates

Certificates from the Summer 2023 examination season are now available to collect from school.

Please contact Leah at leah.maidment@willows.cardiff.sch.uk in the first instance, so they can be prepared for you to collect from Reception.

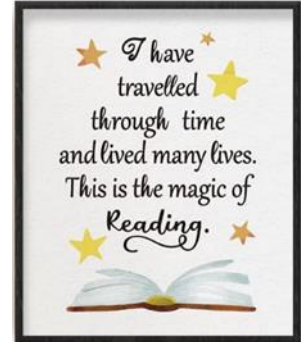
English Department

Reading is everything!

Did you know that there is a link between your child reading for pleasure and their GCSE success? At Willows, we take every pupil in KS3 to the school library once a fortnight to choose a new book. We STAR test the pupils every term to check on their reading levels – this should help them to choose books at the right level.

Your job as families?

- Check that your child has their book and is reading it every night!
- Ask questions about the book: about the plot or characters
- Listen to them read – check the book isn't too easy or too hard for them
- Make sure they are in the good habit of reading regularly



Remember, there is international evidence to suggest that this will help your child not just in English, but in *all* of their exams.

Most importantly...

Don't let your child take his/her phone to bed – take a book instead!

Cultural Heritage Week – Recipe Book

We would like to invite all pupils, parents, staff and members of our community to contribute to our Willows High School recipe book for Cultural Heritage week in April. We would request the recipe, a picture of the food (if possible), a family story or tradition around the food (again if possible) and the country of origin.

All recipes can be given/emailed to Ms Amos, Mrs Begum, Mr Konten, Mrs Davies, Mrs Pribanova or Mr Aideyan.



Citizens Advice

Citizens Advice are available for face-to-face appointments in the Learning Lounge every Monday from 10am to 3pm. If you have any issues that you'd like to discuss, please do not hesitate to make an appointment by contacting the school on contact@willows.cardiff.sch.uk.

We can all face problems that seem complicated or intimidating. Citizens Advice believe no one should have to face these problems without good quality, independent advice. They're available to give people the knowledge and the confidence they need to find their way forward - whoever they are, and whatever their problem.



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Science Department

What is Tassomai?

Year 11 students have all been given a login to access Tassomai which they can use as a revision aid in English, Maths and Science.

This is a useful video playlist explaining how the Tassomai app works and how it helps students perform to the best of their ability. <https://youtu.be/aDriZlywmYY?si=M0FIQ49t3-pdfqzB>



Tassomai is an online **multiple-choice quizzing tool** that is powered by an **adaptive algorithm**. What this means is that Tassomai will:

- Select the **right content at the right time** for your child;
- Unlock more challenging topics when they are **doing well**;
- Give more **support** to current weaker areas;
- Provide a range of other **helpful tools** to help them learn!



How does Tassomai work?

Each day, Tassomai will give your child a set amount of work to complete. This is known as their **Daily Goal (DG)**, and they will have a DG for every subject they have been assigned to.

Every correct answer in a quiz earns them **3 points** towards your DG. If you hit the target score of a quiz, they receive **4 bonus points!**

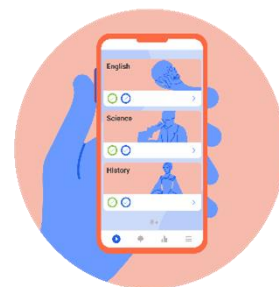
There are other ways to earn points...but they can lose points with incorrect answers, so **answer carefully!** Quizzes do not have a time limit, so they can (and should!) **take as long as they need** to complete each one. When they get enough points, they will **complete** their DG!

Why does Tassomai work?

Research into revision and learning techniques has found that the best way to study, and get knowledge to stick, is to:

- Work for short, concentrated periods of time;
- Frequently switch between topics;
- Regularly test yourself.

Tassomai is designed to help them do **all** of these things!



When & where can I work on Tassomai?

They can login to their account on a computer or laptop, or they can download our **free mobile app** and work using that instead!

No matter what device they use, they will need to be **connected to the internet** in order to take quizzes and access their data.

Their Daily Goals can be completed throughout the day, so they don't need to do all their work in one go. However, they will **reset at midnight**, so be aware of that!

Congratulations to the following pupils who met their daily goals this week:

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Mobile phone use in school

Following a rise in mobile phone usage during class time, the school has decided that from Monday April 8th 2024, on the 5th occasion that a pupil has their phone bagged, the phone will be confiscated and given to their Head of Year to be returned at the end of the day.

From then on, the pupil must hand their phone to their Head of Year every morning and the phone will be returned at the end of the day.

You will be aware of instances highlighted in the media of mobile phone misuse in schools and the serious consequences that can arise as a result. All schools are affected and all pupils are vulnerable to risk. Safeguarding risks include the taking and sharing of photographs and video without permission, the inappropriate use of social media, accessing inappropriate materials, sharing personal information and cyber-bullying.

Our first duty as a school is to safeguard your child. The ban on mobile phone use in school is there to help to ensure that this priority is met. Research has also shown that mobile phones can highlight the disparity between pupils and cause social isolation.

