




**WILLOWS**  
HIGH SCHOOL



 Use Google Translate to change to your preferred language.

**BELONG, believe, ACHIEVE**  
**PERTHYN, CREDU, LLWYDDO**

**Weekly Newsletter – 29.9.23**

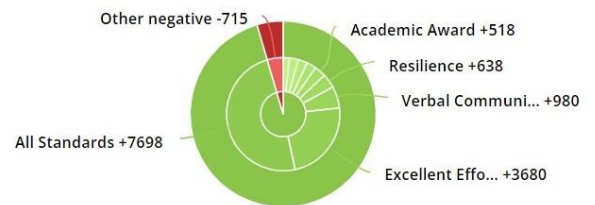
Hello! مرحباً! Ahoj! Ola! Dzień dobry! Salut! Hello!

**Belong, Believe, Achieve:**

Our assemblies this week have been provided by Mr. Furness and Mr. Jones who reminded our pupils about our positive behaviour systems and the role of the APC. Pupils engaged in their second Enrichment session of the year, more about this later.

**Breakdown of the Week**

25/09/2023 - 29/09/2023



**Merits – 4.9.23 – 8.9.23:**

We respect the effort that our pupils are putting into their character and studies. A huge Willows well done to all of this week's merit winners.

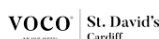
Year Group	Total	Excellent Effort	Merit Champions
Year 7	3862	7Mozart	Keiron Hill
Year 8	3526	8Matisse	Caitlyn Lynas
Year 9	2506	9Curie	Gracjan Stacherski
Year 10	3092	10Farah	Vivian Ojo
Year 11	2060	11Plato	Franklin Ajilore

**Dates for your Diary:**

- 3.10.2023 – Creative Pathways Careers Fair
- 13.10.23 – Year 7 Engineering Project Day
- 23.10.2023 to 26.10.23 – Open House
- 25.10.23 – Year 7 Parent Evening (online with Form Tutors)
- 27.10.2023 – INSET Day (no pupils to attend school)



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## School News:

### Enrichment

Another fantastic, fun filled Enrichment this week. Pupils enjoying many different activities including The Cardiff Rugby Leadership Programme, Pool and darts, cake making and decorating, street food cooking, Henna tattoos and Embroidery.

Willows staff are Willowstastic offering our pupils such a vast variety of different activities.



The climbing enrichment is in full swing with some brave pupils reaching some scary heights and abseiling. Pupils got to belay each other (hold the other persons ropes) and race up the auto belays with some impressive times. We are so proud of the new group who really got stuck in and pushed themselves. We can't wait for the next few sessions. Who will win best climber?



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## Careers – Ministry of Justice Seminar

On Wednesday we had the latest in a series of employer visits who will be delivering talks to Year 11 pupils about a variety of different professions.

This week's visitors were from the Ministry of Justice, who are part of the Civil Service. Their main topic of delivery concerned the different roles that exist in the Prison and Probation service. There was a lot of interest in the talk, with a class full of pupils all choosing to attend and asking questions regarding the subject. The



interactive talk was really interesting and got pupils thinking about what the probation service does, how prisoners should be treated if they are to become reformed characters and what they need to be released back in to society. The talk also covered different roles within the service and talked about the career paths needed to enter the profession. As ever, thank you to Adrian Coles from CareersWales for arranging the session.

## Specialist Resource Base

Research shows that engaging in sensory play can help strengthen children's brain development for learning which enhances their memory and ability to complete more complex learning tasks. Sensory play is also known for helping children develop mindfulness skills and to calm a child who may be feeling anxious or angry.



We had a lot of language come out of this activity such as;

Juliana said "oooh this is so sticky!"

Jack said "cold"

Kai said "The slime is too gooey and weird, it feels like a

wriggly worm!"



## Welsh Department Shwmae Pawb!

The Welsh language belongs to everyone and is one of the treasures of Wales. It is part of what defines us as people and a nation.



Every learner, regardless of their place of birth or their home language, will have a relationship with the Welsh language. Our learners have everything to gain from a deeper understanding of their national language and the culture of Wales.

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We have started to work towards the Cymraeg Campus bronze award at Willows High School.

