



WILLOWS HIGH SCHOOL



Use Google Translate to change to your preferred language.

BELONG, believe, ACHIEVE PERTHYN, CREDU, LLWYDDO

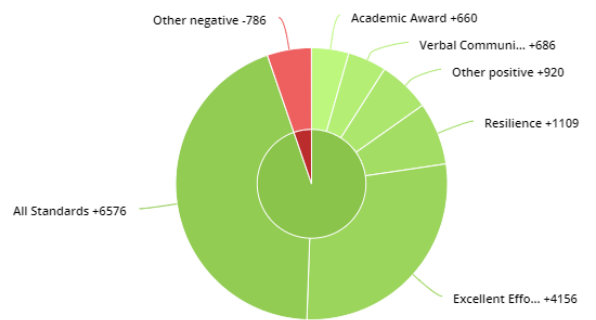
Weekly Newsletter – 2.2.24

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Helo!

Belong, Believe, Achieve:

This week, our pupils have been continuing with their GCSE English NEAs, participating in a careers/languages carousel and taken part in the Hays Scribblers Tour. Our assemblies this week have been raising awareness regarding Internet Safety and have been delivered by Miss Tomlinson. If you are a parent of a Year 9 pupil, make sure you've booked your appointments for the online Parents' Evening next Thursday. There is no school for pupils on Friday 9th February, it is a Staff Training Day.

Willows High School Conduct Overview



Merits – 29.1.24 – 2.2.24:

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners.

Table with 4 columns: Year Group, Total, Excellent Effort, and Merit Champions. It lists merit winners for Years 7 through 11.

Dates for your Diary:

- 5/2 – 6/2: Year 11 Group Discussion NEAs
6/2: Football – Year 7 v Cathays (Away)
8/2: Year 9 Parent Evening (online)
9/2: INSET day



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CANOLFAN MILLENIUM CYMRU WALES MILLENNIUM CENTRE



School News:

Careers – Welsh Government

We had the latest in a series of employer visits who will be delivering talks to Year 11 pupils about their industry and professions. This week's visitor was from the Welsh Government. The main topic of delivery concerned the role of the Welsh Assembly and the different roles that exist in the Welsh Government. There was a lot of interest in the talk, with a class full of pupils. As always, the behaviour and attitude of the pupils was excellent and there were a number of questions, especially about the apprenticeships they offer.



Thank you to Avan for her visit and to Adrian Cole from Careers Wales, for arranging it.



Welsh Music Day - Friday the 9th of February

Welsh Music Day, also known as “Dydd Miwsig Cymru,” is a celebration of Welsh music and the vibrant music scene in Wales. In this article, we’ll explore what Welsh Language Music Day represents, when it occurs, how it’s celebrated, its history, and the significance of promoting Welsh-language music.

What is Welsh Language Music Day?

Welsh Music Day, or Dydd Miwsig Cymru, is an annual event that highlights the rich and diverse music created in the Welsh language. It encourages people to discover, enjoy, and support Welsh music across various genres, including pop, rock, folk, hip-hop, and more. This day celebrates the unique cultural heritage of Wales through its musical expression.

When Does Welsh Language Music Day Occur?

Welsh Music Day is typically observed on the first Friday of February each year. It’s a day when artists, musicians, and music lovers come together to showcase and enjoy Welsh-language music.

How is Welsh Language Music Day Celebrated?

Welsh Music Day is celebrated in various ways, both in Wales and among the Welsh diaspora around the world. Here are some common ways in which people participate:

- **Concerts and Performances:** Musicians and bands, whether established or emerging, often perform live concerts, both in-person and through online platforms, to share their Welsh-language music with audiences.
- **Radio and Streaming:** Radio stations and streaming platforms dedicate airtime to Welsh-language music, playing a diverse selection of songs in Welsh throughout the day.
- **Social Media:** Social media plays a significant role in promoting Welsh Language Music Day. Musicians, fans, and organizations use hashtags and share their favourite Welsh songs and artists.

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- **Community Events:** Local communities may organize events, workshops, and activities that celebrate Welsh culture and language through music.
- **Supporting Artists:** Fans are encouraged to purchase music, attend concerts, and support Welsh-language musicians in various ways to ensure the continued growth of the music scene.



