




WILLOWS
HIGH SCHOOL



 Use Google Translate to change to your preferred language.

BELONG, *believe*, ACHIEVE
PERTHYN, *credu*, LLWYDDO

Weekly Newsletter – 6.10.23

Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

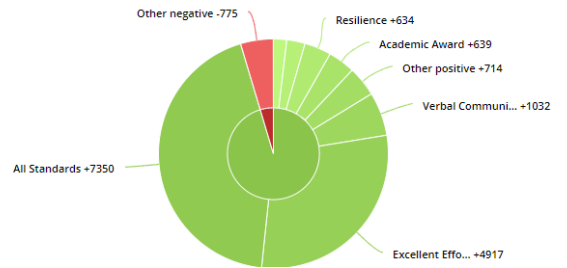
Belong, Believe, Achieve:

It has been another amazing week at Willows High School. It was great to welcome our mentors from One Million Mentors back into the school and we had a very special visitor at our Specialist Resource Base. You will find our Canteen Menu, Extra Curricular Activities and Revision Timetables at the end of this Newsletter.

Merits – 2.10.23 – 6.10.23:

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners.

Breakdown of the Week
02/10/2023 - 06/10/2023



Year Group	Total	Excellent Effort	Merit Champions
Year 7	4576	7Beethoven	Sophia Bamidele
Year 8	3514	8Matisse	Caitlyn Lynas
Year 9	2946	9Curie	Ethan Godwin
Year 10	2984	10Farah	Vivian Ojo
Year 11	2015	11Debeauvoir	Mousa Adem

Dates for your Diary:

- 13.10.23 – Year 7 Engineering Project Day
- 23.10.2023 to 26.10.23 – Open House
- 25.10.23 – Year 7 Parent Evening (online with Form Tutors)
- 27.10.2023 – INSET Day (no pupils to attend school)



Our Valued Partners



School News:

Careers – Cardiff Community Housing Association Seminar



This week we had the latest in a series of employer visits who will be delivering talks to Year 11 pupils about a variety of different professions. Our visitors were from Cardiff Community Housing Association (CCHA), who surprised us with the volume of different roles that exist in the company – everything from trades, such as carpentry and plumbing, to office work, managerial roles and finance.

A class full of pupils all choose to attend and asked questions regarding the subject. The talk was really interesting and surprised pupils with the variety of jobs

available to them. Again, as always, our pupils were very respectful to the visitor. Thank you to Liz, from CCHA for her visit and to Adrian Cole from Careers Wales, for arranging it.

Specialist Resource Base

This week we have been learning about Red Riding Hood and drawing story maps to help us re-tell the story. We even got a visit from the big bad wolf dressed up as grandma where the children were able to ask questions such as:

What big ears you have?

What big teeth you have?

What big eyes you have?

The wolf assured the children that she preferred Adult Steaks.



One Million Mentors



This week we have been delighted to launch our 'One Million Mentors' scheme with some of our Year 11 pupils.

This is the fourth year that the school has been involved with this worthwhile project. Year 11 pupils have been expertly matched with role models from all over the city from organisations such as BBC Wales, Willmott Dixon, Sports Wales, Circle IT and the National Museum of Wales. This week, pupils have met their mentors and shared their goals for the future.

The mentors will meet the pupils monthly to guide and support them on the road to success. We know the benefits of the scheme from many of our past pupils and wish the current cohort every success in achieving their dreams.

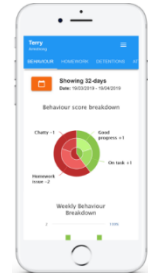
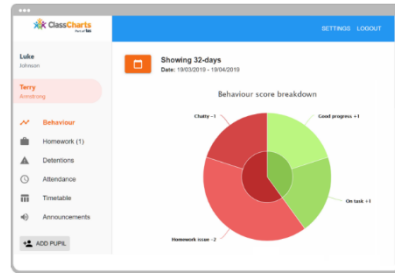
Our Valued Partners

Class Charts Update

What is Class Charts?

Class Charts is an app that can be downloaded to your phone. You can use it to:

- keep track of your child's behaviour
- view attendance records
- access your child's weekly timetable
- be informed of and track detentions
- award your child merits for completing their home reading tasks
- view announcements from school.



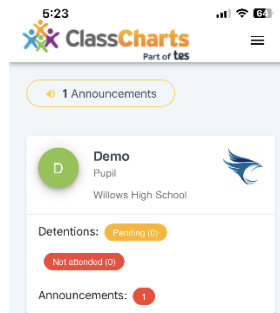
We would like all parents to sign up to Class Charts, as we are also going to be using this as the main way of sending all messages to you. Likewise, from after half term this will also be the main way that you can report your child's absence to us.