The current school contact policy will continue as before. If urgent contact is required with your child during the school day, then you should contact the school and the message will be passed on. If a pupil needs to contact home, they can do so through the Pastoral Teams. **Please do not ring or text your child during the school day.**

If your child chooses to bring a mobile phone to use on the journey to and from school, then they do so at their own risk. The school will take no responsibility for loss or damage of a mobile phone at school. If brought onto the school site, phones must be switched off and completely out of sight at all times.

We would be grateful if you would discuss this with your child to ensure they fully understanding of their responsibilities in this matter.

Welsh Department

Why not practise your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced. Send any queries or questions to:

willowswelsh@willows.cardiff.sch.uk

Willows Welsh

Welsh Terms of the Week

Week Twenty three

Welsh	Phonetic	English
Heulog	Hey-log	Sunny
Grasboeth	Grass-boy-th	Boiling hot
Braf	B-rav	Fine / nice
Bwrw glaw	Boo-roo glaw	Raining
Wyntog	Win-tog	Windy
Oer	Oy'r	Cold
Bwrw eira	Boo-roo Ey-rah	Snowing
Torheulo	Tore-hey-lor	Sunbathing
Ymlacio	Um-laccy-oh	To relax

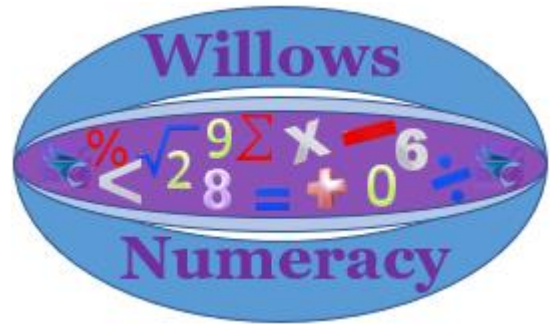
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Mathematics Department

Numeracy Enrichment

Numeracy Boost Session (NBS):

Using a variety of digital (e.g. TT-Rock Stars) and non-digital resources, all pupils in Years 7, 8 & 9 will benefit from using laptops in Numeracy Boost Sessions to enrich their Mathematics skills; they are delivered fortnightly by Mathematics teachers. It is a great opportunity to support pupils with skills gaps further and stretch high attaining pupils.



Internal Numeracy Competition Results:

Year 7: The winning form class was **7MO**

Year 8: The winning form class was **8BA**

Year 9: The winning form class was **9DA**

Congratulations to the winners! Keep up the hard work!

Junior UKMT Challenge – Year 7 and Year 8 MAT pupils:

UKMT Challenge is an external Mathematics competition giving Year 7 and Year 8 More Able and Talented pupils the opportunity to tackle a variety of mathematical activities which inspire their love of problem solving. It will take place in April. Below is the link to the UKMT website where pupils can familiarise themselves with the challenge and can practise as much as they need to increase their confidence. Relevant emails will be sent to pupils.

<https://www.ukmt.org.uk/competition/solo/junior-mathematical-challenge/archive>

(Go to - View past papers)

For any related question, please contact Mrs Ait-Brahim at: halima.ait-brahim@willows.cardiff.sch.uk

Numeracy Terms and Question of Week 23, starting 18/3/24:

To help our pupils boost their mathematical vocabulary and Numeracy skills, The "**Terms of the week**" will be emailed to them in a daily basis, and the "**Question of the week**" will be emailed in a weekly basis.

Any questions, please email: halima.aitbrahim@willows.cardiff.sch.uk

The solution to the actual weekly question will be emailed to pupils on **Monday** with the new question.

Question of the Week **Week beginning 18.03.24**

What number am I?

I am a 3-digit number.
All of my digits are even numbers greater than 1.
My hundreds' digit is greater than my tens digit.
My tens' digit minus my units' digit is twice as much as my hundreds' digit minus my tens' digit.
My tens' digit is a multiple of 3.
What number am I?



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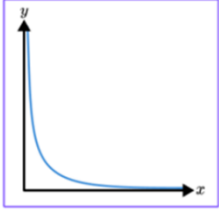
Mathematics Terms of the Week

Terms of the week
Week 23 - beginning 18.03.24

Inverse proportion:

Two variables x and y are inversely proportional if the algebraic relation between them is of the form $xy = k$, where k is a constant; an alternative form of the equation is $y = \frac{k}{x}$. The relations are valid for $x \neq 0$ and $y \neq 0$.

If y is inversely proportional to x then y is directly proportional to $1/x$.
When x is inversely proportional to y then when x is doubled, y is halved, when x is multiplied by 10, y is divided by 10.



Key features:


- Algebraic form, $y = \frac{k}{x^n}$
- Always a **reciprocal graph**
- One **smooth curve**
- Located in the **first quadrant only**
- Does **not touch any axis**

Numeracy Question Answer (Week 21)

Answer of the Week
Week beginning 11.03.24

Breakfast Supplies

A carton of eggs costs £3:90 and a package of meat costs £7:10. If I went to the store and bought 2 cartons of eggs and 1 package of meat, how much change would I have left from £20:00?