History of Welsh Language Music Day

Welsh Language Music Day was launched in 2013 as an initiative to promote and celebrate music created in Wales. It has since grown in popularity and has become a significant event in the Welsh music calendar. The day aims to raise awareness of the diverse musical talent within Wales and to encourage the use and appreciation of the Welsh language in music. See next week's article to find out how we celebrated at Willows!

Careers – Year 9 Careers Carousel

This week, we held the Year 9 Careers Carousel. The event is designed to highlight to our pupils the variety of different jobs and careers that exist in the workplace. The companies that were represented were:

- Specsavers
- Whitehead Construction
- The NHS
- Principality



Each talk gave the groups an insight into some of the jobs that exist within those industries. The pupils really enjoyed the interactive element of the talks, especially the virtual reality building projects, from Whitehead Construction.



This year, the event also involved the Languages Department from Cardiff University, who came in to talk to the pupils about the benefits of being able to speak another language. The University brought people who could speak Spanish, Italian and Portuguese. It was fun watching the pupils learning basic words and phrases in multiple languages.

Once again, the pupils were well behaved and respectful to our visitors. A huge thank you to everyone from the University and to the different employers who took part, and especially to Adrian Cole from Careers Wales for arranging it.



The pupils have not only gained a valuable insight into some different careers, but have also started to develop an understanding of some different languages and their importance in the workplace.



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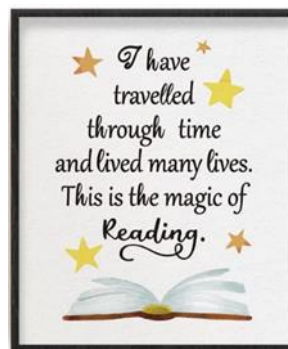
English Department

Reading is everything!

Did you know that there is a link between your child reading for pleasure and their GCSE success? At Willows, we take every pupil in KS3 to the school library once a fortnight to choose a new book. We STAR test the pupils every term to check on their reading levels – this should help them to choose books at the right level.

Your job as families?

- Check that your child has their book and is reading it every night!
- Ask questions about the book: about the plot or characters
- Listen to them read – check the book isn't too easy or too hard for them
- Make sure they are in the good habit of reading regularly



Remember, there is international evidence to suggest that this will help your child not just in English, but in *all* of their exams.

Most importantly...

Don't let your child take his/her phone to bed – take a book instead!



Hay Scribblers' Tour

On Thursday, a group of Year 8 pupils from our Creative Writing and Book Clubs visited the Hay Scribblers' Tour event at Cardiff Metropolitan University. They enjoyed fun and engaging workshops with youth authors Emma Carroll and Karl Nova and also had a tour of the site. As always, our wonderful pupils did us all proud with their fantastic contributions! Best of all, they all came away with a free book.



Exam Certificates

Certificates from the Summer 2023 examination season are now available to collect from school.

Please contact Leah at leah.maidment@willows.cardiff.sch.uk in the first instance, so they can be prepared for you to collect from Reception.

Cardiff Council Budget Consultation

The Local Authority has made a number of proposals to reduce its spending over the next financial year and it would like as many people as possible to have their say. Please make your voice heard by taking the short survey here: [Budget Consultation 2024-25 CFC \(snapsurveys.com\)](https://snapsurveys.com)

It is important that Cardiff residents of all ages get their voices heard. The survey is child friendly.



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Managing Children's Behaviour Level 1

Wednesdays
09:30 – 11:30
For 10 weeks
At
Willows High School Learning Lounge



On this course, learners will begin to gain an understanding of the influence of different parenting styles on children. You will learn about behaviour that is linked to a child's development and behaviour that challenges parents. You will discuss effective ways of communicating with children, how to use play to support a child's behaviour and also ways to reduce disruptive behaviour.

Child Psychology Level 1

Wednesdays
12:00 – 14:00
For 10 weeks
At
Willows High School Learning Lounge



This course is designed to help you understand some of the methods used in the study of child psychology. It will help you to understand the process of attachment, language acquisition and gender role acquisition and gender role acquisition.

Citizens Advice

Citizens Advice are available for face-to-face appointments in the Learning Lounge every Monday from 10am to 3pm. If you have any issues that you'd like to discuss, please do not hesitate to make an appointment by contacting Lewin Thomas on lewin.thomas@willows.cardiff.sch.uk.



We can all face problems that seem complicated or intimidating. Citizens Advice believe no one should have to face these problems without good quality, independent advice. They're available to give people the knowledge and the confidence they need to find their way forward - whoever they are, and whatever their problem.