Thank you to all parents who have signed up to Class Charts this year and to those of you who continue to use it.

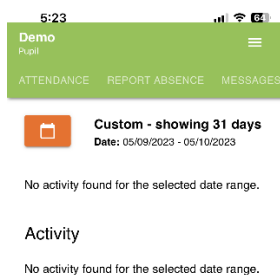
Please let your child's Head of Year know if you need a login code.

How to report an absence on Class Charts

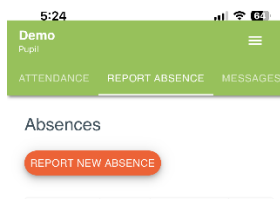
1. Click on your Class Charts app and click on your child's name.



2. Scroll across the green band at the top and click 'report absence'.

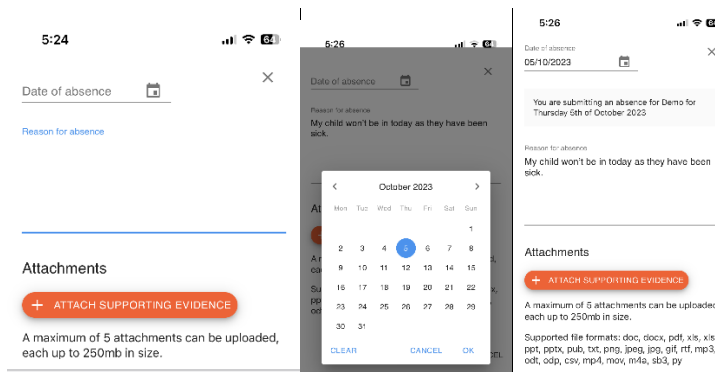


3. Click on 'report new absence'



Our Valued Partners

4. Tap the calendar for the date, type in the reason and attach any pictures of medical evidence, such as letters, emails or texts from the doctors, dentist or hospital.



5. Click submit...it's as easy as that!

Please contact your child's Head of Year if you have any problems logging on and they will be happy to guide you through the process.

PE Department



Cardiff and The Vale Boys Cross Country League 2023

On Tuesday 3rd October, the boys attended the first Cardiff and The Vale schools cross-country race of the season at Pontcanna Fields. The first competition was the Year 8 and 9 race which covered a distance of 2,350m on difficult and challenging terrain. All the boys gave maximum effort with Souhabe Elgbaily coming a creditable 79th in the middle of a competitive field of 150 finishers.

Next up, was the Year 7 race where all 140 finishers completed the 2000m course. There were outstanding performances by Daniil Osipovs and Malakai Carter who came 15th and 17th respectively. The boys are fiercely competitive and no doubt pushed each other to this outstanding achievement. Harri Paterson also had a good debut finishing in 65th position in a very physical race.

Da iawn to all the boys and we look forward to the second race on Tuesday 24th October. Please follow all our sporting achievements on X (Twitter) using @PEWillows

Reading is everything!

Did you know that there is a link between your child reading for pleasure and their GCSE success? At Willows, we take every pupil in KS3 to the school library once a fortnight to choose a new book. We STAR test the pupils every term to check on their reading levels – this should help them to choose books at the right level.



Your job?

- Check that your child has their book and is reading it every night!
- Ask questions about the book: about the plot or characters
- Listen to them read – check the book isn't too easy or too hard for them
- Make sure they are in the good habit of reading regularly

Our Valued Partners

cowshed

VOCO | St. David's
AN IND HOTEL Cardiff

BBC

CANOLFAN MILENIWM CYMRU
WALES MILLENNIUM CENTRE

ARUP

JOHN
LEWIS
& PARTNERS

S
STOWE
FAMILY LAW

Taylor
Wimpey

Remember, there is international evidence to suggest that this will help your child not just in English, but in *all* of their exams.

Most importantly...

Don't let your child take his/her phone to bed – take a book instead!

Welsh Department

Why not practice your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced. Send any queries or questions to:

willowswelsh@willows.cardiff.sch.uk

Willows Welsh

Welsh Terms of the Week

Week Five

Welsh	Phonetic	English
Dydd Llun	Dee-th Ll-ean	Monday
Dydd Mawrth	Dee-th Mouth	Tuesday
Dydd Mercher	Dee-th Merch-errr	Wednesday
Dydd Iau	Dee-th Y-eye	Thursday
Dydd Gwener	Dee-th Gwen- air	Friday
Dydd Sadwrn	Dee-th Sad-orn	Saturday
Dydd Sul	Dee-th Seal	Sunday

Mathematics Department

Numeracy "Terms of the day" and "Question of the week"

To help our pupils boost their mathematical vocabulary and their Numeracy skills, the "Terms of the day" will be sent to them in a daily basis, and the "Question of the week" in a weekly basis.