Solution:

We can start by calculating the total spent on meat and eggs as $£3:90 + £3:90 + £7:10 = £14:90$. If we subtract that total from £20:00, we get $£20:00 - £14:90 = £5:10$. So, we would have £5:10 left over from our £20:00. If we wanted to avoid doing calculations with decimal places, we could change all the amounts to pence. In this case, we multiply all of the pound amounts by 100.

So, the total spent would be $390 + 390 + 710 = 1490$ pence. The amount left over would be $2000 - 1490 = 510$ pence. Then, we can divide the number of pence by 100 to get back to a pound amount of £5:10.



Willows Mathematics
After School

Day	Activity	Location
Tuesday	Y7, Y8 & Y9	G14 Miss Santos
Tuesday Week 1 Only	KS4 Higher	G20 Miss Wrennall
Tuesday Week 2 Only	Y11 Higher	G17 Miss Ait-Brahim
Wednesday Week 1 Only	Y10 & Y11 Intermediate	G19 Miss Koncar
Friday	KS4 All Levels	G15 Mr Batchelor

MathsWatch

All of our students' weekly Mathematics homework is accessible on MathsWatch (<https://www.mathswatchvle.com/>). They must be completed by their given deadlines. Each set homework is open for a month, so that students can keep improving their scores. This will also help your child to revise and to practice the mathematics and numeracy skills, knowledge and understanding that they have been learning in class. There are videos available to each topic and interactive questions that they can try. Please ensure your child completes and submits their homework on time. Any outstanding homework must still be completed, and they should all aim to achieve 100% on them.

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Attendance

Contact Details - Willows High School

To Report an Absence:

Year 7, Year 8 and the first half of Year 11 – (Surname - A to Jon)

Contact Donna Whitney using Classcharts (see how to below)

Year 9, Year 10 and second half of Year 11 – (Surname - Jones to Z)

Contact Clare Davies using Classcharts (see how to below).

Please do not use the old mobile numbers or email.

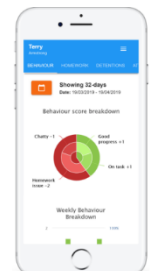
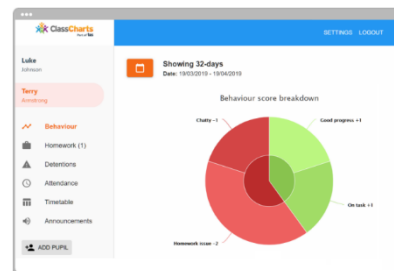


Class Charts Reminder

What is Class Charts?

Class Charts is an app that can be downloaded to your phone. You can use it to:

- keep track of your child's behaviour
- view attendance records
- access your child's weekly timetable
- be informed of and track detentions
- award your child merits for completing their home reading tasks
- view announcements from school.



We would like all parents to sign up to Class Charts, as we are also going to be using this as the main way of sending all messages to you. Likewise, from after half term this will also be the main way that you can report your child's absence to us.

Thank you to all parents who have signed up to Class Charts this year and to those of you who continue to use it.

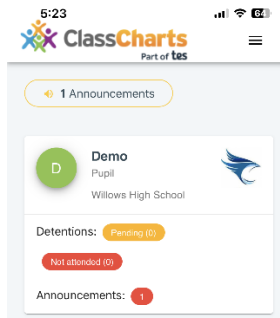
Please let your child's Head of Year know if you need a login code.

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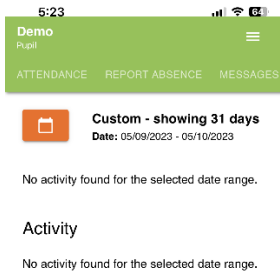


How to report an absence on Class Charts

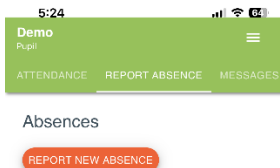
1. Click on your Class Charts app and click on your child's name.



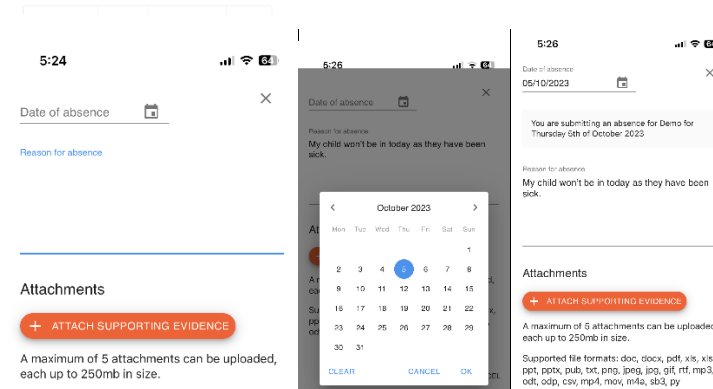
2. Scroll across the green band at the top and click 'report absence'.



3. Click on 'report new absence'



4. Tap the calendar for the date, type in the reason and attach any pictures of medical evidence, such as letters, emails or texts from the doctors, dentist or hospital.



5. Click submit...it's as easy as that!

Please contact your child's Head of Year if you have any problems logging on and they will be happy to guide you through the process.