### What is Cymraeg Campus?

Cymraeg Campus (Splendid Welsh) is a Welsh language charter. It is an initiative to promote Welsh across the whole school. There is a bronze, silver and gold award. We are currently working towards the bronze award.



There are many targets to meet, which are varied and involve the whole school. This will increase enthusiasm and raise the amount of Welsh used both within and outside classrooms.

### Criw Cymraeg

We are creating a student body to be known as **Criw Cymraeg** to act as a pupil voice. This will consist of two pupils from each year group. Their duties will include:

- Promoting the Welsh language.
- Tracking our progress towards our targets.
- Representing the school when promoting 'Cymraeg Campus'.
- Having a visible presence in assemblies.
- Supporting the Welsh department with celebrations of Welsh culture i.e. St David's day, Shwmae day and the school Eisteddfod.

We shall keep you updated with any developments.

### **Our current targets are:**

1. To write Welsh dates in our writing books.
2. To answer the register in Welsh using 'yma' or 'dim yma'.
3. To greet each other on the corridor using Welsh terminology.

Why not practice your Welsh at home? We will provide a variety of terms and phrases weekly. Use the phonetic column to see how it should be pronounced. Send any queries or questions to:

[willowswelsh@willows.cardiff.sch.uk](mailto:willowswelsh@willows.cardiff.sch.uk)

## Willows Welsh

### Welsh Terms of the Week

### Week Four

1	Un	Een	6	Chwech	Chh-weh-chh
2	Dau	Die	7	Saith	Sigh-th
3	Tri	Tree	8	Wyth	Oi-th
4	Pedwar	Ped-waar	9	Naw	Now
5	Pump	Pimp	10	Deg	Dehg

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## Mathematics Department

### Numeracy "Terms of the day" and "Question of the week":

To help our pupils boost their mathematical vocabulary and their Numeracy skills, the "Terms of the day" will be sent to them in a daily basis, and the "Question of the week" in a weekly basis.

Accordingly, we advise our pupils to:

- Check their emails regularly for all school announcements
- Learn sent terms daily to enrich their vocabulary bank
- Answer the "Question of the week" regularly by the end of Thursdays
- Email their answers to their Maths Teachers who will award them a "Numeracy Merit" as well as a "Star Merit" if their answer is right.
- Copy Mrs Ait-Brahim ([Halima.Ait-Brahim@Willows.cardiff.sch.uk](mailto:Halima.Ait-Brahim@Willows.cardiff.sch.uk)), in their emails to be considered for other numeracy rewards.

Answers to the "Question of the week" will be emailed to pupils by the end of every Monday.

### Question of the Week

#### Week 3 – Starting 25/09/23

#### Animal Ages

Robbie has five pets: two dogs named Bonnie and Espo, two cats named Walt and Ginny, and a ferret named Lucky. He makes the following true statements about the ages of his pets, in years:

1. Bonnie is 5 years older than Espo.
2. Ginny is half the age of Walt.
3. The sum of Espo's age and Lucky's age is equal to Walt's age
4. Bonnie is 1 year older than Walt.
5. Ginny is 6 years old.

How many years old are each of Robbie's pets?



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# Mathematics Terms of the Week

## Terms of the day

### Week 3 - beginning 25.09.23

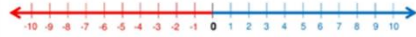
#### Day 1 - Monday 25.09.23

##### Positive and Negative numbers:

**Positive numbers:** Positive numbers are numbers that are greater than zero. Numbers can be positive, negative or zero. Zero is neither positive nor negative. Positive numbers are the ones you most encounter in everyday life, such as 34, 9.22, etc. When shown on a number line, they are the ones usually drawn on the right of zero, getting larger as you move to the right (in blue colour).



**Negative Numbers:** Negative numbers are numbers less than zero denoted with the symbol (-). When shown on a number line, they are the ones usually drawn on the left of zero, getting smaller as you move to the left (in red colour).