Accordingly, we advise our pupils to:

- Check their emails regularly for all school announcements
- Learn sent terms daily to enrich their vocabulary bank
- Answer the "Question of the week" regularly by the end of Thursdays
- Email their answers to their Maths Teachers who will award them a "Numeracy Merit" as well as a "Star Merit" if their answer is right.
- Copy Mrs Ait-Brahim (Halima.Ait-Brahim@Willows.cardiff.sch.uk), in their emails to be considered for other numeracy rewards.

Answers to the "Question of the week" will be emailed to pupils by the end of every Monday.

Our Valued Partners

cowshed

VOCO | St. David's
AN IND HOTEL Cardiff

BBC

CANOLFAN MILENIWM CYMRU
WALES MILLENNIUM CENTRE

ARUP

JOHN
LEWIS
& PARTNERS

S
STOWE
FAMILY LAW

Taylor
Wimpey

Question of the week

Week 4 – Starting 02.10.23

Tents Situation

Two years ago, Albany Arabic School took its grade 3 and grade 4 classes on a camping trip.

There were 41 students going on the trip. They took 9 tents with them. Each tent slept either 3 campers or 5 campers.

Every tent was completely filled and every camper was in a tent.

How many 5-person tents did they bring with them?



Mathematics Terms of the Week

Terms of the day

Week 4 - beginning 02.10.23

Day 1 - Monday 02.10.23

Mixed numbers, Proper and Improper Fractions:

A fraction can be a proper fraction or an improper fraction. An improper fraction written as an integer with a fraction is called a mixed number.

Proper Fraction: A proper fraction has a numerator that is less than the denominator. In a diagram a proper fraction is shown as less than a whole shape.

$$\frac{3}{5}$$

Improper Fraction: An improper fraction has a numerator that is greater than the denominator. In a diagram an improper fraction is shown as greater than one whole shape.

$$\frac{9}{4}$$

Mixed Number: A mixed number is an integer written with a fraction. In a diagram a mixed number is shown as a combination of complete shapes and parts of a shape.

$$3\frac{4}{5}$$



Day 2 - Tuesday 03.10.23

Sum, Product, Quotient and Difference:

Sum: the total amount resulting from the addition of two or more numbers.
Example: 10 is the sum of 6 and 4 ($6 + 4 = 10$).

Product: The result obtained through multiplication of two or more numbers.
Example: 12 is the product of 3 and 4 ($3 \times 4 = 12$).

Quotient: The result obtained through division of two numbers.
Example: 6 is the quotient of 24 and 4 ($24 \div 4 = 6$).

Difference: The difference is the answer to a subtraction problem, in which one number is taken away from another.
Example: 20 is the difference of 24 and 4 ($24 - 4 = 20$).

Day 3 - Wednesday 04.10.23

Area, Perimeter, Circumference and Volume:

Perimeter: The total distance around the outside of a polygon. This distance is obtained by adding together the units of measure from each side.

Circumference: The complete distance around a circle. It's the perimeter of a circle.

Area: The two-dimensional space taken up by an object or shape, given in square units.

Volume: A unit of measure describing how much space a substance occupies or the capacity of a container, provided in cubic units.



Our Valued Partners

Day 4 - Thursday 05.10.23

Expanding expressions – Expansion:

The process of re writing an algebraic expression that contains brackets by expanding them is called an expansion.

Expanding one bracket:

To expand a bracket means to multiply each term in the bracket by the expression outside the bracket.

Example

$$2(y+3) \xrightarrow{\text{Expand}} 2y+6$$

Expanding two sets of brackets:

To expand two sets of brackets you need to multiply each term in the first bracket with each term of the second bracket. Then you need to combine the like terms and we careful with the signs.

Example:

Expand the Binomial: $(h + 3)(y + 5)$

$$\begin{aligned} (h + 3)(y + 5) &= \\ h \times y + h \times 5 + 3 \times y + 3 \times 5 &= \\ = hy + 5h + 3y + 15 \end{aligned}$$

Day 5 - Friday 06.10.23

Factorising expressions – Factorisation:

Factorising is the inverse of expanding. Expanding is about getting rid of the brackets, factorising is about bringing the brackets in.

