



WILLOWS HIGH SCHOOL



Use Google Translate to change to your preferred language.

BELONG, believe, ACHIEVE PERTHYN, CREDU, LLWYDDO

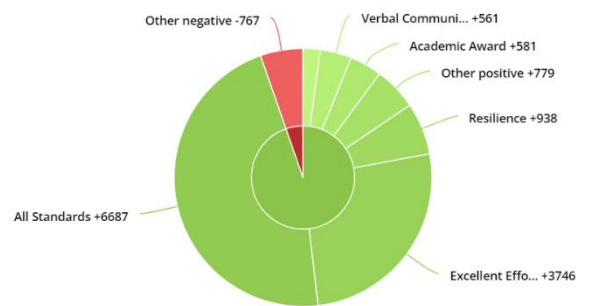
Weekly Newsletter – 26.1.24

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Helo!

Belong, Believe, Achieve:

This week, our pupils have been taking part in the final of the Genius Hour Charity Project and sitting their GCSE Science Practical exams & English NEAs. We have celebrated the Bangladeshi Culture at our Bangladeshi Breakfast. Our assemblies this week have been raising awareness of Holocaust Memorial Day and St. Dwynwen's Day.

Willows High School Conduct Overview



Merits – 22.1.24 – 26.1.24:

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners.

Table with 4 columns: Year Group, Total, Excellent Effort, Merit Champions. Rows include Year 7 to Year 11 with names like Schumann, Banksy, Curie, Farah, Attfield, Mason Conway, Filip Rushton, Amnah Husayn, Sienna Robinson, Kayden Allen, Raifa Abdalah Said.

Dates for your Diary:

- 25/1 – 30/1: Year 11 English GD NEAs
31/1: Welsh Government Careers Talk
31/1: Football - Year 7 v St. Teilos (Away)
31/1-1/2: Year 10 Poetry NEAs
5/2 – 6/2: Year 11 Group Discussion NEAs
6/2: Football – Year 7 v Cathays (Away)
8/2: Year 9 Parent Evening (online)
9/2: INSET day



Our Valued Partners



Civil Service



School News:

Genius Hour Final

This week, year 8 pupils were involved in the final of the competition they had been working on all term. The project, run by First Give, was to research and promote a social issue or local charity.

The pupils then had to design and lead a presentation to highlight the charity and the excellent work that they do. The pupils presented their work to a panel of judges including Rhiannon, from First Give, the company that arrange the event, Miss Reed, Head of Year 8 and Katiba Laksari, a Year 11 pupil who had won this competition when she was in Year 8.

The charities represented were;

- Cardiff Foodbank
- Show Racism the Red Card
- Child Friendly Cardiff
- Race Equality First
- Boomerang
- Community Care & Wellbeing Service

The research that the pupils had put into their presentations was superb. As always, the standard of the presentations was outstanding. In addition, they raised a combined total of over £400 for their chosen charities.



In the end, the winning group was 8Matisse, who worked on behalf of Cardiff Foodbank. The prize for the winners is a £1000 gift to their chosen charity!

Special mention to 8Hepworth, who represented Boomerang. They were awarded the Judges Commendation for the effort they had put into their presentation.



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St. Dwynwen's Day



Diwrnod Santes Dwynwen is considered to be the Welsh equivalent to Valentine's Day and is celebrated on 25th of January every year. It celebrates Dwynwen, the Welsh saint of lovers.

In the 5th century, Dwynwen fell in love with a man named Maelon Dafodrill. Maelon returned Dwynwen's feelings but they could not be together, for Dwynwen's father forbade the marriage and her father had already promised her to someone else. Distraught by her love for Maelon, Dwynwen prays she would fall out of love with him.

After falling asleep, or possibly while still awake in the woods she had run to in her distress, Dwynwen was visited by an angel, who appeared carrying a sweet potion designed to erase all memory of Maelon and turn him into a block of ice. God then gave three wishes to Dwynwen. First, she wished that Maelon be thawed, second that God met the hopes and dreams of true lovers and third that she should never marry ever. All three were fulfilled, and as a mark of her thanks, Dwynwen devoted herself to God's service for the rest of her life.

Dwynwen became a nun, fulfilling her wish to never marry. She left for the island of Anglesey and built a Church, which became known as Llanddwyn, literally meaning "Church of Dwynwen". Its remains can still be seen today on the island of Llanddwyn, off the coast of Anglesey. The smaller island also contains Dwynwen's well, where, allegedly, a sacred fish swims, whose movements predict the future fortunes and relationships of various couples. Another tradition claims that if the water boils while visitors are present, then love and good luck will surely follow.