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Important Information for All Parents and Guardians

Please be aware that **Fixed Penalty Notices** are now being issued by Cardiff Council again.

If your child has more than 5 days of unauthorised absence since September 2022 or takes an unauthorised holiday, then you are at risk of a Fixed Penalty Notice Fine being issued.

Fines are **£60** at first, then rising to **£120** and **£180** - if the fine is still not paid then you will be summoned to court and the fine and costs will rise again. **Please note these fines do not go away.** Please make sure to read any correspondence carefully.

To avoid being fined, please ensure that your child attends school every day - if there is a valid reason for absence, please contact the Attendance Team giving evidence where possible.



Community

You will find plenty of information on community and local goings-on at:



[The Community Noticeboard » Green Squirrel](#)



[InksploTT | Community Is Everything](#)



The Splott Community Volunteers run a community breakfast on Thursday Mornings 8am – 10am in The STAR Centre, Splott Road, Splott CF24 2BZ.

The Tremorfa Community Pantry

The amazing Tremorfa Community Pantry are always busy finding ways to support the community. You can find them at:

Tremorfa Community Hall, Tweedsmuir Road, CF24 2QZ.



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Splo-down

[Splo-down](http://ask@splo-down.org) is a member-run community food cooperative open to residents of Adamsdown, Splott, and Tremorfa. They buy food in bulk and use sliding-scale pricing so they can make good quality food accessible to everyone. They currently run a weekly stall 5-7pm every Wednesday where they sell veg boxes and run a zero-waste shop selling other food and household products such as rice, lentils, pasta, spices, and washing up liquid. They try to source our products from sustainable and ethical suppliers as much as possible. For any questions, please email them at: ask@splo-down.org



Settled

Settled is organising an advice surgery with an accredited EU Settlement Scheme adviser at the Grangetown Hub in Cardiff!

We offer FREE advice on the EU Settlement Scheme applications.

WE CAN HELP IF:
 You have pre-settled status and want to apply for settled status.
 You haven't applied yet, but you were in the UK before 31.12.2020.
 You want to bring your close family members to the UK.
 Your application has been rejected.
 You have problems accessing your digital status.

MAKE SURE TO HAVE ACCESS TO YOUR:
 Identity document, e-mail address, phone number and information and documents related to your status application.

When and where?
 Tuesdays 10am to 12pm @ Grangetown hub,
 Havelock Place
 Grangetown
 CF11 6PA

To find out more, email us:
applyeuusswales@settled.org.uk

parent line

If you're a parent or carer of a 5-16 Year Old
Text your school nurse on
07312 263178
 For confidential advice and support

This will be a text in service for parent to access their school nurse to help with a wide range of health problems. This won't be a diagnostic service but we can give advice on...

- emotional wellbeing
- sleep
- day and night time
- healthy eating
- soiling
- wetting
- substance misuse
- relationships
- behaviour
- bullying
- online safety
- puberty

Available during school holidays
 Available Mon - Fri 8.30am - 4.30pm

ChatHealth
 GIG NHS
 Specialist School Nurse
 Cardiff and Vale
 University Health Board

We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we received your text. Texts will not be seen outside normal working hours. If you need help before you hear back from us, contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.

Eastmoors

WHAT'S ON AT EASTMOORS?

Every other Monday
 Mind Hub 5:30pm-7:30pm

Tuesdays & Fridays
 Senior session
 Cooking YEAR 7+
 Trips
 Pool 6:15PM-8:45PM
 Xbox
 Table tennis NO YEAR 7+
 Make up FRIDAYS!
 Issue base workshop

Wednesdays
 Football with CardiffCityKicks
 Juniors 5pm-6pm
 Seniors 6pm-7pm
 Umbrella Allies 6:15pm-8:45pm
 Creative session 5pm-7pm sky up

Thursdays
 Junior Session
 Cooking YEAR 7 & 8+
 Trips
 Pool 5:15PM-7:45PM
 Xbox
 Table tennis
 Make up
 Issue base workshop

Creative Sessions at Eastmoors!
 Wednesdays 5PM-7PM

Editing, Filming, 3D Modelling, Podcasting, Graphic Design, AI, and Photography
 Ages 11-17

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Learning Lounge & Families

Citizens Advice

A reminder that members of our community can make appointments with staff from the Citizens' Advice at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail the school using contact@willows.cardiff.sch.uk



citizens
advice

Wellbeing in school

At Willows High School, we aim to promote positive mental health and wellbeing for our whole school community; pupils, staff and families, and recognise how important mental health and emotional wellbeing is to our lives in just the same way as physical health. We recognise that children's mental health is a crucial factor in their overall wellbeing and can affect their learning and achievement. All children go through ups and downs through their school career/life and some face significant life events.

Our aim is to help develop the protective factors which build resilience to mental health problems and be a school where:

- All pupils are valued
- Pupils have a sense of belonging and feel safe
- Pupils feel able to talk openly with trusted adults about their problems without feeling any stigma
- Positive mental health is promoted and valued
- Bullying is not tolerated

Pupils

If you feel you need some support with your wellbeing we want to help and there are many places to go: Staff in the Learning Lounge are here to look after your wellbeing so please come down for a confidential chat.