Welsh Department

Why not practise your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced. Send any queries or questions to: willowswelsh@willows.cardiff.sch.uk

Willows Welsh

Welsh Terms of the Week

Week Seventeen

Welsh	Phonetic	English
Ydw	Uh-doo	Yes, I do
Nag ydw	Nag uh-doo	No, I do not
Oes	Oy-s	Yes, there is
Nag oes	Nag oy-s	No, there isn't
Ie	Yeah	Yes (informal)
Na	Narr	No

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Mathematics Department

Numeracy Enrichment

Numeracy Boost Session (NBS):

Using a variety of digital (e.g. TT-Rock Stars) and non-digital resources, all pupils in Years 7, 8 & 9 will benefit from using laptops in Numeracy Boost Sessions to enrich their Mathematics skills; they are delivered fortnightly by Mathematics teachers. It is a great opportunity to support pupils with skills gaps further and stretch high attaining pupils.

Internal Numeracy Competitions – Pupils in Years 7, 8 & 9:

Various Numeracy competitions are taking place throughout the year. Pupils in Years 7, 8 & 9 been provided with relevant resources that can be used to prepare for the quizzes. Relevant emails with details will be sent to pupils and to parents through Classcharts.

Junior UKMT Challenge – Year 7 and Year 8 MAT pupils:

UKMT Challenge is an external Mathematics competition giving Year 7 and Year 8 More Able and Talented pupils the opportunity to tackle a variety of mathematical activities which inspire their love of problem solving. It will take place in April. Below is the link to the UKMT website where pupils can familiarise themselves with the challenge and can practise as much as they need to increase their confidence. Relevant emails will be sent to pupils.

<https://www.ukmt.org.uk/competition/solo/junior-mathematical-challenge/archive>

(Go to - View past papers)

For any related question, please contact Mrs Ait-Brahim at: halima.ait-brahim@willows.cardiff.sch.uk

Numeracy Terms and Question of Week 17, starting 29/1/24:

To help our pupils boost their mathematical vocabulary and Numeracy skills, The "**Terms of the week**" will be emailed to them in a daily basis, and the "**Question of the week**" will be emailed in a weekly basis. Any questions, please email: halima.aitbrahim@willows.cardiff.sch.uk

The solution to the actual weekly question will be emailed to pupils on **Monday** with the new question.

Question of the week
Week 17 – Starting 29.01.24

Mixed letters:

The letters A, B, C, D, E, F, G, H, and I each appear in one of the nine squares of the grid below.

- A is in one of the top corners
- B is directly below H and directly to the left of I
- C is directly to the right of F
- D is in the middle square of the grid
- E is in the same column as C
- F is directly above D
- G is directly below E
- H is directly below A
- I, is between B and G

What is the correct arrangement of these letters in the grid that satisfies all the clues above?

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Mathematics Terms of the Week

Terms of the week
Week 17 - beginning 29.01.24

Probability Terms – Part 6:
Probability Formula:

Probability formula is used to calculate the probability of single and multiple events. Probabilities are values that show the likelihood of an event. Finding the basic probability of event A happening can be calculated using the formula:

$$P(A) = \frac{\text{number of times } A \text{ occurs}}{\text{total number of possible outcomes}}$$

where P(A) is the notation used to mean “the probability of A happening”.
If the probability needed is more complicated and involves multiple events we need to consider if the events satisfy conditions such as being mutually exclusive or independent.

Numeracy Question Answer (Week 16)

Answer of the week
Week 16 – Starting 22.01.24

Healthy Eating:
The numbers of serving are: 3, 2, 4, 2, 3, 2, 6, 2, 3

Mean:
The mean is the sum of the values divided by number of the values.
The sum of the values is $3+2+4+2+3+2+6+2+3=27$
There are 9 values
The mean is $27 \div 9 = 3$.


Median:
The median is the middle number of ordered data. So, the first step to get the median is to list the numbers of servings in sorted order:


2, 2, 2, 2, ③, 3, 3, 4, 6

Since there are 9 data values, then the middle number is the 5th value of the sorted list. In the list above, we have circled the middle number. So, the median of the data is 3.

Mode:
The number that appears most often is 2. So, 2 is the mode of the data.

Range:
The range is the difference between the largest and the smallest value: $6 - 2 = 4$.
So, the range is 4.