The popularity and celebration of St Dwynwen's day has increased considerably in recent years, with special events, such as concerts and parties, often held and greetings cards printed. Although still not as popular as St Valentine's Day in February, St Dwynwen is certainly becoming better-known among today's population of Wales.



Debate Club

As you may recall, Willows has been crowned Welsh Debating Champions for the past two years, as well as placing in third place in the UK last year. We were therefore thrilled to have been given the chance to be a part of the Debate Mate programme again this year.

We were invited to the launch which this year took place in Cardiff University's Sparks Building. Twenty pupils from Willows attended with Miss Nelms and listened to talks, debates and information on what is to come over the next few months.

What is especially exciting this year is that Willows are also going to be entering a novice team from Years 7 and 8. All pupils behaved exceptionally well, with our very own Year 11 pupil and Head Boy Franklyn, taking part in the show debate.

We look forward to more exciting trips and events that are due to take place this year and hope we can secure a hat-trick!

All pupils are welcome to Debate Club which runs on a Wednesday after school in F10.



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Careers - Civil Service

This week we had a visitor from the Civil Service to talk to Year 11 pupils about what the Service does, and specifically what the role of a Surveyor is. The talk included the various routes into the industry, including apprenticeships. The pupils were really keen to find out more, especially the apprenticeship route. As always, the pupils were very responsive and asked lots of questions about the industry. A huge thank you to Nichole Lucas for giving up her time to talk to the pupils and to Adrian Cole for arranging it.



Willows Uniform Redistribution

If you have any uniform that you no longer need, we would be grateful if you would hand it over to us so that we can distribute it to those who could use it.

Similarly, if you have any coats that are no longer required, please consider donating them to us so we could put them to good use across our community.

Upcoming Courses at the Learning Lounge

Managing Children's Behaviour Level 1

Wednesdays
09:30 – 11:30
For 10 weeks
At

Willows High School Learning Lounge



On this course, learners will begin to gain an understanding of the influence of different parenting styles on children. You will learn about behaviour that is linked to a child's development and behaviour that challenges parents. You will discuss effective ways of communicating with children, how to use play to support a child's behaviour and also ways to reduce disruptive behaviour.

Child Psychology Level 1

Wednesdays
12:00 – 14:00
For 10 weeks
At
Willows High School
Learning Lounge



This course is designed to help you understand some of the methods used in the study of child psychology. It will help you to understand the process of attachment, language acquisition and gender role acquisition and gender role acquisition.

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Cultural Heritage Week – Recipe Book

We would like to invite all pupils, parents and staff to contribute to our Willows High school recipe book for Cultural Heritage week in April. We would request the recipe, a picture of the food (if possible), a family story or tradition around the food (again if possible) and the country of origin.

All recipes can be given/mailed to Ms Amos, Mrs Begum, Mr Konten, Mrs Davies, Mrs Pribanova or Mr Aideyan by February 23rd 2024



Bangladeshi Breakfast

Continuing our celebration of the different cultures within our school, the pupils enjoyed the delights of Bangladeshi food at our special breakfast this week. The pupils were so grateful to Mrs. Khatun who produces amazingly delicious food!

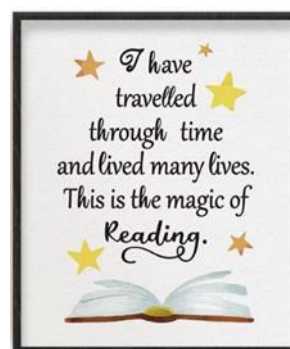
English Department

Reading is everything!

Did you know that there is a link between your child reading for pleasure and their GCSE success? At Willows, we take every pupil in KS3 to the school library once a fortnight to choose a new book. We STAR test the pupils every term to check on their reading levels – this should help them to choose books at the right level.

Your job as families?

- Check that your child has their book and is reading it every night!
- Ask questions about the book: about the plot or characters
- Listen to them read – check the book isn't too easy or too hard for them
- Make sure they are in the good habit of reading regularly



Remember, there is international evidence to suggest that this will help your child not just in English, but in *all* of their exams.

Most importantly...

Don't let your child take his/her phone to bed – take a book instead!