#### Day 2 - Tuesday 26.09.23

##### Whole, Integer, and decimal numbers:

**Whole Number:** A whole number is a positive integer.  
Examples: {0, 1, 2, 3, 4, 5, 6, 7, 8, .....} are all whole numbers

**Integers:** All whole numbers, positive or negative, including zero. We can say that all whole numbers are integers, but not all integers are whole numbers.  
Examples: {...-6, -5, -4, -3, -2, -1, 0, 1, 2, 3, 4, 5, 6, 7, 8, .....} are all integers

**Decimal numbers:** Decimal numbers are 'in between' numbers. For example, 10.4 is in between the numbers 10 and 11. It is **more than 10**, but **less than 11**.

Take care when reading the values of decimal numbers:

4.2 means 4 and 2 tenths.

6.40 means 6 and 4 tenths and 0 hundredths. The last zero does not need to be there.

4.02 means 4 and 0 tenths and 2 hundredths.

To read 12.76 we say: 12 point seven six (not 12 point seventy-six)

#### Day 3 - Wednesday 27.09.23

##### Prime and Composite numbers:

**Prime Numbers:** Prime numbers are integers greater than 1 that are only divisible by themselves and 1.

**Composite Number:** A positive integer with at least one factor aside from its own. Composite numbers cannot be prime because they can be divided exactly.

Prime and composite numbers are opposite of each other. Prime numbers are the type of integers with no factors other than themselves and 1, for example, 2, 3, 5, 7, and so on. The number 4 is not a prime number because it is divisible by 2. Similarly, 12 is also not a prime number because it is divisible by 2, 3, and 4. Therefore, 4 and 12 are the examples of composite numbers.

#### Day 4 - Thursday 28.09.23

##### Recurring decimals, Ratio, Rational and Irrational numbers:

**Recurring decimals:** Some decimals **terminate**, which means the decimals do not recur, they just stop. For example, 0.75. A **recurring decimal** exists when decimal numbers repeat forever.

For example, 0.3 means 0.333333... - the decimal never ends.

**Ratio:** The relationship between two quantities. Ratios can be expressed in words, fractions, decimals, or percentages. Example: the ratio given when a team wins 4 out of 6 games is 4/6, 4:6, four out of six, or approximately 67%.

**Rational Numbers:** You can write rational numbers in fraction form. The word "rational" is derived from the word "ratio". For example, 0.7 is a rational number because it can be written as 7/10. Other examples of rational numbers are -1/3, 2/5, 99/100, 1.57, etc.

Consider a rational number  $p/q$ , where  $p$  and  $q$  are two integers. Here, the numerator  $p$  can be any integer (positive or negative), but the denominator  $q$  can never be 0, as the fraction is undefined. Also, if  $q = 1$ , then the fraction is an integer.

**Irrational Numbers:** Irrational numbers cannot be written in fraction form, i.e., they cannot be written as the ratio of the two integers.

A few examples of irrational numbers are  $\sqrt{2}$ ,  $\sqrt{5}$ ,  $\pi$ , and so on. You can see that the digits in irrational numbers continue for infinity with no repeating pattern.

**Note:** Recurring numbers are rational numbers because they can be written as fractions.

#### Day 5 - Friday 29.09.23

##### Fractions, Even and Odd numbers:

**Fraction:** A quantity that is not whole, contains a numerator and denominator. The fraction  $\frac{3}{5}$  representing half of 1 is written as  $1/2$ .

Example:

$$\frac{3}{5}$$

Numerator  
Denominator

**Even Number:** A number that can be divided or is divisible by 2. All even numbers end with 0, 2, 4, 6, or 8

Examples of even numbers: {-2, 4, 18, -22, 206}

**Odd Number:** A whole number that is not divisible by 2. All odd numbers end with 1, 3, 5, 7, or 9

Examples of odd numbers: {-13, 3, 11, -23, 205}

#### Answer of the week

##### Week 2 - 18.09.23

##### Puppy Plans

Robbie wants to get a puppy, so he decides to help pay the costs. He wants to donate £60 to the animal shelter he gets the puppy from, and he needs to contribute £10 every month to help buy the puppy's food.

(a) How much money does Robbie need to help pay the cost of getting the puppy and feeding the puppy in the first year?