To factorise fully, it is important to find the highest common factor (HCF) of the terms.

Example:

Factorise $6t + 10$.

To factorise, look for a number which is a factor of both 6 and 10 (that is why it is called 'factorising').

2 is a factor of both numbers so **2** goes in front of the bracket: $2(\dots\dots)$

Divide 6t by 2 to get the first term inside the bracket: $2(3t \dots\dots)$

The + does not change and the last term is $10 \div 2 = 5$

$$2(3t + 5)$$

Check that this is correct by multiplying out (expanding):

$$2(3t + 5) = 6t + 10 \checkmark$$

Answer of the Week
Week 3 – Starting 25/09/23

Animal Ages

Question:

Robbie has five pets: two dogs named Bonnie and Espo, two cats named Walt and Ginny, and a ferret named Lucky. He makes the following true statements about the ages of his pets, in years:

1. Bonnie is 5 years older than Espo.
2. Ginny is half the age of Walt.
3. The sum of Espo's age and Lucky's age is equal to Walt's age
4. Bonnie is 1 year older than Walt.
5. Ginny is 6 years old.



How many years old are each of Robbie's pets?

Solution:

From statement 5, we know Ginny is 6 years old.

From statement 2, Ginny is half the age of Walt. That means Walt is twice as old as Ginny. So, Walt is $6 \times 2 = 12$ years old.


From statement 4, Bonnie is 1 year older than Walt. So, Bonnie is $12 + 1 = 13$ years old.

From statement 1, Bonnie is 5 years older than Espo. That means Espo is 5 years younger than Bonnie. So Espo is $13 - 5 = 8$ years old.

From statement 3, the sum of Espo's age and Lucky's age is equal to Walt's age. That means the difference of Walt's age and Espo's age is equal to Lucky's age. So Lucky is $12 - 8 = 4$ years old.

In summary:

- Ginny is 6 years old.
- Walt is 12 years old.
- Bonnie is 13 years old.
- Espo is 8 years old.
- Lucky is 4 years old.


WILLOWS HIGH SCHOOL
 BELONG, believe, ACHIEVE
 PERTHYN, CREDU, LLWYDDO

Mathematics After School

Day	Activity	Location
Tuesday	Y7, Y8 & Y9	G14 Miss Santos
Tuesday Week 2 Only	Y10 Higher	G20 Miss Wrennall
Tuesday Week 2 Only	Y11 Higher	G17 Miss Ait-Brahim
Wednesday Week 1 Only	Y10 & Y11 Intermediate	G19 Miss Koncar
All days	All Years Drop in	Any teacher who is available

MathsWatch

All of our students' weekly Mathematics homework is accessible on MathsWatch (<https://www.mathswatchvle.com/>). They must be completed by their given deadlines. Each set homework is open for a month, so that students can keep improving their scores. This will also help your child to revise and

Our Valued Partners



to practice the mathematics and numeracy skills, knowledge and understanding that they have been learning in class. There are videos available to each topic and interactive questions that they can try. Please ensure your child completes and submits their homework on time. Any outstanding homework must still be completed, and they should all aim to achieve 100% on them.

On that note, we would like to say a huge congratulations to all those who have been working so hard on their MathsWatch.

Here is this week's "Whole School Leaderboard".

Year 7 Leaderboard

Week		Month		Year	
#	First Name	Surname	Year	Class	
1	Grace	Seager	7	7SC/Ma	
2	Sophia	Bamidele	7	7MO/Ma	
3	Adrijus	Novikovas	7	7MO/Ma	

Year 8 Leaderboard

Week		Month		Year	
#	First Name	Surname	Year	Class	
1	Dhruvraj	Rathore	8	8HP/Ma	
2	Violet	Neale	8	8HP/Ma	
3	Aaron	Patrick	8	8IN/Ma	

Year 9 Leaderboard

Week		Month		Year	
#	First Name	Surname	Year	Class	
1	Kane	Williams	9	9GO/Ma	
2	Gracjan	Stacherski	9	9GO/Ma	
3	Sumaya	Abdillahi	9	9CU/Ma	

Year 10 Leaderboard

Week		Month		Year	
#	First Name	Surname	Year	Class	
1	Minahil	Mahmood	10	10MC/Ma	
2	Nandana	Sandeep	10	10MC/Ma	
3	Dominion	Adebote	10	10RA/Ma	

Year 11 Leaderboard

Week		Month		Year	
#	First Name	Surname	Year	Class	
1	Olivia	Hewett	11	11DB/Ma	
2	Youssef	EI-Refaei	11	11PL/Ma	
3	Fatima	Khatun	11	11PL/Ma	

TimesTableRockstars

Single numeracy boost sessions are provided to all our KS3 students on a fortnightly basis to enrich their Mathematical Skills, specifically with a focus on times tables. Students will be accessing their TTRS accounts and improving their knowledge of the times tables

At home, students must log on to TTRS via their technological devices at home. There is also a phone app that they can download via Apple or Android, free of charge.