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Mathematics After School

Day	Activity	Location
Tuesday	Y7, Y8 & Y9	G14 Miss Santos
Tuesday Week 2 Only	Y10 Higher	G20 Miss Wrennall
Tuesday Week 2 Only	Y11 Higher	G17 Miss Ait-Brahim
Wednesday Week 1 Only	Y10 & Y11 Intermediate	G19 Miss Koncar
All days	All Years Drop in	Any teacher who is available

MathsWatch

All of our students' weekly Mathematics homework is accessible on MathsWatch (<https://www.mathswatchvle.com/>). They must be completed by their given deadlines. Each set homework is open for a month, so that students can keep improving their scores. This will also help your child to revise and to practice the mathematics and numeracy skills, knowledge and understanding that they have been learning in class. There are videos available to each topic and interactive questions that they can try. Please ensure your child completes and submits their homework on time. Any outstanding homework must still be completed, and they should all aim to achieve 100% on them.

Science Department



What is Tassomai?

Tassomai is an **online multiple-choice quizzing tool** that is powered by an adaptive algorithm.

All Year 11 students have been provided a login and should be using it as part of their regular revision afterschool.

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Attendance

Contact Details - Willows High School

To Report an Absence:

Year 7, Year 8 and the first half of Year 11 – (Surname - A to Jon)

Contact Donna Whitney using Classcharts (see how to below)

Year 9, Year 10 and second half of Year 11 – (Surname - Jones to Z)

Contact Karen Hunt using Classcharts (see how to below).

Please do not use the old mobile numbers or email.

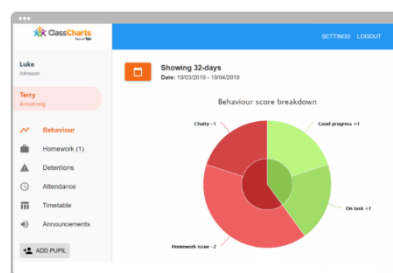


Class Charts Reminder

What is Class Charts?

Class Charts is an app that can be downloaded to your phone. You can use it to:

- keep track of your child's behaviour
- view attendance records
- access your child's weekly timetable
- be informed of and track detentions
- award your child merits for completing their home reading tasks
- view announcements from school.



We would like all parents to sign up to Class Charts, as we are also going to be using this as the main way of sending all messages to you. Likewise, from after half term this will also be the main way that you can report your child's absence to us.

Thank you to all parents who have signed up to Class Charts this year and to those of you who continue to use it.

Please let your child's Head of Year know if you need a login code.

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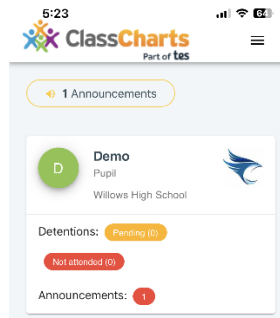
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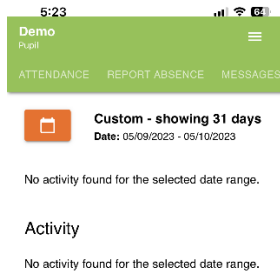
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How to report an absence on Class Charts

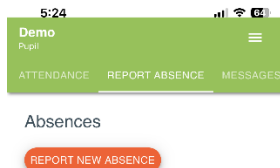
1. Click on your Class Charts app and click on your child's name.



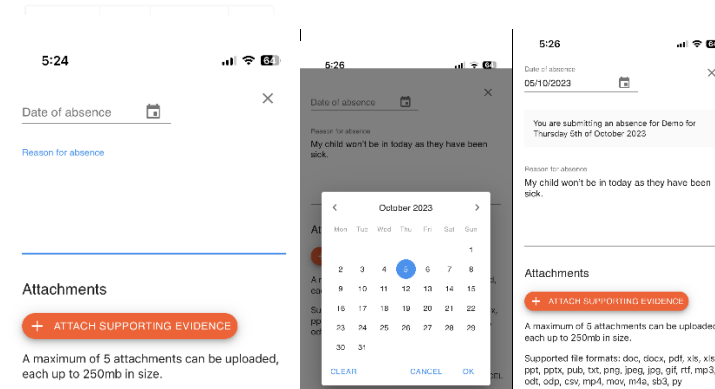
2. Scroll across the green band at the top and click 'report absence'.



3. Click on 'report new absence'



4. Tap the calendar for the date, type in the reason and attach any pictures of medical evidence, such as letters, emails or texts from the doctors, dentist or hospital.