Since there are 12 months in a year and Robbie wants to contribute £10 each month, he needs  $12 \times 10 = £120$  for puppy food in the first year. Counting the shelter donation, Robbie needs  $£60 + £120 = £180$  in total.



(b) Robbie needs to save the money calculated in part (a) before getting the puppy. He has £87 in his piggy bank. He earns a £7 allowance every week for doing his chores. How long will it take Robbie to earn the rest of the money he needs?

We can make a table to calculate how long it will take for Robbie to save enough money to have at least £180. He starts with £87 and will increase his total by £7 each week.

Week	Total Saved (in £)
0	87
1	94
2	101
3	108
4	115
5	122
6	129
7	136
8	143
9	150
10	157
11	164
12	171
13	178
14	185

So, it will take Robbie 14 weeks to earn enough money to help cover the shelter donation and the costs of feeding the puppy in the first year.

**Alternatively:** Since Robbie has already saved £87, he needs to earn  $£180 - £87 = £93$  more.

We calculate how long it will take to earn the remaining amount using division.

Since  $93 \div 7 = 13$  with a remainder of 2, we round up to determine that it will take 14 weeks to earn the additional £93 Robbie needs.

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# Mathematics

## After School

Day	Activity	Location
Tuesday	Y7, Y8 & Y9	G14 Miss Santos
Tuesday Week 2 Only	Y10 Higher	G20 Miss Wrennall
Tuesday Week 2 Only	Y11 Higher	G17 Miss Ait-Brahim
Wednesday Week 1 Only	Y10 & Y11 Intermediate	G19 Miss Koncar
All days	All Years Drop in	Any teacher who is available

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## Extra-Curricular Activities Autumn Term 2023 – 2024

We are delighted to present our extra-curricular activity timetables - attached to the end of this newsletter. Here are a few points of note:

- The Year 10 and Year 11 revision session information is separate to the after school clubs. Pupils in these years should prioritise the subject they feel they need the most help in at that time.
- The sports activities are on a separate time-table and this will change termly.
- The individual music lessons are currently being finalised. Year 7 will be surveyed next week to ascertain who is carrying over lessons from primary and any demand for new instrumental lessons.

We are sure you'll agree that there is a lot on offer and this is in addition to our Enrichment programme on a Wednesday Week 1 afternoon. Please encourage your child to become involved in as many activities as possible to help develop their skills, character and to make new friends. If you have any questions regarding this, please contact [Kelly.Bubbins@willows.cardiff.sch.uk](mailto:Kelly.Bubbins@willows.cardiff.sch.uk)

## Period Dignity

A reminder that pupils can collect free period products from school at any time. Pupils can ask any trusted adult for these or can access them in the school office, from Mrs. Bubbins or from the Welfare Office.

## Attendance

### Contact Details - Willows High School

To Report an Absence:

#### Year 7, Year 8 and the first half of Year 11 – (Surname - A to Jon)

Contact Donna Whitney. You can call, message, WhatsApp or email her directly to report your child's absence on:

Mobile number: 07592 040968

Email: [donna.whitney@willows.cardiff.sch.uk](mailto:donna.whitney@willows.cardiff.sch.uk)

To report an absence, you can also use Classcharts or [Firstday@willows.cardiff.sch.uk](mailto:Firstday@willows.cardiff.sch.uk)

#### Year 9, Year 10 and second half of Year 11 – (Surname - Jones to Z)

Contact Clare Davies. You can call, message, WhatsApp or e-mail her directly to report your child's absence on:

Mobile number: 07733 889062

Email: [clare.davies@willows.cardiff.sch.uk](mailto:clare.davies@willows.cardiff.sch.uk)

To report an absence, you can also use Classcharts or [Firstday@willows.cardiff.sch.uk](mailto:Firstday@willows.cardiff.sch.uk)



#EveryDayMatters  
[www.cardiff.gov.uk/schoolattendance](http://www.cardiff.gov.uk/schoolattendance)



We appreciate that sometimes it is hard to get through to Reception, and the Welfare Team are extremely busy. If your call is do with absence from school, you will find it much easier to contact Clare or Donna via a direct call/text/e-mail/WhatsApp instead.