Our Valued Partners



All the students have 5-10minutes daily tasks on there to help consolidate their times tables. It will also earn them coins to use for customising their own individual avatars. Likewise, as with MathsWatch, there will be a leaderboard and certificates to reward their efforts.

Please congratulate the “Top 3 TTRS”, who dedicated plenty of their time to master their times table facts this week!



For any login issues, please email Miss Santos at dana.santos@willows.cardiff.sch.uk.

Period Dignity

A reminder that pupils can collect free period products from school at any time. Pupils can ask any trusted adult for these or can access them in the school office, from Mrs. Bubbins or from the Welfare Office.

Attendance

Contact Details - Willows High School

To Report an Absence:

Year 7, Year 8 and the first half of Year 11 – (Surname - A to Jon)

Contact Donna Whitney. You can call, message, WhatsApp or email her directly to report your child’s absence on:

Mobile number: 07592 040968

Email: donna.whitney@willows.cardiff.sch.uk

To report an absence, you can also use Classcharts or Firstday@willows.cardiff.sch.uk



Our Valued Partners



Year 9, Year 10 and second half of Year 11 – (Surname - Jones to Z)

Contact Karen Hunt. You can call, message, WhatsApp or e-mail her directly to report your child’s absence on:

Mobile number: 07733 889062

Email: khunt.attendance@willows.cardiff.sch.uk

To report an absence, you can also use Classcharts or Firstday@willows.cardiff.sch.uk

We appreciate that sometimes it is hard to get through to Reception, and the Welfare Team are extremely busy. If your call is do with absence from school, you will find it much easier to contact Clare or Donna via a direct call/text/e-mail/WhatsApp instead.

Important Information for All Parents and Guardians

Please be aware that **Fixed Penalty Notices** are now being issued by Cardiff Council again.

If your child has more than 5 days of unauthorised absence since September 2022 or takes an unauthorised holiday, then you are at risk of a Fixed Penalty Notice Fine being issued.

Fines are **£60** at first, then rising to **£120** and **£180** - if the fine is still not paid then you will be summoned to court and the fine and costs will rise again. **Please note these fines do not go away.** Please make sure to read any correspondence carefully.

To avoid being fined, please ensure that your child attends school every day - if there is a valid reason for absence, please contact the Attendance Team giving evidence where possible.



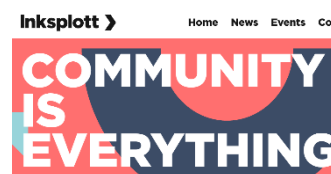
Community:

You will find plenty of information on community and local goings-on at:

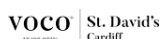
[The Community Noticeboard » Green Squirrel](#)

[Inksplott | Community Is Everything](#)

The Splott Community Volunteers run a community breakfast on Thursday Mornings 8am – 10am in The STAR Centre, Splott Road, Splott CF24 2BZ.



Our Valued Partners



The Tremorfa Community Pantry

The amazing Tremorfa Community Pantry are always busy finding ways to support the community. You can find them at:

Tremorfa Community Hall, Tweedsmuir Road CF24 2QZ.



Learning Lounge & Families

Citizens Advice Bureau

A reminder that members of our community can make appointments with staff from the Citizens' Advice Bureau at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail Rebecca Crnoja on Rebecca.Crnoja@willows.cardiff.sch.uk

The Citizens Advice logo is a blue speech bubble containing the text "citizens advice" in white lowercase letters.

citizens
advice

Health and Wellbeing

Researchers at Cardiff University have developed a bilingual program/app with young people to support their mood and well-being, called **MoodHwb**.

It is an opportunity to offer mental health support to young people, and the feedback will help to develop resources in the future. All participants will receive a gift voucher and certificate. It's free to take part. Young people (13-19 years old) who are experiencing low mood (or other difficulties with their mood/wellbeing) are encouraged to go to the study website for more information and to fill in a participation form: <https://www.ncmh.info/help-with-research/digital-support-study/>

Wellbeing in school

Pupils

If you feel you need some support with your wellbeing we want to help and there are many places to go: Ms. Crnoja in the learning lounge is here to look after your wellbeing so please come down for a confidential chat.