5. Click submit...it's as easy as that!

Please contact your child's Head of Year if you have any problems logging on and they will be happy to guide you through the process.

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Important Information for All Parents and Guardians

Please be aware that **Fixed Penalty Notices** are now being issued by Cardiff Council again.

If your child has more than 5 days of unauthorised absence since September 2022 or takes an unauthorised holiday, then you are at risk of a Fixed Penalty Notice Fine being issued.

Fines are **£60** at first, then rising to **£120** and **£180** - if the fine is still not paid then you will be summoned to court and the fine and costs will rise again. **Please note these fines do not go away.** Please make sure to read any correspondence carefully.

To avoid being fined, please ensure that your child attends school every day - if there is a valid reason for absence, please contact the Attendance Team giving evidence where possible.

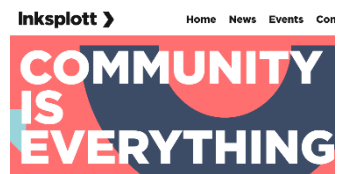


Community

You will find plenty of information on community and local goings-on at:



[The Community Noticeboard » Green Squirrel](#)



[Inksplott | Community Is Everything](#)

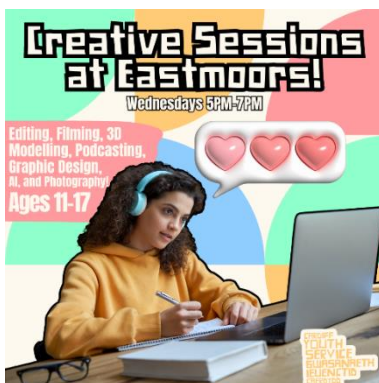


The Splott Community Volunteers run a community breakfast on Thursday Mornings 8am – 10am in The STAR Centre, Splott Road, Splott CF24 2BZ.

The Tremorfa Community Pantry

The amazing Tremorfa Community Pantry are always busy finding ways to support the community. You can find them at:

Tremorfa Community Hall, Tweedsmuir Road, CF24 2QZ.



Creative Sessions at Eastmoors

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GYDA'R HWYR: GWYDDONIAETH AR WAITH AFTER DARK: SCIENCE ON SHOW



Chwefror 14 February 2024
6-9pm



Noson wyddoniaeth
ryngweithiol i'r teulu cyfan
yw Gwyddoniaeth Ar Waith.

Science on Show is a
family-friendly hands-on
science evening.



Mynediad am ddim. Archebwch ar-lein
Free entry. Book tickets online

Amgueddfa Genedlaethol Caerdydd
National Museum Cardiff



Settled

Settled is organising an advice surgery with an accredited EU Settlement Scheme adviser at the Grangetown Hub in Cardiff!

We offer FREE advice on the EU Settlement Scheme applications.

WE CAN HELP IF:

- You have pre-settled status and want to apply for settled status.
- You haven't applied yet, but you were in the UK before 31.12.2020.
- You want to bring your close family members to the UK.
- Your application has been rejected.
- You have problems accessing your digital status.

MAKE SURE TO HAVE ACCESS TO YOUR:

Identity document, e-mail address, phone number and information and documents related to your status application.

When and where?

Tuesdays 10am to 12pm @ Grangetown hub,
Havelock Place
Grangetown
CF11 6PA



To find out more, email us:
applyeu@settled.org.uk



Register now for our free event:

Why does Palestine matter....?

An evening for the wider community with Ustadh Abu Muhammad

- Learn about Palestine
- Understand the religious importance of Jerusalem
- Open QA

Darul-Isra Mosque
Cathays, CF24 4BG

Thurs 8th Feb
7:30pm to 8.30pm

Register here

@cardiffmuslims interfaith@darulisra.org.uk

Nyrsio Ysgol | School Nursing
BIP Caerdydd at Ffio i Cardif & Vale UHB

parent line

If you're a parent or carer of a 5-16 Year Old
Text your school nurse on
07312 263178
For confidential advice and support

This will be a text in service for parent to access their school nurse to help with a wide range of health problems. This won't be a diagnostic service but we can give advice on...

emotional wellbeing
sleep day and night time
healthy eating
soiling wetting
substance misuse
relationships
behaviour bullying
online safety puberty

ChatHealth

We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we received your text. Texts will not be seen outside normal working hours. If you need help before you hear back from us, contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some "number masking" mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.