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## Important Information for All Parents and Guardians

Please be aware that **Fixed Penalty Notices** are now being issued by Cardiff Council again.

If your child has more than 5 days of unauthorised absence since September 2022 or takes an unauthorised holiday, then you are at risk of a Fixed Penalty Notice Fine being issued.

Fines are **£60** at first, then rising to **£120** and **£180** - if the fine is still not paid then you will be summoned to court and the fine and costs will rise again. **Please note these fines do not go away.** Please make sure to read any correspondence carefully.

To avoid being fined, please ensure that your child attends school every day - if there is a valid reason for absence, please contact the Attendance Team giving evidence where possible.



### Community:

You will find plenty of information on community and local goings-on at:

[The Community Noticeboard » Green Squirrel](#)

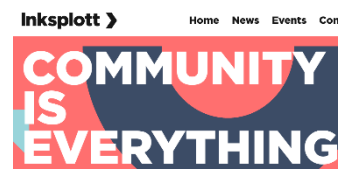
[Inksplott | Community Is Everything](#)

**The Splott Community Volunteers** run a community breakfast on Thursday Mornings 8am – 10am in The STAR Centre, Splott Road, Splott CF24 2BZ.

### **The Tremorfa Community Pantry**

The amazing Tremorfa Community Pantry are always busy finding ways to support the community. You can find them at:

**Tremorfa Community Hall, Tweedsmuir Road CF24 2QZ.**



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## Learning Lounge & Families

### **Citizens Advice Bureau**

A reminder that members of our community can make appointments with staff from the Citizens' Advice Bureau at our Learning Lounge. They can provide advice of a range of topics such as housing, benefits and legal matters. To make an appointment, please e-mail Rebecca Crnoja on [Rebecca.Crnoja@willows.cardiff.sch.uk](mailto:Rebecca.Crnoja@willows.cardiff.sch.uk)



citizens  
advice

### **Health and Wellbeing**

Researchers at Cardiff University have developed a bilingual program/app with young people to support their mood and well-being, called **MoodHwb**.

It is an opportunity to offer mental health support to young people, and the feedback will help to develop resources in the future. All participants will receive a gift voucher and certificate. It's free to take part. Young people (13-19 years old) who are experiencing low mood (or other difficulties with their mood/wellbeing) are encouraged to go to the study website for more information and to fill in a participation form: <https://www.ncmh.info/help-with-research/digital-support-study/>

### **Wellbeing in school**

#### **Pupils**

If you feel you need some support with your wellbeing we want to help and there are many places to go: Ms. Crnoja in the learning lounge is here to look after your wellbeing so please come down for a confidential chat.

If you are a young carer and feel you need more support or would like to know about more opportunities out there for you, Ms. Crnoja in the learning lounge can also help.

Your Head of Year or any member of the Welfare Team are there to support you. You can find them at line-up time, in the welfare office or anywhere around the school.

A member of staff you trust. All members of staff will be there for you. If you want to confide in someone please do and they will help get you the support you need.

### **Parents and Families**

We want to help you as best we can and there is a lot of support out there for parents and families.

Ms. Crnoja can be contacted on 07592 037937 or [rebecca.crnaja@willows.cardiff.sch.uk](mailto:rebecca.crnaja@willows.cardiff.sch.uk).

Your child's Head of Year and the Welfare Team can also help. Please do not suffer alone. Reach out to us.

### **Safeguarding:**

A reminder that the school safeguarding lead is Danielle MacKintosh. If you are worried or concerned about a child and any time (including over the holidays) then please e-mail her on [Danielle.MacKintosh@willows.cardiff.sch.uk](mailto:Danielle.MacKintosh@willows.cardiff.sch.uk) If you are a pupil that needs help, please also contact Danielle via this e-mail address.

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### Chat Health:

A reminder that all secondary school pupils can text the school nurse service for any medical support and advice. This may be useful if your child is too anxious or embarrassed to talk to a doctor in the first instance. Please chat about this with your child and make them aware of the service and number (below):



### Cardiff Foodbank:

Willows High School is a partner agency for Cardiff Foodbank.