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Exam Certificates

Certificates from the Summer 2023 examination season are now available to collect from school.

Please contact Leah at leah.maidment@willows.cardiff.sch.uk in the first instance, so they can be prepared for you to collect from Reception.



Cardiff Council Budget Consultation

The Local Authority has made a number of proposals to reduce its spending over the next financial year and it would like as many people as possible to have their say. Please make your voice heard by taking the short survey here: [Budget Consultation 2024-25 CFC \(snapsurveys.com\)](https://snapsurveys.com)

It is important that Cardiff residents of all ages get their voices heard. The survey is child friendly.

Citizens Advice

Citizens Advice are available for face-to-face appointments in the Learning Lounge every Monday from 10am to 3pm. If you have any issues that you'd like to discuss, please do not hesitate to make an appointment by contacting Lewin Thomas on lewin.thomas@willows.cardiff.sch.uk.

We can all face problems that seem complicated or intimidating. Citizens Advice believe no one should have to face these problems without good quality, independent advice. They're available to give people the knowledge and the confidence they need to find their way forward - whoever they are, and whatever their problem.



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Welsh Department

Why not practise your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced. Send any queries or questions to:

willowswelsh@willows.cardiff.sch.uk

Willows Welsh

Welsh Terms of the Week

Week Seventeen

Welsh	Phonetic	English
Hyfryd	Huv - rid	Lovely
Da iawn	Dar yawrn	Very good
Bendigedig	Ben-dee-ged-igg	Brilliant
Ddiflas	Dd-iv-las	Boring
Sbwriel	Sbore-ree-yell	Rubbish
Ofnadwy	Ov-nad-oy	Awful

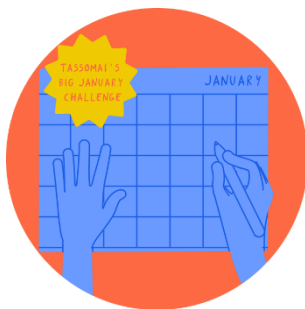
Science Department



What is Tassomai?

Tassomai is an **online multiple-choice quizzing tool** that is powered by an adaptive algorithm.

All Year 11 students have been provided a login and should be using it as part of their regular revision afterschool.



Tassomai January Challenge

Tassomai users can win big prizes in our prize draw this new year. Just 20 or more Daily Goals in January to be in with a chance of winning.

How do you win?

Very simply, students will need to complete their Daily Goals 20 times 1st and 31st January in order to be in the running for the prize draws

What are the prizes?

Tassomai are starting the prize fund with £500 worth of Amazon vouchers:

- £100 - first prize
- £50 x 3 - second prizes
- £25 x 10 - runners up prizes

Click the following link below to read more about it: [Tassomai's January Challenge! — Tassomai](#)

Mathematics Department

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Numeracy Enrichment

Numeracy Boost Session (NBS):

Using a variety of digital (e.g. TT-Rock Stars) and non-digital resources, all pupils in Years 7, 8 & 9 will benefit from using laptops in Numeracy Boost Sessions to enrich their Mathematics skills; they are delivered fortnightly by Mathematics teachers. It is a great opportunity to support pupils with skills gaps further and stretch high attaining pupils.

Internal Numeracy Competitions – Pupils in Years 7, 8 & 9:

Various Numeracy competitions are taking place throughout the year. Pupils in Years 7, 8 & 9 been provided with relevant resources that can be used to prepare for the quizzes. Relevant emails with details will be sent to pupils and to parents through Classcharts.

Junior UKMT Challenge – Year 7 and Year 8 MAT pupils:

UKMT Challenge is an external Mathematics competition giving Year 7 and Year 8 More Able and Talented pupils the opportunity to tackle a variety of mathematical activities which inspire their love of problem solving. It will take place in April. Below is the link to the UKMT website where pupils can familiarise themselves with the challenge and can practise as much as they need to increase their confidence. Relevant emails will be sent to pupils.

<https://www.ukmt.org.uk/competition/solo/junior-mathematical-challenge/archive>

(Go to - View past papers)

For any related question, please contact Mrs Ait-Brahim at: halima.ait-brahim@willows.cardiff.sch.uk

Numeracy Terms and Question of Week 16, starting 22/1/24:

To help our pupils boost their mathematical vocabulary and Numeracy skills, The "**Terms of the week**" will be emailed to them in a daily basis, and the "**Question of the week**" will be emailed in a weekly basis.