If you are a young carer and feel you need more support or would like to know about more opportunities out there for you, Ms. Mackintosh, our Safeguarding Officer, can provide information on what is available.

Your Head of Year or any member of the Welfare Team are there to support you. You can find them at line-up time, in the welfare office or anywhere around the school.

A member of staff you trust. All members of staff will be there for you. If you want to confide in someone please do and they will help get you the support you need.

MoodHwb

Researchers at Cardiff University have developed a bilingual program/app with young people to support their mood and well-being, called **MoodHwb**.

It is an opportunity to offer mental health support to young people, and the feedback will help to develop resources in the future. All participants will receive a gift voucher and certificate. It's free to take part. Young people (13-19 years old) who are experiencing low mood (or other difficulties with their mood/wellbeing) are encouraged to go to the study website for more information and to fill in a participation form: <https://www.ncmh.info/help-with-research/digital-support-study/>

Parents and Families

We want to help you as best we can and there is a lot of support out there for parents and families. Please contact the school using contact@willows.cardiff.sch.uk if you need any information on who you can turn to.

Your child's Head of Year and the Welfare Team can also help. Please do not suffer alone. Reach out to us.

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Fostering Wellbeing Masterclasses

The Fostering Network are pleased to announce the next series of **Fostering Wellbeing Masterclasses** for Cardiff and the Vale starting Tuesday 9th April 2024.

Each of our masterclasses will be delivered virtually using Teams. Each session will begin at 10am and end at 12.30pm inclusive of a comfort break.

Dates of Delivery

Masterclass One – Tuesday 9th April

Masterclass Two – Wednesday 17th April

Masterclass Three – Monday 22nd April

Masterclass Four – Tuesday 30th April

Masterclass Five – Wednesday 8th May

What is Fostering Wellbeing?

Fostering Wellbeing is an innovative programme, funded by Welsh Government and delivered by The Fostering Network.

Fostering Wellbeing brings together all the professionals involved in supporting children who are looked after, including Foster Carers.

The programme delivers learning and encourages sharing best practise across service boundaries with an aim to embed a shared approach across the region

Why should I attend?

The masterclasses aim to enable foster carers, supervising social workers, teachers, teaching assistants, health professionals, and youth justice staff to gain the skills and confidence needed to help inspire children and young people to fulfil their potential.

Participants will leave each session with theories, practical tools, and additional materials that can be used straight away to enhance practice.

One of our key aims is to ensure continuity of support for wellbeing and learning between home and school.

The five masterclasses are based on the principle of 'supporting children and young people through strong meaningful relationships.'

The main masterclass themes are:

- **Masterclass 1: Knowing and meeting needs**
All a child's needs have to be met, and recognising that each person's view of life and the wider world will differ
- **Masterclass 2: Living and growing**
Lessons for the future and encouraging aspiration & ambition
- **Masterclass 3: Me, you, us and them**
Building good relationships and appropriate behaviour
- **Masterclass 4: Hands on**
Positive values and attitudes are best nurtured through practical activities
- **Masterclass 5: Working as one**
Shared values and attitudes, and equality of status of all those involved with a child/young person being looked after

Here is the registration link: <https://www.eventbrite.co.uk/e/fostering-wellbeing-masterclasses-cardiff-tickets-795212852047?aff=oddtcreator>

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Allergies

At Willows, we are very conscious of pupil and staff sensitivity to the 14 food allergens. The food that our canteen produces is clearly labelled and the pupil information displayed at the tills identifies any allergies that the pupil in front of them has.

We do have a number of staff and pupils who have strong reactions to certain allergens, **particularly nuts**, so we ask for the support of all families to be aware of what your child is bringing into school and be sympathetic to the sensitivities of our school community.

We cannot 100% guarantee that the school is nut free, it is not possible to check what food is brought into school by every pupil, every day. We ask for your support in ensuring that the risks of allergic reactions are minimised.

For more information on allergies, please visit <https://www.allergyuk.org/>.

Period Dignity

A reminder that pupils can collect free period products from school at any time. Pupils can ask any trusted adult for these or can access them in the school office, from Mrs. Bubbins or from the Welfare Office.

Safeguarding:

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on Danielle.MacKintosh@willows.cardiff.sch.uk If you are a pupil that needs help, please also contact Danielle via this e-mail address.

Chat Health:

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarrassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please contact the school in using contact@willows.cardiff.sch.uk. Where we can help, we will do so confidentially.

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Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Key Services

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

Lateness to School: Fixed Penalty Notices

Fixed Penalty Notices are already being requested for **poor attendance** and for **term-time holidays**.

After the Easter holidays we will be looking to request Fixed Penalty Notice fines for **lateness to school**. We ask that you speak to your child and discuss the importance of **arriving at school on-time for 9:00am line-up every day**. Your child is missing hours of education if they are consistently late to school.

If your child is regularly late to school then a request for a Fixed Penalty Notice fine will be actioned to the Education Welfare Service. The fine for this is £60, rising to £120, leading to a court summons & increased fines imposed.

We **do not** want to have to request this – we would much rather your child be in school on time.