If you need a Foodbank Voucher please call Beck Crnoja (Family and Community Engagement Officer, Willows) in confidence on 07592 037937

### Cardiff Youth Service:

Cardiff Youth Service can support young people on a variety of topics such as emotional health, housing, finance and help lines. More information can be found on their website:

<http://cardiffyouthservices.wales/>

### Key Services

Here is a reminder of some of the key services available for young people and their families:

- **School nurse** – pupils can text 07520615718 or ‘chat’ on ‘Chathealth.NHS.UK’ for confidential advice and support.
- **Family Gateway** – 03000133133 – provides advice for families no matter how big or small the problem.
- **Food Bank** - our nearest food bank can be found at St. Saviours Church on Splott Road. For dates and times, go to <https://cardiff.foodbank.org.uk/>
- **Period Poverty** – Please e-mail Mrs. Bubbins at [Kelly.Bubbins@willows.cardiff.sch.uk](mailto:Kelly.Bubbins@willows.cardiff.sch.uk) if you need feminine hygiene products and we’ll do our best to help.

### Diolch:

As always, thank you for your support. If there are any problems, we would appreciate that you contact the relevant person in school straight away rather than using social media platforms. We will always try our best to reach a solution and this will ensure your concern is seen and avoid any misinformation and miscommunication.

Please could parents refrain from turning up at the school reception without an appointment. Heads of Year, teachers and support staff are incredibly busy during the school day looking after our pupils. If there is a problem, please arrange an appointment with your child's Head of Year in the first instance. To organise this, please ring the school reception on 029 20414243.

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Alternatively, you can e-mail the relevant member of staff, details below:

<b>Headteacher</b>	Mr. Christopher Norman	Christopher.Norman@Willows.Cardiff.sch.uk
<b>Welfare Manager</b>	Miss. Kimberly Williams	Kimberly.Williams@Willows.Cardiff.sch.uk
<b>Year 7 – Head of Year</b>	Miss. Marcella Sansom	Marcella.Sansom@Willows.Cardiff.sch.uk
<b>Year 7 – Leadership Link</b>	Ms. Lucy Williams	Lucy.Williams@Willows.Cardiff.sch.uk
<b>Year 8 – Head of Year</b>	Mrs. Roisin Cherett	Roisin.Cherett@Willows.Cardiff.sch.uk
<b>Year 8 – Leadership Link</b>	Mrs. Kelly Bubbins	Kelly.Bubbins@Willows.Cardiff.sch.uk
<b>Year 9 – Head of Year</b>	Mrs. Tara David	Tara.David@Willows.Cardiff.sch.uk
<b>Year 9 – Leadership Link</b>	Mrs. Suzie Warren	Suzie.Warren@Willows.Cardiff.sch.uk
<b>Year 10 – Head of Year</b>	Mrs. Catherine Watkins	Catherine.Watkins@Willows.Cardiff.sch.uk
<b>Year 10 – Leadership Link</b>	Mr. Simon Thomas	Simon.Thomas@Willows.Cardiff.sch.uk
<b>Year 11 – Head of Year</b>	Miss Elen Tomlinson	Elen.Tomlinson@Willows.Cardiff.sch.uk
<b>Year 11 - SLT</b>	Mr. Jack Smith	Jack.Smith@Willows.Cardiff.sch.uk
<b>Edison</b>	Ms. Helen Amos	Helen.Amos@Willows.Cardiff.sch.uk
<b>Tesla</b>	Ms. Jane Crawshaw	Jane.Crawshaw@Willows.Cardiff.sch.uk

By working together, we can ensure your child’s success.