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No Fit State Circus



Join NoFit State Circus for an amazing fire and light show in the park during half term! Golau Parc Light will take place in Brewery/Helen Park on Friday 15th February and Saturday 16th February from 17:00 – 19:30. Before the show, you can make a lantern and a candle, try out circus skills and enjoy some free hot chocolate and cake.

If getting to the park is a problem then don't worry, you can walk over to the event with them! Meet them at the STAR Hub 16:00 on Friday 15th February to walk to the park together, they'll be walking back to STAR Hub after the event too.

Learning Lounge & Families

Citizens Advice

A reminder that members of our community can make appointments with staff from the Citizens' Advice at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail Lewin Thomas on lewin.thomas@willows.cardiff.sch.uk



citizens
advice

Health and Wellbeing

Researchers at Cardiff University have developed a bilingual program/app with young people to support their mood and well-being, called **MoodHwb**.

It is an opportunity to offer mental health support to young people, and the feedback will help to develop resources in the future. All participants will receive a gift voucher and certificate. It's free to take part. Young people (13-19 years old) who are experiencing low mood (or other difficulties with their mood/wellbeing) are encouraged to go to the study website for more information and to fill in a participation form: <https://www.ncmh.info/help-with-research/digital-support-study/>

Wellbeing in school

Pupils

If you feel you need some support with your wellbeing we want to help and there are many places to go: Ms. Crnoja in the learning lounge is here to look after your wellbeing so please come down for a confidential chat.

If you are a young carer and feel you need more support or would like to know about more opportunities out there for you, Ms. Crnoja in the learning lounge can also help.

Your Head of Year or any member of the Welfare Team are there to support you. You can find them at line-up time, in the welfare office or anywhere around the school.

A member of staff you trust. All members of staff will be there for you. If you want to confide in someone please do and they will help get you the support you need.

Period Dignity

A reminder that pupils can collect free period products from school at any time. Pupils can ask any trusted adult for these or can access them in the school office, from Mrs. Bubbins or from the Welfare Office.

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Parents and Families

We want to help you as best we can and there is a lot of support out there for parents and families.

Ms. Crnoja can be contacted on 07592 037937 or rebecca.crnoja@willows.cardiff.sch.uk.

Your child's Head of Year and the Welfare Team can also help. Please do not suffer alone. Reach out to us.

Safeguarding:

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on Danielle.MacKintosh@willows.cardiff.sch.uk If you are a pupil that needs help, please also contact Danielle via this e-mail address.

Chat Health:

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarrassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):

The graphic features a hand holding a smartphone displaying a text message. The text on the phone says: "Text anytime... We reply Mon - Fri 9.30am until 4.30pm". To the right of the phone, it says "We help young people with all kinds of things like...". The background is teal with white text: "IF YOU'RE 11-19 YEARS OLD TEXT YOUR SCHOOL NURSE ON 07520 615718 FOR CONFIDENTIAL ADVICE AND SUPPORT". On the right side, there is a list of issues: "BULLYING SMOKING EMOTIONAL WELLBEING FEELING SAD OR ANGRY STRESS", "HEALTHY EATING CHANGES TO YOUR BODY DRUGS ALCOHOL RELATIONSHIPS". Logos for ChatHealth, CIG, and NHS are at the top right. A small disclaimer is at the bottom right.

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Beck Crnoja (Family and Community Engagement Officer, Willows) in confidence on 07592 037937

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Key Services

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or 'chat' on 'Chathealth.NHS.UK' for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we'll do our best to help.

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& PARTNERS

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FAMILY LAW

Taylor
Wimpey

Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

Please could parents refrain from turning up at the school reception without an appointment. Heads of Year, teachers and support staff are incredibly busy during the school day looking after our pupils. If there is a problem, please arrange an appointment with your child's Head of Year in the first instance. To organise this, please ring the school reception on 029 20414243.