Any questions, please email: halima.aitbrahim@willows.cardiff.sch.uk

The solution to the actual weekly question will be emailed to pupils on **Monday** with the new question.


Question of the week
Week 16 – Starting 22.01.24

Healthy Eating:

Ms. Morgan's health class is discussing healthy eating choices. She asked 9 of her students to write down how many servings of fruits or vegetables they eat every day. The following chart shows the results:

Servings of Fruits or Vegetables per Day

Student's Name	Number of Servings
Vlad	3
Tessa	2
Shaheed	4
Maja	2
Mike	3
Braydon	2
Priya	6
Juan	2
Layla	3



Given this data, what is the mean, the median, the mode, and the range for the number of servings of fruits or vegetables consumed in a day by these students in Ms. Morgan's health class?

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Mathematics Terms of the Week

Terms of the week
Week 16 - beginning 22.01.24

Probability Terms – Part 5 :

Dependent event:

Dependent events are those which depend upon what happened before. These events are affected by the outcomes that had already occurred previously. If one event is by chance changed, then another is likely to differ.

For example:

Charlie has a bag of sweets. There are 55 yellow sweets and 44 red sweets. Charlie is going to take a sweet at random, eat it and then take a second sweet to eat. To calculate the probability of Charlie eating a sweet of each colour we can display the probabilities on a tree diagram.

You can see that the probabilities on the second set of branches are different from the probabilities on the first set and to each other. This is because the probabilities of choosing the second sweet depend on the colour of the previous sweet.

Numeracy Question Answer (Week 15)

Answer of the week
Week 15 – Starting 15.01.24

Pet Problem:

Question	Number of Students Who Answered Yes
Do you have at least one dog at home?	16
Do you have at least one cat at home?	19
Do you have both at least one cat and at least one dog at home?	11

Since 11 students have both at least one cat and at least one dog, we can put 11 in the overlapping section of the Venn diagram. Now, 16 students have at least one dog at home and 11 have dogs and cats, so $16 - 11 = 5$ students have only dogs at home. Similarly, 19 students have at least one cat at home, so $19 - 11 = 8$ students have only cats at home. The Venn diagram below summarizes this.

Now we need to add up all the pet owners.
 5 (dogs only) + 11 (cats and dogs) + 8 (cats only) = 24 pet owners.
 There are 30 students in the class in total.
 Therefore, the remaining $30 - 24 = 6$ students do not have cats nor dogs as pets.

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Mathematics After School

Day	Activity	Location
Tuesday	Y7, Y8 & Y9	G14 Miss Santos
Tuesday Week 2 Only	Y10 Higher	G20 Miss Wrennall
Tuesday Week 2 Only	Y11 Higher	G17 Miss Ait-Brahim
Wednesday Week 1 Only	Y10 & Y11 Intermediate	G19 Miss Koncar
All days	All Years Drop in	Any teacher who is available

MathsWatch

All of our students' weekly Mathematics homework is accessible on MathsWatch (<https://www.mathswatchvle.com/>). They must be completed by their given deadlines. Each set homework is open for a month, so that students can keep improving their scores. This will also help your child to revise and to practice the mathematics and numeracy skills, knowledge and understanding that they have been learning in class. There are videos available to each topic and interactive questions that they can try. Please ensure your child completes and submits their homework on time. Any outstanding homework must still be completed, and they should all aim to achieve 100% on them.

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Attendance

Contact Details - Willows High School

To Report an Absence:

Year 7, Year 8 and the first half of Year 11 – (Surname - A to Jon)

Contact Donna Whitney using Classcharts (see how to below)

Year 9, Year 10 and second half of Year 11 – (Surname - Jones to Z)

Contact Karen Hunt using Classcharts (see how to below).

Please do not use the old mobile numbers or email.

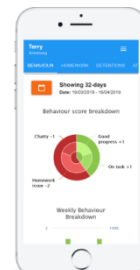


Class Charts Reminder

What is Class Charts?

Class Charts is an app that can be downloaded to your phone. You can use it to:

- keep track of your child's behaviour
- view attendance records
- access your child's weekly timetable
- be informed of and track detentions
- award your child merits for completing their home reading tasks
- view announcements from school.



We would like all parents to sign up to Class Charts, as we are also going to be using this as the main way of sending all messages to you. Likewise, from after half term this will also be the main way that you can report your child's absence to us.

Thank you to all parents who have signed up to Class Charts this year and to those of you who continue to use it.