## Team Willows

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# The Willows Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meal of the day</b> £3.20	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread Pomegranate salad pot	Halal chicken sausage with vegetable mash and gravy	Oven baked lemon chicken Herb roasted new potatoes Alt: boiled new potatoes	Jerk chicken with vegetable rice	Fish, chips and beans Salmon fishcake
<b>Vegetarian option</b>	Butternut squash, courgette, feta and basil pasta Focaccia garlic bread	Vegetarian sausage bake with vegetable mash and gravy	Vegan meat balls with vegetable mash and gravy	Asian influenced lentil and chickpea dhal with pitta bread	Pitta kebab with mint yogurt
<b>Salad of the day</b>	Pomegranate salad pot	Salad pot of the day	Salad of the day	Salad of the day	Salad pot of the day
<b>Dessert</b>	Toffee and banana sponge with custard	Vanilla cheesecake	Fruit pot	Brownie	Apple and berry crumble
<b>Hot snack</b>	Cheeseburger (£1.65)	Southern fried chicken burger (£2.25)	Calzone (£2.35)	Hotdog (£2.25)	Pitta kebab with mint yogurt (£1.50)
<b>Hot wrap</b>	Cheese burrito (£2.50)	Reggae Reggae chicken (£2.50)	Garlic mayo chicken (£2.50)	Nandos chicken (£2.50)	Sweet chilli Chicken (£2.50)
<b>Everyday snack</b>	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)	Jacket potato (£2.20) Tuna mayonnaise Cheese Beans (£2.50)

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### Extra-Curricular Activities – Autumn Term 2023 - 2024

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Before school</b>	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years	8.45 – 9.00 am Free breakfast for all years
<b>Lesson time</b>	Individual Instrumental lessons TBC	Individual Instrumental lessons TBC	Individual Instrumental lessons TBC	Individual Instrumental lessons TBC	Individual Instrumental lessons TBC
<b>After school</b>	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework	3.10 – 4.00 pm: Library open for homework
	3.10 – 4.00 pm: Wellbeing Art and Craft PAWB – DP / SP	3.10 – 4.00 pm: Music Club (Band) FG / DP	Week 1 - 3.10 – 4.00 pm: EAL Sports Club PAWB – DP / JG	Week 1 - 3.10 – 4.00 pm: LGBTQIA+ Club EJ – F5	3.10 – 4.00 pm: Book Club NLC – F3
	3.10 – 4.00 pm Bass Club FG - PAC	3.10 – 4.00 pm: Maths Club DS – G14	Week 1 - 3.10 – 4.00 pm: Debate Club JEN – F11	3.10 – 4.00 pm: Creative Writing Club FS – F9	
		3.10 – 4.00 pm: J7 Reading Games Club for Y7	3.10 – 4.00 pm: Choir / singing Club FG - PAC	3.10 – 4.00 pm: K-Pop Club DS – G14 / theatre	
		3.10 – 4.00 pm: Musical Theatre Club PAC - SR			
		Week 1 - 3.10 – 4.00 pm: Welsh Club – Y7, Y8 and Y9 AGR – G7			
		Week 2 – 3.10 – 4.00 pm: Criw Cymraeg AGR - G7			

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**PE Department Extra-Curricular Programme Autumn Term 2023**

Activity	Who	Where	When	Teacher	Other Details
Cross Country	Boys & Girls Years 7-11	Training – Willows Field Fixtures - Pontcanna Fields	Tuesday/Wednesday Training 3.30- 4.30pm Fixtures 3.30-6pm	Miss Moore	Bring your kit and trainers/spikes/football boots  Training/Trials – Tuesday 12 <sup>th</sup> and Tuesday 19 <sup>th</sup> September – Meet Miss Moore on the yard by the changing rooms.  Fixtures Tuesday, September 26 <sup>th</sup> Girls’ League 1 Tuesday, October 3 <sup>rd</sup> Boys’ League 1 Tuesday, October 10 <sup>th</sup> Girls’ League 2 Wednesday, October 18 <sup>th</sup> Boys’ League 2
Girls Football	Girls year 7-11	3G Pitch or Barn if the weather is wet	Thursday 3.10-4.10pm	Miss Moore	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised if and when possible (subject to numbers).
KS3 Basketball	Boys & Girls Year 7-9	Barn	Wednesday <b>Week 1 ONLY</b> 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 11 Basketball	Boys & Girls Year 11	Gym	Tuesday 3.10-4.10pm	Mr Roberts	All abilities welcome.
Year 10 Basketball	Boys & Girls Year 10	Gym	Thursday 3.10-4.10	Mr Roberts	All abilities welcome.
Year 7&8 Boys Football	Boys Year 7&8	3G Pitch or Barn if the weather is wet	Tuesday 3.10-4.10pm	Mr Smith Mr Gill	Bring appropriate footwear for 3G and/or barn. Fixtures will be organised if and when possible (subject to numbers). Year 7v8 match Thursday 14 <sup>th</sup> September