If your child is late to school because of an appointment then please provide evidence to the Attendance Team in the form of an appointment card or letter, etc.

Please help your child to arrive at school in good time. The main gates close at 9am – after this time your child is considered to be late and will need to sign in through Late Gates in the Learning Lounge, and then main reception.

Thank you for your support in this matter.

Advance warning: School Meals Price Increase

We have been informed by the Local Authority that school meals prices in Cardiff will be increased on 1st April. We will be keeping our prices the same until the summer half term to give families fair warning. From Monday 3rd June the price of the meal of the day will increase to £3.40.



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Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

Please could parents refrain from turning up at the school reception without an appointment. Heads of Year, Teachers and Support Staff are incredibly busy during the school day looking after our pupils. If there is a problem, please arrange an appointment with your child's Head of Year in the first instance. To organise this, please ring the school reception on 029 20414243.

Alternatively, you can e-mail the relevant member of staff, details below:

Headteacher	Mr. Christopher Norman	Christopher.Norman@Willows.Cardiff.sch.uk
Welfare Manager	Miss. Kimberly Williams	Kimberly.Williams@Willows.Cardiff.sch.uk
Year 7 – Head of Year	Miss. Marcella Sansom	Marcella.Sansom@Willows.Cardiff.sch.uk
Year 7 – Leadership Link	Ms. Lucy Williams	Lucy.Williams@Willows.Cardiff.sch.uk
Year 8 – Head of Year	Mrs. Roisin Cherrett	Roisin.Cherrett@Willows.Cardiff.sch.uk
Year 8 – Leadership Link	Mrs. Kelly Bubbins	Kelly.Bubbins@Willows.Cardiff.sch.uk
Year 9 – Head of Year	Mrs. Tara David	Tara.David@Willows.Cardiff.sch.uk
Year 9 – Leadership Link	Mrs. Suzie Warren	Suzie.Warren@Willows.Cardiff.sch.uk
Year 10 – Head of Year	Mrs. Catherine Watkins	Catherine.Watkins@Willows.Cardiff.sch.uk
Year 10 – Leadership Link	Mr. Simon Thomas	Simon.Thomas@Willows.Cardiff.sch.uk
Year 11 – Head of Year	Miss Elen Tomlinson	Elen.Tomlinson@Willows.Cardiff.sch.uk
Year 11 – Leadership Link	Mr. Jack Smith	Jack.Smith@Willows.Cardiff.sch.uk
Edison	Ms. Helen Amos	Helen.Amos@Willows.Cardiff.sch.uk
Tesla	Ms. Jane Crawshaw	Jane.Crawshaw@Willows.Cardiff.sch.uk

By working together, we can ensure your child's success.

Have an enjoyable end of term break.

Willows opens to all pupils on Monday 8th April.

Team Willows

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The Willows Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal of the day £3.20	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread Pomegranate salad pot	Halal chicken sausage with vegetable mash and gravy	Oven baked lemon chicken Herb roasted new potatoes and Mediterranean vegetables Alt: Rice	Jerk chicken with Mediterranean vegetable rice and peas	Fish, chips and beans Salmon fishcake Alt: ½ Jacket potato
Vegetarian option	Butternut squash, courgette, feta and basil pasta Garlic bread	Vegetarian sausage bake with vegetable mash and gravy	Vegan meat balls with lemon cream sauce	Asian influenced lentil and chickpea dhal with pitta bread	Pitta kebab with mint yogurt
Salad of the day	Pomegranate salad	Salad of the day	Salad of the day	Salad of the day	Salad of the day
Dessert	Toffee and banana sponge with custard	Vanilla cheesecake	Orange jelly fruit pot	Brownie	Apple and berry crumble
Hot snack	Cheeseburger (£1.65)	Southern fried chicken burger (£2.25)	Calzone (£2.35)	Hotdog (£2.25)	Pitta kebab with mint yogurt (£1.50)
Hot wrap	Cheese burrito (£2.50)	Reggae Reggae chicken (£2.50)	Garlic mayo chicken (£2.50)	Nandos chicken (£2.50)	Sweet chilli Chicken (£2.50)
Everyday snack	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)

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Extra-Curricular Activities – Summer Term 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years
Lesson time		Individual Instrumental lessons – Drums (Limited spaces – see Mr. George)	Individual Instrumental lessons – Drums and Guitar (Limited spaces – see Mr. George)	Individual Instrumental lessons - Drums (Limited spaces – see Mr. George)	
After school	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework
	3.10 – 4.00 pm: Wellbeing Art and Craft PAWB – SP	3.10 – 4.00 pm Music Club FG	Week 1 - 3.10 – 4.00 pm EAL Sports Club PAWB – JG	Week 1 - 3.10 – 4.00 pm LGBTQIA+ Club EJ – F5	3.10 – 4.00 pm Book Club NLC – F3
		3.10 – 4.00 pm Maths Club DS – G14	Week 1 - 3.10 – 4.00 pm: Debate Club JEN – F11	3.10 – 4.00 pm: Creative Writing Club FS – F9	
		3.10 – 4.00 pm J7 Reading Games Club for Y7		3.10 – 4.00 pm: K-Pop Club DS – G14 / theatre	
		3.10 – 4.00 pm Musical Theatre Club PAC - SR			
		Week 1 - 3.10 – 4.00 pm Welsh Club – Y7, Y8 and Y9 AGR – G7			
		Week 2 – 3.10 – 4.00 pm Cryw Cymraeg AGR - G7			
		3.10 – 4.00pm Mini robot programming AH – G12			