Please let your child's Head of Year know if you need a login code.

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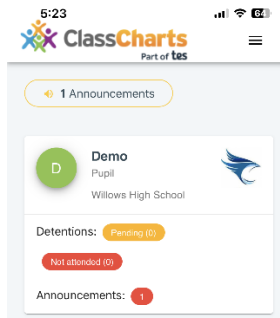
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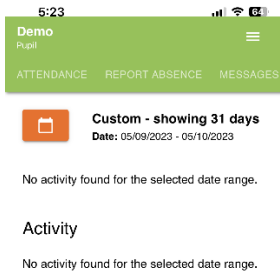
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How to report an absence on Class Charts

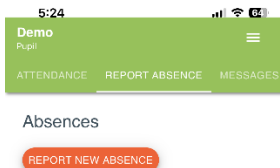
1. Click on your Class Charts app and click on your child's name.



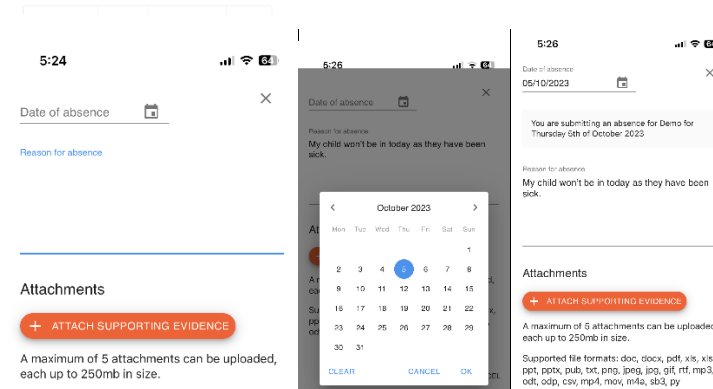
2. Scroll across the green band at the top and click 'report absence'.



3. Click on 'report new absence'



4. Tap the calendar for the date, type in the reason and attach any pictures of medical evidence, such as letters, emails or texts from the doctors, dentist or hospital.



5. Click submit...it's as easy as that!

Please contact your child's Head of Year if you have any problems logging on and they will be happy to guide you through the process.

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Important Information for All Parents and Guardians

Please be aware that **Fixed Penalty Notices** are now being issued by Cardiff Council again.

If your child has more than 5 days of unauthorised absence since September 2022 or takes an unauthorised holiday, then you are at risk of a Fixed Penalty Notice Fine being issued.

Fines are **£60** at first, then rising to **£120** and **£180** - if the fine is still not paid then you will be summoned to court and the fine and costs will rise again. **Please note these fines do not go away.** Please make sure to read any correspondence carefully.

To avoid being fined, please ensure that your child attends school every day - if there is a valid reason for absence, please contact the Attendance Team giving evidence where possible.



Community

You will find plenty of information on community and local goings-on at:



[The Community Noticeboard » Green Squirrel](#)



[Inksplott | Community Is Everything](#)



The Splott Community Volunteers run a community breakfast on Thursday Mornings 8am – 10am in The STAR Centre, Splott Road, Splott CF24 2BZ.

The Tremorfa Community Pantry

The amazing Tremorfa Community Pantry are always busy finding ways to support the community. You can find them at:

Tremorfa Community Hall, Tweedsmuir Road CF24 2QZ.



Creative Sessions at Eastmoors

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Settled

Settled is organising an advice surgery with an accredited EU Settlement Scheme adviser at the Grangetown Hub in Cardiff!

We offer **FREE** advice on the EU Settlement Scheme applications.

WE CAN HELP IF:

- You have pre-settled status and want to apply for settled status.
- You haven't applied yet, but you were in the UK before 31.12.2020.
- You want to bring your close family members to the UK.
- Your application has been rejected.
- You have problems accessing your digital status.

MAKE SURE TO HAVE ACCESS TO YOUR:
Identity document, e-mail address, phone number and information and documents related to your status application.

When and where?
Tuesdays 10am to 12pm @ Grangetown hub,
Havelock Place
Grangetown
CF11 6PA

To find out more, email us:
applyeuwales@settled.org.uk



amgueddfa.cymru

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museum.wales

**GYDA'R HWYR:
GWYDDONIAETH
AR WAITH
AFTER DARK:
SCIENCE ON SHOW**



**Chwefror 14 February 2024
6-9pm**



**Noson wyddoniaeth
ryngweithiol i'r teulu cyfan
yw Gwyddoniaeth Ar Waith.**

Science on Show is a family-friendly hands-on science evening.