Alternatively, you can e-mail the relevant member of staff, details below:

Headteacher	Mr. Christopher Norman	Christopher.Norman@Willows.Cardiff.sch.uk
Welfare Manager	Miss. Kimberly Williams	Kimberly.Williams@Willows.Cardiff.sch.uk
Year 7 – Head of Year	Miss. Marcella Sansom	Marcella.Sansom@Willows.Cardiff.sch.uk
Year 7 – Leadership Link	Ms. Lucy Williams	Lucy.Williams@Willows.Cardiff.sch.uk
Year 8 – Head of Year	Mrs. Savannah Reed	Savannah.Reed@Willows.Cardiff.sch.uk
Year 8 – Leadership Link	Mrs. Kelly Bubbins	Kelly.Bubbins@Willows.Cardiff.sch.uk
Year 9 – Head of Year	Mrs. Tara David	Tara.David@Willows.Cardiff.sch.uk
Year 9 – Leadership Link	Mrs. Suzie Warren	Suzie.Warren@Willows.Cardiff.sch.uk
Year 10 – Head of Year	Mrs. Catherine Watkins	Catherine.Watkins@Willows.Cardiff.sch.uk
Year 10 – Leadership Link	Mr. Simon Thomas	Simon.Thomas@Willows.Cardiff.sch.uk
Year 11 – Head of Year	Miss Elen Tomlinson	Elen.Tomlinson@Willows.Cardiff.sch.uk
Year 11 - SLT	Mr. Jack Smith	Jack.Smith@Willows.Cardiff.sch.uk
Edison	Ms. Helen Amos	Helen.Amos@Willows.Cardiff.sch.uk
Tesla	Ms. Jane Crawshaw	Jane.Crawshaw@Willows.Cardiff.sch.uk

By working together, we can ensure your child's success.

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The Willows Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal of the day £3.20	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread Pomegranate salad pot	Halal chicken sausage with vegetable mash and gravy	Oven baked lemon chicken Herb roasted new potatoes and Mediterranean vegetables Alt: Rice	Jerk chicken with Mediterranean vegetable rice and peas	Fish, chips and beans Salmon fishcake Alt: ½ Jacket potato
Vegetarian option	Butternut squash, courgette, feta and basil pasta Garlic bread	Vegetarian sausage bake with vegetable mash and gravy	Vegan meat balls with lemon cream sauce	Asian influenced lentil and chickpea dhal with pitta bread	Pitta kebab with mint yogurt
Salad of the day	Pomegranate salad	Salad of the day	Salad of the day	Salad of the day	Salad of the day
Dessert	Toffee and banana sponge with custard	Vanilla cheesecake	Orange jelly fruit pot	Brownie	Apple and berry crumble
Hot snack	Cheeseburger (£1.65)	Southern fried chicken burger (£2.25)	Calzone (£2.35)	Hotdog (£2.25)	Pitta kebab with mint yogurt (£1.50)
Hot wrap	Cheese burrito (£2.50)	Reggae Reggae chicken (£2.50)	Garlic mayo chicken (£2.50)	Nandos chicken (£2.50)	Sweet chilli Chicken (£2.50)
Everyday snack	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)

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Extra-Curricular Activities – Spring Term 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years
Lesson time		Individual Instrumental lessons – Drums (Limited spaces – see Mr. George)	Individual Instrumental lessons – Drums and Guitar (Limited spaces – see Mr. George)	Individual Instrumental lessons - Drums (Limited spaces – see Mr. George)	
After school	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework
	3.10 – 4.00 pm: Wellbeing Art and Craft PAWB – SP	3.10 – 4.00 pm Music Club FG	Week 1 - 3.10 – 4.00 pm EAL Sports Club PAWB – JG	Week 1 - 3.10 – 4.00 pm LGBTQIA+ Club EJ – F5	3.10 – 4.00 pm Book Club NLC – F3
		3.10 – 4.00 pm Maths Club DS – G14	Week 1 - 3.10 – 4.00 pm: Debate Club JEN – F11	3.10 – 4.00 pm: Creative Writing Club FS – F9	
		3.10 – 4.00 pm J7 Reading Games Club for Y7		3.10 – 4.00 pm: K-Pop Club DS – G14 / theatre	
		3.10 – 4.00 pm Musical Theatre Club PAC - SR			
		Week 1 - 3.10 – 4.00 pm Welsh Club – Y7, Y8 and Y9 AGR – G7			
		Week 2 – 3.10 – 4.00 pm Cryw Cymraeg AGR - G7			
		3.10 – 4.00pm Mini robot programming AH – G12			

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PE Department Extra-Curricular Programme Spring Term 2024