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PE Department Extra-Curricular Programme Summer Term 2024

Activity	Who	Where	When	Teacher	Other Details
Sports Hall Athletics	Boys & Girls Years 7-8 and 9-10	Training – Barn Fixtures – Glantaf & Whitchurch	Training – Thursday 3.10-4.10 Taster – Wed-Fri 8.35-8.55 Fixtures 3.30-6pm	Miss Moore	Training – Thursday 3.10-4.10 Barn Taster Sessions/Trials - Wed-Fri Mornings 8.35-8.55 Barn Fixtures: Wednesday, January 17th - under 15 boys (Years 9 & 10) – at Ysgol Glantaf Tuesday, January 23rd – under 15 girls (Years 9 & 10) – at Ysgol Glantaf Wednesday, January 31st – under 13 boys (Years 7 & 8) – at Whitchurch Lower Wednesday, February 7th – under 13 girls (Years 7 & 8) – at Whitchurch Lower
Girls Football	Girls Years 7-11	3G Pitch or Barn if the weather is wet	Tuesday 3.10-4.10pm	Miss Moore	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised when possible (subject to numbers).
Years 7, 8 & 9 Basketball	Boys & Girls Years 7-9	Barn	Wednesday Week 1 ONLY 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 11 Basketball	Boys & Girls Year 11	Gym	Tuesday 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 10 Basketball	Boys & Girls Year 10	Gym	Thursday 3.10-4.10	Mr Roberts	All abilities welcome.
Years 7 & 8 Boys Football	Boys Year 7&8	3G Pitch or Barn if the weather is wet	Tuesday 3.10-4.10pm	Mr Smith Mr Gill	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised when possible (subject to numbers).

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Years 10 & 11 Revision Timetable – Summer Term 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm
	STAFF MEETING	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Year 11 Intermediate Tier Maths (G19)	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm Year 10 RE revision Ms. Guilfoyle (S10)	3.10 – 4.00 pm Y11 Media Studies revision Mrs. Bubbins (G25)	3.10 – 4.00 pm College, Coursework & Catch-up Business Revision Ms. Williams (F4)	
		3.10 – 4.00 pm Year 11 History Revision Year 10 History Revision (after Feb half-term) Mr. Henwood (S9)	3.10 – 4.00 pm Years 9, 10 & 11 Art catch-up With pupil's Art teacher	3.10 – 4.00 pm PAWB revision help KS4 SP - PAWB	
		3.10 – 4.00 pm Computer Science Unit 2 revision Ms. Charles	3.10 – 4.00 pm Hospitality and Catering Revision Ms. Davies (G4)	3.10 – 4.00 pm Computer Science Unit 1 revision Mr. Hussein	
		3.10 – 4.00 pm French Revision with your French teacher.		3.10 – 4.00 pm French Revision with your French teacher.	
				3.10 – 4.00 pm English Revision Mrs. Lo Celso (F3)	

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm
	STAFF MEETING	3.10 – 4.00 pm Year 11 Higher Tier Maths Ms. Ait-Brahim (G17)	STAFF TRAINING	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm Year 11 Higher Tier Maths Ms. Wrennall (G20)		3.10 – 4.00 pm College, Coursework & Catch-up Business Revision Ms. Williams (F4)	
		3.10 – 4.00 pm Year 11 RE revision Miss.Guilfoyle (S10)		3.10 – 4.00 pm PAWB revision help KS4 SP - PAWB	
		3.10 – 4.00 pm: Year 11 History Revision Year 10 History Revision (after Feb half-term) Mr. Henwood (S9)		3.10 – 4.00 pm English Revision Mrs. Lo Celso (F3)	
		3.10 – 4.00 pm French Revision with your French teacher.		3.10 – 4.00 pm French Revision with your French teacher.	

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Science Revision 2023 - 2024:

Date	Year 10	Year 11
09/01/2024	Biology	Chemistry
16/01/2024	Chemistry	Physics
23/01/2024	Physics	Biology
30/01/2024	Biology	Chemistry
06/02/2024	Chemistry	Physics
Half term		
20/02/2024	Physics	Biology
27/02/2024	Biology	Chemistry
05/03/2024	Chemistry	Physics
12/03/2024	Physics	Biology
19/03/2024	Biology	Chemistry
Easter		
09/04/2024	Chemistry	Physics
16/04/2024	Physics	Biology
23/04/2024	Biology	Chemistry
30/04/2024	Chemistry	Physics
07/05/2024	Physics	Biology
14/05/2024	Biology	Chemistry
21/05/2024	Chemistry	Physics
Half term		
04/06/2024	Physics	Biology
11/06/2024	Biology	Chemistry
18/06/2024	Chemistry	Physics
25/06/2024	Physics	Biology