**Mynediad am ddim. Archebwch ar-lein
Free entry. Book tickets online**

**Amgueddfa Genedlaethol Caerdydd
National Museum Cardiff**



Register now for our free event:  

Why does Palestine matter....?



**An evening for the wider community
with Ustadh Abu Muhammad**

- Learn about Palestine
- Understand the religious importance of Jerusalem
- Open QA

Darul-Isra Mosque
Cathays, CF24 4BG

Thurs 8th Feb
7:30pm to 8.30pm

Register here 

[@cardiffmuslims](https://www.instagram.com/cardiffmuslims) interfaith@darulisra.org.uk

parent line

If you're a parent or carer of a 5-16 Year Old
**Text your school nurse on
07312 263178**
For confidential advice and support

This will be a text in service for parent to access their school nurse to help with a wide range of health problems. This won't be a diagnostic service but we can give advice on...

emotional wellbeing
sleep day and night time
healthy eating soiling wetting
substance misuse
relationships behaviour bullying
online safety puberty





We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we received your text. Texts will not be seen outside normal working hours. If you need help before you hear back from us, contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health professional from sending messages to you, text STOP to our number. Messages are charged at your usual rates.

Our Valued Partners

Learning Lounge & Families

Citizens Advice

A reminder that members of our community can make appointments with staff from the Citizens' Advice at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail Lewin Thomas on lewin.thomas@willows.cardiff.sch.uk



citizens
advice

Health and Wellbeing

Researchers at Cardiff University have developed a bilingual program/app with young people to support their mood and well-being, called **MoodHwb**.

It is an opportunity to offer mental health support to young people, and the feedback will help to develop resources in the future. All participants will receive a gift voucher and certificate. It's free to take part. Young people (13-19 years old) who are experiencing low mood (or other difficulties with their mood/wellbeing) are encouraged to go to the study website for more information and to fill in a participation form: <https://www.ncmh.info/help-with-research/digital-support-study/>

Wellbeing in school

Pupils

If you feel you need some support with your wellbeing we want to help and there are many places to go: Ms. Crnoja in the learning lounge is here to look after your wellbeing so please come down for a confidential chat.

If you are a young carer and feel you need more support or would like to know about more opportunities out there for you, Ms. Crnoja in the learning lounge can also help.

Your Head of Year or any member of the Welfare Team are there to support you. You can find them at line-up time, in the welfare office or anywhere around the school.

A member of staff you trust. All members of staff will be there for you. If you want to confide in someone please do and they will help get you the support you need.

Period Dignity

A reminder that pupils can collect free period products from school at any time. Pupils can ask any trusted adult for these or can access them in the school office, from Mrs. Bubbins or from the Welfare Office.

Parents and Families

We want to help you as best we can and there is a lot of support out there for parents and families.

Ms. Crnoja can be contacted on 07592 037937 or rebecca.crnoja@willows.cardiff.sch.uk.

Your child's Head of Year and the Welfare Team can also help. Please do not suffer alone. Reach out to us.

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Safeguarding:

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on Danielle.MacKintosh@willows.cardiff.sch.uk If you are a pupil that needs help, please also contact Danielle via this e-mail address.

Chat Health:

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarrassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):



Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Beck Crnoja (Family and Community Engagement Officer, Willows) in confidence on 07592 037937

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Key Services

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

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Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

Please could parents refrain from turning up at the school reception without an appointment. Heads of Year, teachers and support staff are incredibly busy during the school day looking after our pupils. If there is a problem, please arrange an appointment with your child's Head of Year in the first instance. To organise this, please ring the school reception on 029 20414243.