If you are a young carer and feel you need more support or would like to know about more opportunities out there for you, Ms. Crnoja in the learning lounge can also help.

Your Head of Year or any member of the Welfare Team are there to support you. You can find them at line-up time, in the welfare office or anywhere around the school.

A member of staff you trust. All members of staff will be there for you. If you want to confide in someone please do and they will help get you the support you need.

Parents and Families

We want to help you as best we can and there is a lot of support out there for parents and families.

Ms. Crnoja can be contacted on 07592 037937 or rebecca.crnoja@willows.cardiff.sch.uk.

Your child's Head of Year and the Welfare Team can also help. Please do not suffer alone. Reach out to us.

Our Valued Partners

The cowshed logo features the word "cowshed" in a lowercase, sans-serif font.

The logo for VOCO St. David's Cardiff, with "VOCO" in a bold font and "St. David's Cardiff" in a smaller font below it.

The BBC logo, consisting of the letters "BBC" in a bold, white, sans-serif font inside a black square.

The logo for the Wales Millennium Centre, featuring a stylized black roof shape above the text "CANOLFAN MILENIWM CYMRU" and "WALES MILLENNIUM CENTRE" below it.

The ARUP logo, with the word "ARUP" in a bold, uppercase, sans-serif font.

The logo for John Lewis & Partners, featuring the text "JOHN LEWIS & PARTNERS" in a white, sans-serif font inside a black square.

The logo for Stowe Family Law, featuring a large white letter "S" inside a dark blue circle, with the text "STOWE FAMILY LAW" below it.

The Taylor Wimpey logo, with "Taylor" in a red, serif font and "Wimpey" in a red, sans-serif font below it.

Safeguarding:

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on Danielle.MacKintosh@willows.cardiff.sch.uk If you are a pupil that needs help, please also contact Danielle via this e-mail address.

Chat Health:

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarrassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):

Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Beck Crnoja (Family and Community Engagement Officer, Willows) in confidence on 07592 037937

Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

Key Services

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at Kelly.Bubbins@willows.cardiff.sch.uk if you need feminine hygiene products and we’ll do our best to help.

Our Valued Partners



Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

Please could parents refrain from turning up at the school reception without an appointment. Heads of Year, teachers and support staff are incredibly busy during the school day looking after our pupils. If there is a problem, please arrange an appointment with your child's Head of Year in the first instance. To organise this, please ring the school reception on 029 20414243.

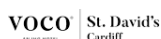
Alternatively, you can e-mail the relevant member of staff, details below:

Headteacher	Mr. Christopher Norman	Christopher.Norman@Willows.Cardiff.sch.uk
Welfare Manager	Miss. Kimberly Williams	Kimberly.Williams@Willows.Cardiff.sch.uk
Year 7 – Head of Year	Miss. Marcella Sansom	Marcella.Sansom@Willows.Cardiff.sch.uk
Year 7 – Leadership Link	Ms. Lucy Williams	Lucy.Williams@Willows.Cardiff.sch.uk
Year 8 – Head of Year	Mrs. Roisin Cherett	Roisin.Cherett@Willows.Cardiff.sch.uk
Year 8 – Leadership Link	Mrs. Kelly Bubbins	Kelly.Bubbins@Willows.Cardiff.sch.uk
Year 9 – Head of Year	Mrs. Tara David	Tara.David@Willows.Cardiff.sch.uk
Year 9 – Leadership Link	Mrs. Suzie Warren	Suzie.Warren@Willows.Cardiff.sch.uk
Year 10 – Head of Year	Mrs. Catherine Watkins	Catherine.Watkins@Willows.Cardiff.sch.uk
Year 10 – Leadership Link	Mr. Simon Thomas	Simon.Thomas@Willows.Cardiff.sch.uk
Year 11 – Head of Year	Miss Elen Tomlinson	Elen.Tomlinson@Willows.Cardiff.sch.uk
Year 11 - SLT	Mr. Jack Smith	Jack.Smith@Willows.Cardiff.sch.uk
Edison	Ms. Helen Amos	Helen.Amos@Willows.Cardiff.sch.uk
Tesla	Ms. Jane Crawshaw	Jane.Crawshaw@Willows.Cardiff.sch.uk

By working together, we can ensure your child's success.