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## KS4 Revision Timetable - 2023 - 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>After school</b>	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm
	<b>STAFF MEETING</b>	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm: Y11 Intermediate Tier Maths (G19)	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm: Y10 RE revision Ms. Guilfoyle (S10)	3.10 – 4.00 pm: Y11 Media Studies revision Mrs. Bubbins (G25)	3.10 – 4.00 pm: College, Coursework and Catch-up Business Revision (after Christmas) Ms. Williams (F4)	
		3.10 – 4.00 pm: French Revision with your French teacher.	3.10 – 4.00 pm: Y9, Y10, Y11 Art catch-up With pupil's Art teacher	3.10 – 4.00 pm: French Revision with your French teacher.	
		3.10 – 4.00 pm: Y11 History Revision (after Christmas) Y10 History Revision (after Feb half-term) Mr. Henwood (S9)	3.10 – 4.00 pm: Hospitality and Catering Revision Ms. Davies (G4)	3.10 – 4.00 pm: English Revision Mrs. Lo Celso (F3)	
				3.10 – 4.00 pm: PAWB revision help KS4 DP - PAWB	

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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>After school</b>	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR hub library open until 7.00 pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm	3.10 – 4.00 pm: Library open for homework. STAR Hub library open until 6.00pm
	<b>STAFF MEETING</b>	3.10 – 4.00 pm: Y11 Higher Tier Maths Ms. Ait-Brahim (G17)	<b>STAFF TRAINING</b>	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher	3.10 – 4.00 pm: Maths Drop in with pupil's Maths teacher
		3.10 – 4.00 pm: Y11 Higher Tier Maths Ms. Wrennall (G20)		3.10 – 4.00 pm: College, Coursework and Catch-up Business Revision (after Christmas) Ms. Williams (F4)	
		3.10 – 4.00 pm: Y11 RE revision Miss.Guilfoyle (S10)		3.10 – 4.00 pm: French Revision with your French teacher.	
		3.10 – 4.00 pm: French Revision with your French teacher.		3.10 – 4.00 pm: English Revision Mrs. Lo Celso (F3)	
		3.10 – 4.00 pm: Y11 History Revision (after Christmas) Y10 History Revision (after Feb half-term) Mr. Henwood (S9)		3.10 – 4.00 pm: PAWB revision help KS4 DP - PAWB	

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**Science Revision 2023 - 2024:**

Date	Year 10	Year 11
05/09/2023	Biology	Chemistry
12/09/2023	Chemistry	Physics
19/09/2023	Physics	Biology
26/09/2023	Biology	Chemistry
03/10/2023	Chemistry	Physics
10/10/2023	Physics	Biology
17/10/2023	Biology	Chemistry
24/10/2023	Chemistry	Physics
Half term		
07/11/2023	Physics	Biology
14/11/2023	Biology	Chemistry
21/11/2023	Chemistry	Physics
28/11/2023	Physics	Biology
05/12/2023	Biology	Chemistry
12/12/2023	Chemistry	Physics
19/12/2023	Physics	Biology
Christmas		
09/01/2023	Biology	Chemistry
16/01/2023	Chemistry	Physics
23/01/2023	Physics	Biology
30/01/2023	Biology	Chemistry
06/02/2023	Chemistry	Physics
Half term		
20/02/2023	Physics	Biology
27/02/2023	Biology	Chemistry
05/03/2023	Chemistry	Physics

Date	Year 10	Year 11
12/03/2023	Physics	Biology
19/03/2023	Biology	Chemistry
Easter		
09/04/2023	Chemistry	Physics
16/04/2023	Physics	Biology
23/04/2023	Biology	Chemistry
30/04/2023	Chemistry	Physics
07/05/2023	Physics	Biology
14/05/2023	Biology	Chemistry
21/05/2023	Chemistry	Physics
Half term		
04/06/2023	Physics	Biology
11/06/2023	Biology	Chemistry
18/06/2023	Chemistry	Physics
25/06/2023	Physics	Biology

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