Alternatively, you can e-mail the relevant member of staff, details below:

Headteacher	Mr. Christopher Norman	Christopher.Norman@Willows.Cardiff.sch.uk
Welfare Manager	Miss. Kimberly Williams	Kimberly.Williams@Willows.Cardiff.sch.uk
Year 7 – Head of Year	Miss. Marcella Sansom	Marcella.Sansom@Willows.Cardiff.sch.uk
Year 7 – Leadership Link	Ms. Lucy Williams	Lucy.Williams@Willows.Cardiff.sch.uk
Year 8 – Head of Year	Mrs. Savannah Reed	Savannah.Reed@Willows.Cardiff.sch.uk
Year 8 – Leadership Link	Mrs. Kelly Bubbins	Kelly.Bubbins@Willows.Cardiff.sch.uk
Year 9 – Head of Year	Mrs. Tara David	Tara.David@Willows.Cardiff.sch.uk
Year 9 – Leadership Link	Mrs. Suzie Warren	Suzie.Warren@Willows.Cardiff.sch.uk
Year 10 – Head of Year	Mrs. Catherine Watkins	Catherine.Watkins@Willows.Cardiff.sch.uk
Year 10 – Leadership Link	Mr. Simon Thomas	Simon.Thomas@Willows.Cardiff.sch.uk
Year 11 – Head of Year	Miss Elen Tomlinson	Elen.Tomlinson@Willows.Cardiff.sch.uk
Year 11 - SLT	Mr. Jack Smith	Jack.Smith@Willows.Cardiff.sch.uk
Edison	Ms. Helen Amos	Helen.Amos@Willows.Cardiff.sch.uk
Tesla	Ms. Jane Crawshaw	Jane.Crawshaw@Willows.Cardiff.sch.uk

By working together, we can ensure your child's success.

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The Willows Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal of the day £3.20	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread Pomegranate salad pot	Halal chicken sausage with vegetable mash and gravy	Oven baked lemon chicken Herb roasted new potatoes and Mediterranean vegetables Alt: Rice	Jerk chicken with Mediterranean vegetable rice and peas	Fish, chips and beans Salmon fishcake Alt: ½ Jacket potato
Vegetarian option	Butternut squash, courgette, feta and basil pasta Garlic bread	Vegetarian sausage bake with vegetable mash and gravy	Vegan meat balls with lemon cream sauce	Asian influenced lentil and chickpea dhal with pitta bread	Pitta kebab with mint yogurt
Salad of the day	Pomegranate salad	Salad of the day	Salad of the day	Salad of the day	Salad of the day
Dessert	Toffee and banana sponge with custard	Vanilla cheesecake	Orange jelly fruit pot	Brownie	Apple and berry crumble
Hot snack	Cheeseburger (£1.65)	Southern fried chicken burger (£2.25)	Calzone (£2.35)	Hotdog (£2.25)	Pitta kebab with mint yogurt (£1.50)
Hot wrap	Cheese burrito (£2.50)	Reggae Reggae chicken (£2.50)	Garlic mayo chicken (£2.50)	Nandos chicken (£2.50)	Sweet chilli Chicken (£2.50)
Everyday snack	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)

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Extra-Curricular Activities – Spring Term 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years
Lesson time		Individual Instrumental lessons – Drums (Limited spaces – see Mr. George)	Individual Instrumental lessons – Drums and Guitar (Limited spaces – see Mr. George)	Individual Instrumental lessons - Drums (Limited spaces – see Mr. George)	
After school	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework	3.10 – 4.00 pm Library open for homework
	3.10 – 4.00 pm: Wellbeing Art and Craft PAWB – SP	3.10 – 4.00 pm Music Club FG	Week 1 - 3.10 – 4.00 pm EAL Sports Club PAWB – JG	Week 1 - 3.10 – 4.00 pm LGBTQIA+ Club EJ – F5	3.10 – 4.00 pm Book Club NLC – F3
		3.10 – 4.00 pm Maths Club DS – G14	Week 1 - 3.10 – 4.00 pm: Debate Club JEN – F11	3.10 – 4.00 pm: Creative Writing Club FS – F9	
		3.10 – 4.00 pm J7 Reading Games Club for Y7		3.10 – 4.00 pm: K-Pop Club DS – G14 / theatre	
		3.10 – 4.00 pm Musical Theatre Club PAC - SR			
		Week 1 - 3.10 – 4.00 pm Welsh Club – Y7, Y8 and Y9 AGR – G7			
		Week 2 – 3.10 – 4.00 pm Cryw Cymraeg AGR - G7			
		3.10 – 4.00pm Mini robot programming AH – G12			

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PE Department Extra-Curricular Programme Spring Term 2024