Team Willows

Our Valued Partners



The Willows Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Meal of the day £3.20	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread Pomegranate salad pot	Halal chicken sausage with vegetable mash and gravy	Oven baked lemon chicken Herb roasted new potatoes Alt: boiled new potatoes	Jerk chicken with vegetable rice	Fish, chips and beans Salmon fishcake
Vegetarian option	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread	Vegetarian sausage bake with vegetable mash and gravy	Vegan meat balls with vegetable mash and gravy	Asian influenced lentil and chickpea dhal with pitta bread	Pitta kebab with mint yogurt
Salad of the day	Pomegranate salad pot	Salad pot of the day	Salad of the day	Salad of the day	Salad pot of the day
Dessert	Toffee and banana sponge with custard	Vanilla cheesecake	Fruit pot	Brownie	Apple and berry crumble
Hot snack	Cheeseburger (£1.65)	Southern fried chicken burger (£2.25)	Calzone (£2.35)	Hotdog (£2.25)	Pitta kebab with mint yogurt (£1.50)
Hot wrap	Cheese burrito (£2.50)	Reggae Reggae chicken (£2.50)	Garlic mayo chicken (£2.50)	Nandos chicken (£2.50)	Sweet chilli Chicken (£2.50)
Everyday snack	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)

Our Valued Partners

cowshed

VOCO St. David's Cardiff

BBC

CANOLFAN MILLENIWM CYMRU
WALES MILLENNIUM CENTRE

ARUP

JOHN LEWIS PARTNERS

STOWE FAMILY LAW

Taylor Wimpey



Extra-Curricular Activities – Autumn Term 2023 - 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Before school	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years
Lesson time	Individual Instrumental lessons TBC	Individual Instrumental lessons TBC	Individual Instrumental lessons TBC	Individual Instrumental lessons TBC	Individual Instrumental lessons TBC
After school	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework
	3.10 – 4.00 pm: Wellbeing Art and Craft PAWB – DP / SP	3.10 – 4.00 pm: Music Club (Band) FG / DP	Week 1 - 3.10 – 4.00 pm: EAL Sports Club PAWB – DP / JG	Week 1 - 3.10 – 4.00 pm: LGBTQIA+ Club EJ – F5	3.10 – 4.00 pm: Book Club NLC – F3
	3.10 – 4.00 pm Bass Club FG - PAC	3.10 – 4.00 pm: Maths Club DS – G14	Week 1 - 3.10 – 4.00 pm: Debate Club JEN – F11	3.10 – 4.00 pm: Creative Writing Club FS – F9	
		3.10 – 4.00 pm: J7 Reading Games Club for Y7	3.10 – 4.00 pm: Choir / singing Club FG - PAC	3.10 – 4.00 pm: K-Pop Club DS – G14 / theatre	
		3.10 – 4.00 pm: Musical Theatre Club PAC - SR			
		Week 1 - 3.10 – 4.00 pm: Welsh Club – Y7, Y8 and Y9 AGR – G7			
		Week 2 – 3.10 – 4.00 pm: Criw Cymraeg AGR - G7			

Our Valued Partners

cowshed

VOCO St. David's
AN IHG HOTEL Cardiff

BBC

CANOLFAN MILENIWM CYMRU
WALES MILLENNIUM CENTRE

ARUP

JOHN LEWIS
& PARTNERS

S
STOWE
FAMILY LAW

Taylor
Wimpey



PE Department Extra-Curricular Programme Autumn Term 2023

Activity	Who	Where	When	Teacher	Other Details
Cross Country	Boys & Girls Years 7-11	Training – Willows Field Fixtures - Pontcanna Fields	Tuesday/Wednesday Training 3.30- 4.30pm Fixtures 3.30-6pm	Miss Moore	Bring your kit and trainers/spikes/football boots Training/Trials – Tuesday 12 th and Tuesday 19 th September – Meet Miss Moore on the yard by the changing rooms. Fixtures Tuesday, September 26 th Girls’ League 1 Tuesday, October 3 rd Boys’ League 1 Tuesday, October 10 th Girls’ League 2 Wednesday, October 18 th Boys’ League 2
Girls Football	Girls year 7-11	3G Pitch or Barn if the weather is wet	Thursday 3.10-4.10pm	Miss Moore	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised if and when possible (subject to numbers).
KS3 Basketball	Boys & Girls Year 7-9	Barn	Wednesday Week 1 ONLY 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 11 Basketball	Boys & Girls Year 11	Gym	Tuesday 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 10 Basketball	Boys & Girls Year 10	Gym	Thursday 3.10-4.10	Mr Roberts	All abilities welcome.
Year 7&8 Boys Football	Boys Year 7&8	3G Pitch or Barn if the weather is wet	Tuesday 3.10-4.10pm	Mr Smith Mr Gill	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised if and when possible (subject to numbers). Year 7v8 match Thursday 14 th September