Activity	Who	Where	When	Teacher	Other Details
Sports Hall Athletics	Boys & Girls Years 7-8 and 9-10	Training – Barn Fixtures – Glantaf & Whitchurch	Training – Thursday 3.10-4.10 Taster – Wed-Fri 8.35-8.55 Fixtures 3.30-6pm	Miss Moore	Training – Thursday 3.10-4.10 Barn Taster Sessions/Trials - Wed-Fri Mornings 8.35-8.55 Barn Fixtures: Wednesday, January 17th - under 15 boys (Years 9 & 10) – at Ysgol Glantaf Tuesday, January 23rd – under 15 girls (Years 9 & 10) – at Ysgol Glantaf Wednesday, January 31st – under 13 boys (Years 7 & 8) – at Whitchurch Lower Wednesday, February 7th – under 13 girls (Years 7 & 8) – at Whitchurch Lower
Girls Football	Girls Years 7-11	3G Pitch or Barn if the weather is wet	Tuesday 3.10-4.10pm	Miss Moore	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised when possible (subject to numbers).
Years 7, 8 & 9 Basketball	Boys & Girls Years 7-9	Barn	Wednesday Week 1 ONLY 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 11 Basketball	Boys & Girls Year 11	Gym	Tuesday 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 10 Basketball	Boys & Girls Year 10	Gym	Thursday 3.10-4.10	Mr Roberts	All abilities welcome.
Years 7 & 8 Boys Football	Boys Year 7&8	3G Pitch or Barn if the weather is wet	Tuesday 3.10-4.10pm	Mr Smith Mr Gill	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised when possible (subject to numbers).

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Years 10 & 11 Revision Timetable - Spring 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm
	STAFF MEETING	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Year 11 Intermediate Tier Maths (G19)	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm Year 10 RE revision Ms. Guilfoyle (S10)	3.10 – 4.00 pm Y11 Media Studies revision Mrs. Bubbins (G25)	3.10 – 4.00 pm College, Coursework & Catch-up Business Revision Ms. Williams (F4)	
		3.10 – 4.00 pm Year 11 History Revision Year 10 History Revision (after Feb half-term) Mr. Henwood (S9)	3.10 – 4.00 pm Years 9, 10 & 11 Art catch-up With pupil's Art teacher	3.10 – 4.00 pm PAWB revision help KS4 SP - PAWB	
		3.10 – 4.00 pm Computer Science Unit 2 revision Ms. Charles	3.10 – 4.00 pm Hospitality and Catering Revision Ms. Davies (G4)	3.10 – 4.00 pm Computer Science Unit 1 revision Mr. Hussein	
		3.10 – 4.00 pm French Revision with your French teacher.		3.10 – 4.00 pm French Revision with your French teacher.	
				3.10 – 4.00 pm English Revision Mrs. Lo Celso (F3)	

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm
	STAFF MEETING	3.10 – 4.00 pm Year 11 Higher Tier Maths Ms. Ait-Brahim (G17)	STAFF TRAINING	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm Year 11 Higher Tier Maths Ms. Wrennall (G20)		3.10 – 4.00 pm College, Coursework & Catch-up Business Revision Ms. Williams (F4)	
		3.10 – 4.00 pm Year 11 RE revision Miss.Guilfoyle (S10)		3.10 – 4.00 pm PAWB revision help KS4 SP - PAWB	
		3.10 – 4.00 pm: Year 11 History Revision Year 10 History Revision (after Feb half-term) Mr. Henwood (S9)		3.10 – 4.00 pm English Revision Mrs. Lo Celso (F3)	
		3.10 – 4.00 pm French Revision with your French teacher.		3.10 – 4.00 pm French Revision with your French teacher.	

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Science Revision 2023 - 2024:

Date	Year 10	Year 11
09/01/2024	Biology	Chemistry
16/01/2024	Chemistry	Physics
23/01/2024	Physics	Biology
30/01/2024	Biology	Chemistry
06/02/2024	Chemistry	Physics
Half term		
20/02/2024	Physics	Biology
27/02/2024	Biology	Chemistry
05/03/2024	Chemistry	Physics
12/03/2024	Physics	Biology
19/03/2024	Biology	Chemistry
Easter		
09/04/2024	Chemistry	Physics
16/04/2024	Physics	Biology
23/04/2024	Biology	Chemistry
30/04/2024	Chemistry	Physics
07/05/2024	Physics	Biology
14/05/2024	Biology	Chemistry
21/05/2024	Chemistry	Physics
Half term		
04/06/2024	Physics	Biology
11/06/2024	Biology	Chemistry
18/06/2024	Chemistry	Physics
25/06/2024	Physics	Biology

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