Activity	Who	Where	When	Teacher	Other Details
Sports Hall Athletics	Boys & Girls Years 7-8 and 9-10	Training – Barn Fixtures – Glantaf & Whitchurch	Training – Thursday 3.10-4.10 Taster – Wed-Fri 8.35-8.55 Fixtures 3.30-6pm	Miss Moore	Training – Thursday 3.10-4.10 Barn Taster Sessions/Trials - Wed-Fri Mornings 8.35-8.55 Barn Fixtures: Wednesday, January 17th - under 15 boys (Years 9 & 10) – at Ysgol Glantaf Tuesday, January 23rd – under 15 girls (Years 9 & 10) – at Ysgol Glantaf Wednesday, January 31st – under 13 boys (Years 7 & 8) – at Whitchurch Lower Wednesday, February 7th – under 13 girls (Years 7 & 8) – at Whitchurch Lower
Girls Football	Girls Years 7-11	3G Pitch or Barn if the weather is wet	Tuesday 3.10-4.10pm	Miss Moore	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised when possible (subject to numbers).
Years 7, 8 & 9 Basketball	Boys & Girls Years 7-9	Barn	Wednesday Week 1 ONLY 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 11 Basketball	Boys & Girls Year 11	Gym	Tuesday 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 10 Basketball	Boys & Girls Year 10	Gym	Thursday 3.10-4.10	Mr Roberts	All abilities welcome.
Years 7 & 8 Boys Football	Boys Year 7&8	3G Pitch or Barn if the weather is wet	Tuesday 3.10-4.10pm	Mr Smith Mr Gill	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised when possible (subject to numbers).

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Years 10 & 11 Revision Timetable - Spring 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00pm
	STAFF MEETING	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Year 11 Intermediate Tier Maths (G19)	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm Year 10 RE revision Ms. Guilfoyle (S10)	3.10 – 4.00 pm Y11 Media Studies revision Mrs. Bubbins (G25)	3.10 – 4.00 pm College, Coursework & Catch-up Business Revision Ms. Williams (F4)	
		3.10 – 4.00 pm Year 11 History Revision Year 10 History Revision (after Feb half-term) Mr. Henwood (S9)	3.10 – 4.00 pm Years 9, 10 & 11 Art catch-up With pupil's Art teacher	3.10 – 4.00 pm PAWB revision help KS4 SP - PAWB	
		3.10 – 4.00 pm Computer Science Unit 2 revision Ms. Charles	3.10 – 4.00 pm Hospitality and Catering Revision Ms. Davies (G4)	3.10 – 4.00 pm Computer Science Unit 1 revision Mr. Hussein	
		3.10 – 4.00 pm French Revision with your French teacher.		3.10 – 4.00 pm French Revision with your French teacher.	
				3.10 – 4.00 pm English Revision Mrs. Lo Celso (F3)	

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm Library open for homework. STAR Hub library open until 6.00 pm
	STAFF MEETING	3.10 – 4.00 pm Year 11 Higher Tier Maths Ms. Ait-Brahim (G17)	STAFF TRAINING	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm Year 11 Higher Tier Maths Ms. Wrennall (G20)		3.10 – 4.00 pm College, Coursework & Catch-up Business Revision Ms. Williams (F4)	
		3.10 – 4.00 pm Year 11 RE revision Miss.Guilfoyle (S10)		3.10 – 4.00 pm PAWB revision help KS4 SP - PAWB	
		3.10 – 4.00 pm: Year 11 History Revision Year 10 History Revision (after Feb half-term) Mr. Henwood (S9)		3.10 – 4.00 pm English Revision Mrs. Lo Celso (F3)	
		3.10 – 4.00 pm French Revision with your French teacher.		3.10 – 4.00 pm French Revision with your French teacher.	

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Science Revision 2023 - 2024:

Date	Year 10	Year 11
09/01/2024	Biology	Chemistry
16/01/2024	Chemistry	Physics
23/01/2024	Physics	Biology
30/01/2024	Biology	Chemistry
06/02/2024	Chemistry	Physics
Half term		
20/02/2024	Physics	Biology
27/02/2024	Biology	Chemistry
05/03/2024	Chemistry	Physics
12/03/2024	Physics	Biology
19/03/2024	Biology	Chemistry
Easter		
09/04/2024	Chemistry	Physics
16/04/2024	Physics	Biology
23/04/2024	Biology	Chemistry
30/04/2024	Chemistry	Physics
07/05/2024	Physics	Biology
14/05/2024	Biology	Chemistry
21/05/2024	Chemistry	Physics
Half term		
04/06/2024	Physics	Biology
11/06/2024	Biology	Chemistry
18/06/2024	Chemistry	Physics
25/06/2024	Physics	Biology

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