Our Valued Partners





KS4 Revision Timetable - 2023 - 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm
	STAFF MEETING	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm: Y11 Intermediate Tier Maths (G19)	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm: Y10 RE revision Ms. Guilfoyle (S10)	3.10 – 4.00 pm: Y11 Media Studies revision Mrs. Bubbins (G25)	3.10 – 4.00 pm: College, Coursework and Catch-up Business Revision (after Christmas) Ms. Williams (F4)	
		3.10 – 4.00 pm: French Revision with your French teacher.	3.10 – 4.00 pm: Y9, Y10, Y11 Art catch-up With pupil's Art teacher	3.10 – 4.00 pm: French Revision with your French teacher.	
		3.10 – 4.00 pm: Y11 History Revision (after Christmas) Y10 History Revision (after Feb half-term) Mr. Henwood (S9)	3.10 – 4.00 pm: Hospitality and Catering Revision Ms. Davies (G4)	3.10 – 4.00 pm: English Revision Mrs. Lo Celso (F3)	
				3.10 – 4.00 pm: PAWB revision help KS4 DP - PAWB	

Our Valued Partners

cowshed

VOCO
AN IHG HOTEL | St. David's
Cardiff

B B C


CANOLFAN MILENIWM CYMRU
WALES MILLENNIUM CENTRE

ARUP


JOHN
LEWIS
PARTNERS


S
STOWE
FAMILY LAW

Taylor
Wimpey

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
After school	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm
	STAFF MEETING	3.10 – 4.00 pm: Y11 Higher Tier Maths Ms. Ait-Brahim (G17)	STAFF TRAINING	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm: Y11 Higher Tier Maths Ms. Wrennall (G20)		3.10 – 4.00 pm: College, Coursework and Catch-up Business Revision (after Christmas) Ms. Williams (F4)	
		3.10 – 4.00 pm: Y11 RE revision Miss.Guilfoyle (S10)		3.10 – 4.00 pm: French Revision with your French teacher.	
		3.10 – 4.00 pm: French Revision with your French teacher.		3.10 – 4.00 pm: English Revision Mrs. Lo Celso (F3)	
		3.10 – 4.00 pm: Y11 History Revision (after Christmas) Y10 History Revision (after Feb half-term) Mr. Henwood (S9)		3.10 – 4.00 pm: PAWB revision help KS4 DP - PAWB	

Our Valued Partners

cowshed

VOCO St. David's
AN IHG HOTEL Cardiff

BBC

CANOLFAN MILENIWM CYMRU
WALES MILLENNIUM CENTRE

ARUP

JOHN LEWIS
8 PARTNERS

STOWE
FAMILY LAW

Taylor Wimpey

Science Revision 2023 - 2024:

Date	Year 10	Year 11
05/09/2023	Biology	Chemistry
12/09/2023	Chemistry	Physics
19/09/2023	Physics	Biology
26/09/2023	Biology	Chemistry
03/10/2023	Chemistry	Physics
10/10/2023	Physics	Biology
17/10/2023	Biology	Chemistry
24/10/2023	Chemistry	Physics
Half term		
07/11/2023	Physics	Biology
14/11/2023	Biology	Chemistry
21/11/2023	Chemistry	Physics
28/11/2023	Physics	Biology
05/12/2023	Biology	Chemistry
12/12/2023	Chemistry	Physics
19/12/2023	Physics	Biology
Christmas		
09/01/2023	Biology	Chemistry
16/01/2023	Chemistry	Physics
23/01/2023	Physics	Biology
30/01/2023	Biology	Chemistry
06/02/2023	Chemistry	Physics
Half term		
20/02/2023	Physics	Biology
27/02/2023	Biology	Chemistry
05/03/2023	Chemistry	Physics

Date	Year 10	Year 11
12/03/2023	Physics	Biology
19/03/2023	Biology	Chemistry
Easter		
09/04/2023	Chemistry	Physics
16/04/2023	Physics	Biology
23/04/2023	Biology	Chemistry
30/04/2023	Chemistry	Physics
07/05/2023	Physics	Biology
14/05/2023	Biology	Chemistry
21/05/2023	Chemistry	Physics
Half term		
04/06/2023	Physics	Biology
11/06/2023	Biology	Chemistry
18/06/2023	Chemistry	Physics
25/06/2023	Physics	Biology

Our Valued Partners