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Spring Holiday Activities

Week 1

Monday
25 March

9:00 – 17:00
Treasure Hunt
STAR Hub

11:00 – 12:30
Family Circus
Helen / Brewery Park

13:30 – 15:00
Family Circus
Cemetery Park

Tuesday
26 March

10:30 – 12:00
Play: Fiery Jack's Train Station
Railway Gardens

11:00 – 13:00
Circus and Play
Maltings Park

14:00 – 15:00
LEGO Hour
STAR Hub

13:30 – 14:30
Baby and Parent Support Group
Railway Gardens

14:00 – 16:00
Play with Seren in the Community
Tremorfa Park, Runway Road

Wednesday
27 March

11:00 – 13:00
Easter Egg Hunt + Wild Play + Circus
Railway Gardens

13:00 – 14:00
Easter Egg Craft
STAR Hub

Thursday
28 March

11:00 – 13:00
Play with Seren in the Community
STAR Hub

12:00 – 14:00
16+ Intro to Circus Class
NoFit State (Beginners Welcome)

14:00 – 16:00
Play with Seren in the Community
Anderson Fields

15:00 – 16:30
Family Circus
STAR Hub



Week 2

Tuesday
2 April

11:00 – 12:30
Family Circus
NoFit State

13:00 – 14:30
Family Circus
NoFit State

14:00 – 15:00
LEGO Hour
STAR Hub

Wednesday
3 April

10:30 – 12:00
Family Circus
Railway Gardens

13:00 – 14:30
Family Circus – **Booking Required**
Boomerang



Thursday
4 April

10:00 – 11:30
Family Circus
Oasis Cardiff

12:00 – 14:00
16+ Intro to Circus Class
NoFit State (Beginners Welcome)

15:00 – 16:30
Family Circus
STAR Hub

Friday
5 April

10:00 – 11:00
Storytime and Craft
STAR Hub

12:00 – 16:00
CCHA Easter Afternoon
Tremorfa Community Hall

Sunday
7 April

15:00 – 16:30
Family Circus
Anderson Fields

Most activities are drop-in, check the website for more information:
www.nofitstate.org/SpringHolidayActivities





Gweithgareddau Gwyliau'r Gwanwyn

Wythnos 1

Dydd Llun
25 Mawrth

9:00 – 17:00
Helfa Drysor
Hyb STAR

11:00 – 12:30
SyrCAS i'r Teulu
Parc Helen / Parc y Bragdy

13:30 – 15:00
SyrCAS i'r Teulu
Parc y Fynwent

Dydd Mawrth
26 Mawrth

10:30 – 12:00
Chwarae: Fiery Jack's Train Station
Gerddi'r Rheilffordd

11:00 – 13:00
SyrCAS a Chwarae
Parc y Maltings

14:00 – 15:00
Awr LEGO
Hyb STAR

13:30 – 14:30
Grwp Cefnogi Babanod a Rhieni
Gerddi'r Rheilffordd

14:00 – 16:00
Chwarae gyda Seren yn y Gymuned
Parc Tremorfa, Runway Road

Dydd Mercher
27 Mawrth

11:00 – 13:00
Helfa Wyau Pasg + Chwarae Gwyllt + SyrCAS
Gerddi'r Rheilffordd

13:00 – 14:00
Crefftiau Wyau Pasg
Hyb STAR

Dydd Iau
28 Mawrth

11:00 – 13:00
Chwarae gyda Seren yn y Gymuned
Hyb STAR

12:00 – 14:00
Dosbarth Cyflwyniad i SyrCAS 16+
NoFit State (Croeso i Ddechreuwr)

14:00 – 16:00
Chwarae gyda Seren yn y Gymuned
Caeau Anderson

15:00 – 16:30
SyrCAS i'r Teulu
Hyb STAR



Wythnos 2

Dydd Mawrth
2 Ebrill

11:00 – 12:30
SyrCAS i'r Teulu
NoFit State

13:00 – 14:30
SyrCAS i'r Teulu
NoFit State

14:00 – 15:00
Awr LEGO
Hyb STAR

Dydd Mercher
3 Ebrill

10:30 – 12:00
SyrCAS i'r Teulu
Gerddi'r Rheilffordd

13:00 – 14:30
SyrCAS i'r Teulu – **Angen Bwicio**
Boomerang



Dydd Iau
4 Ebrill

10:00 – 11:30
SyrCAS i'r Teulu
Oasis Caerdydd

12:00 – 14:00
Dosbarth Cyflwyniad i SyrCAS 16+
NoFit State (Croeso i Ddechreuwr)

15:00 – 16:30
SyrCAS i'r Teulu
Hyb STAR

Dydd Gwener
5 Ebrill

10:00 – 11:00
Amser Stori a Chrefftiau
Hyb STAR

12:00 – 16:00
Prynhawn Pasg CCHA
Neuadd Gymunedol Tremorfa



Dydd Sul
7 Ebrill

15:00 – 16:30
SyrCAS i'r Teulu
Caeau Anderson

Gweithgareddau galw heibio yw'r rhan fwyaf. Cewch wybod rhagor ar y wefan:
www.nofitstate.org/cy/SpringHolidayActivities